

adventurewomen

THE DESTINATION IS JUST THE BEGINNING

ITALY

Hut-to-Hut Hiking in the Dolomites



August 1 - 11, 2024



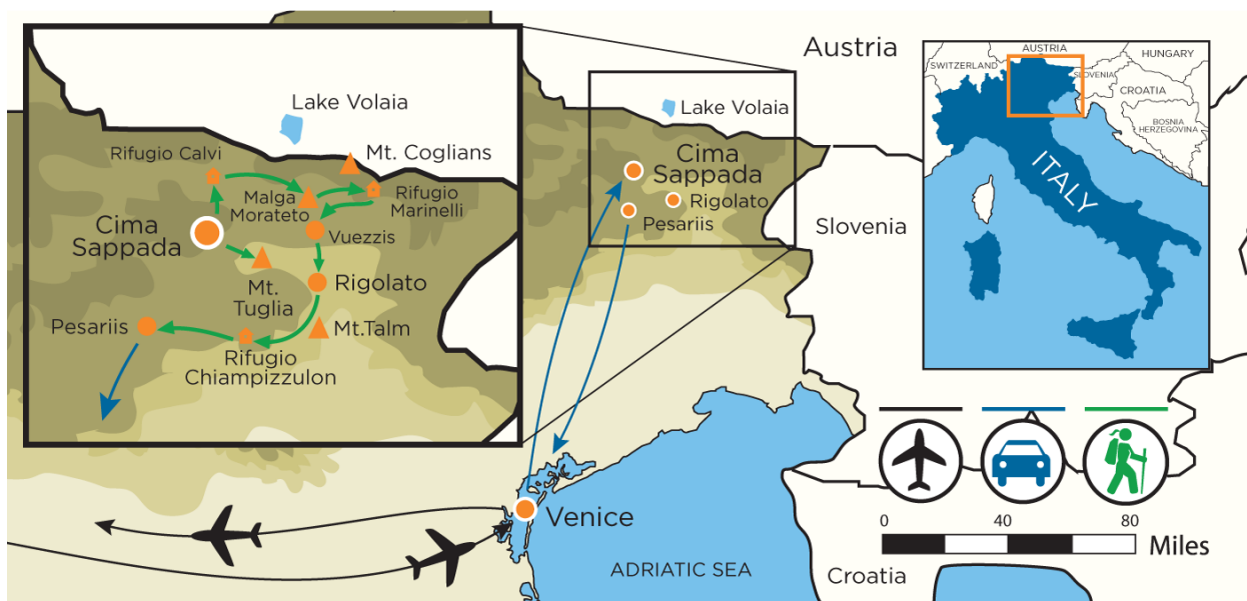
ITALY

Hut-to-Hut Hiking in the Dolomites

TRIP HIGHLIGHTS

- ▶ Hike your way through the Dolomite mountains and sleep in mountain huts along the way
- ▶ Explore local villages and farms set high in the Dolomites
- ▶ Enjoy cooking and tasting delicious Italian food with local families
- ▶ Climb to the peak of Mount Talm and enjoy the spectacular views

TRIP ROUTE



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QUICK VIEW ITINERARY

- Day 1 arrive in Venice and transfer to Cima Sappada, welcome dinner
- Day 2 hike to Mount Tuglia
- Day 3 hike to Mount Peralba
- Day 4 continue hiking through the Dolomites
- Day 5 hike to Marinelli Hut
- Day 6 continue to Vuezziis
- Day 7 explore Vuezziis
- Day 8 climb Mount Talm
- Day 9 hike to Pesarina Valley, take a walking tour of Persariis
- Day 10 explore Stavoli di Orias, farewell dinner
- Day 11 depart

ACTIVITY LEVEL

Challenging

TRIP PRICE

Main Trip: \$5,495

Optional Single Accommodations: \$600

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your adventure
in depth

DAY 1
Thursday
8/1/24

Arrive

Welcome to Italy! The Dolomites are a region of unparalleled beauty and inspiration, well-known for its tiny villages and farms set high in the mountains among green fields and great drifts of summer flowers. Though the picturesque villages are secluded and set far from each other, the landscape is legendary for its alpine hikes and breathtaking views of the scenery.

During your adventure, you'll get to know your expert Italian guide who will lead you and help you explore life on the mountainside as you gaze upon the valleys below. You will also be accompanied by an AdventureWomen Ambassador, who is committed to making your experience a fun and rewarding one while cheering you on as you stretch beyond your comfort zone to take on new challenges in your own way!

Arrival Information

Arrive in Venice, Italy (VCE) before 11:00 AM today.

Pick-up and Transfer

You will be picked up at the Venice airport by your Italian guide who will teach you about the region as you start your journey across the countryside. You'll learn more about the intrepid traveling companions in your group during this two-and-a-half-hour drive.

Walk in Cima Sappada

After checking into your charming chalet, head out on an orientation walk through the village of Cima Sappada, named after the alpine pass that connects the Degano valley to the Piave valley.

Welcome Dinner

Enjoy a lively welcome dinner at a local restaurant as you get to know your fellow travelers this evening. Share stories and learn about why each woman on your trip is excited to explore the Dolomites!

Hiking Information

3-4 miles

Accommodations
Bach Boutique
Hotel
Meals Included
dinner

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your adventure
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DAY 2
Friday
8/2/24

The Dolomites

The Dolomites are named after the carbonate rock dolomite which was first described by their namesake, the French mineralogist de Dolomieu. Also known as the Pale Mountains, the Dolomites are a spectacular mountain range, and their majesty was recognized in 2009 when they were named an official UNESCO World Heritage Site.

Hike to Mount Tuglia

Ease into your hiking adventure with a 2-hour climb of 1,000' to Mount Tuglia where you will learn about the Dolomite rock formation along the way.

Lunch

Stop at a mountain dairy farm and enjoy a delicious lunch of fresh, local products. After eating, make your way back to your hotel in the village.

Leisure Time

Take the rest of today to relax or explore the village on your own. Dinner will be on your own tonight.

Hiking Information

6-7 miles; 1,900 feet of elevation gain and loss

Accommodations
Bach Boutique
Hotel
Meals Included
breakfast, lunch

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DAY 3
Saturday
8/3/24

Continue your hike through the Dolomites

Located just off the border of Austria, Mount Peralba is one of the highest mountains in the Carnic Alps, and its large summit plateau is an imposing view from afar.

Hike to Mount Peralba

Start today's hike this morning as you head north towards the magnificent Mount Peralba. You'll gain approximately 3,000' of elevation today as you make your way over the Dolomites.

Lunch

Stop along the marmot trail for a picnic lunch before you continue your ascent to tonight's resting spot in the mountains.

Arrive at Calvi Hut

You'll arrive this afternoon at Calvi Hut which sits at an elevation of 7,110'. Take time to relax and enjoy a beverage or continue exploring nearby site that witnessed battles during World War I.

When staying at all of the mountain huts throughout your journey, showers will be limited to 3 minutes to help conserve enough water for the group. You will need to bring your own microfiber towel from home to dry off after a quick cleanse.

Dinner

Enjoy dinner at your mountain hut tonight before resting up for tomorrow's full day of hiking.

Hiking Information

8 miles with elevation gains of 3,000 feet

Accommodations
Rifugio Calvi

Meals Included
breakfast, lunch,
dinner

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DAY 4
Sunday
8/4/24

Continue Hiking

Continue your journey through the Dolomites with a challenging hike through varied terrain with significant elevation changes. Don't forget to take some time to absorb the incredible scenery that stretches out before you.

Continue Hiking This morning set out on a full day of hiking through rocky, mountainous terrain downhill to the forest while taking in spectacular views along the way.

Arrive and Enjoy Dinner After a long day of hiking, arrive at Malga Morareto, a working dairy and your home for the night. Settle in and enjoy a delicious dinner with the group.

Hiking Information 11-12 miles with elevation gains of 2,500 feet and then back down 6,000 feet

Accommodations
Malga Morareto

Meals Included
breakfast, lunch,
dinner

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DAY 5
Monday
8/5/24

Hike to Marinelli Hut

Enjoy an easier day with a shorter hike in between some well-deserved periods of down time.

Morning Hike After some time to relax this morning, you will set out on a 3-4 mile hike to Rifugio Marinelli.

Lunch Enjoy a delicious lunch after you arrive at Marinelli Hut.

Dinner After getting settled, enjoy some down time and enjoy dinner.

Hiking Information 3-4 miles with elevation gains of 1,300 feet

Accommodations
Rifugio Giovanni e
Olinto Marinelli
Meals Included
breakfast, lunch,
dinner

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DAY 6
Tuesday
8/6/24

Continue to Vuezziis

Continue your hiking journey through authentic villages characterized by homes with roof tiles that look like fish scales before arriving at the mountain hamlet of Vuezziis, home of the San Nicola Church.

Hike to Vuezziis Continue your journey this morning as you make your way through nature on your way to Vuezziis during a 5-hour hike. Enjoy a boxed lunch en route.

Arrive and Enjoy Dinner Arrive at a local mountain home where you will enjoy a lovely dinner before resting up for tomorrow's day of exploration.

Hiking Information 8 miles with elevation gain of 700 feet and then back down for 5,000 feet

Accommodations
Casa di Sopra

Meals Included
breakfast, lunch,
dinner

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DAY 7
Wednesday
8/7/24

Vuezzis

Vuezzis is a charming hamlet that sits almost 3,000 feet above sea level in Rigolato. With its traditional homes and sweeping views, Vuezzis is an ideal place for off-the-beaten-path exploration.

Short Hike through the Woods

Today will be a rest day except for a 3-4 mile hike through the woods to the village where you will visit with a local artisan.

Visit a Local Artisan

Today you'll visit a local artisan who specializes in wool crafts, and you'll learn about how the wool is worked and treated.

Lunch

What trip to Italy would be complete without pizza? Enjoy lunch this afternoon at a local pizzeria before making your way back to Vuezzis.

Dinner

Learn to cook regional recipes alongside locals from the village who invite you into their home for an afternoon of food and fun. Then enjoy the fruits of your labor, as you feast on your creations for dinner.

Hiking Information

4 miles with elevation gain of 250 feet and then back down for 1,100 feet

Accommodations
Casa di Sopra

Meals Included
breakfast, lunch,
dinner

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DAY 8
Thursday
8/8/24

Rigolato

The village of Rigolato stretches across both banks of the River Degano at the foot of both Mount Pleros and Mount Talm. This area is rich in beech trees that are centuries old and over 100 feet high.

Hike along Degano Valley

Today you'll hike for about five hours in total as you make your way through the lush green forests of the Degano Valley.

Lunch

Enjoy a picnic lunch today.

Arrival and Dinner

Make your way to Rifugio Chiampizzlon where you will enjoy dinner with your traveling companions and spend the night.

Hiking Information

7 miles with elevation gain of 3,200 feet and back down 700 feet

Accommodations
Rifugio
Chiampizzlon
Meals Included
breakfast, lunch,
dinner

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DAY 9
Friday
8/9/24

Entalais Pass and Pesariis

The Entralais Pass sits at a height of 4,730' and offers beautiful views of the Pesarine Dolomites and the Carnic Alps.

Pesariis is an authentic and charming mountain hamlet. Every corner of the village has its own public clock! In 1725, the first clock company in Pesariis was founded; Solari made wall-mounted clocks, bell tower clocks, water and striking clocks, pendulum clocks, and even sun dials.

Summit Mount Talm Start your day by summiting Mount Talm and taking in the views from 5,680 feet!

Continue Hiking Continue your journey with a 6-hour hike through the Pesarina Valley today while you enjoy beautiful views of both the Pesarine Dolomites and the Carnic Alps.

Arrive in Pesariis Arrive at a charming farmhouse in Pesariis where you will check into your home for the next two nights.

Walking Tour of Pesariis Once you have checked in, you'll take a walking tour to orient you with the village, which is known as the town of the clocks. Enjoy the rest of today time on your own to explore after you become acquainted with the town. Dinner will be on your own tonight.

Hiking Information 10 miles with elevation gain of 1,850 feet and downhill for 4,700 feet

Accommodations
Farmhouse Sot la
Napa
Meals Included
breakfast, lunch

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DAY 10
Saturday
8/10/24

Pesariis

Stavoli di Orias is a charming mountain village with valley views, rolling meadows, beautiful flowers, and traditional homes. Enjoy the views of beech forests and green pastures.

Leisure Time

Enjoy the morning in Pesariis on your own. Relax or venture out for some fresh air and discovery. Lunch will be on your own today.

Visit an Artisanal Laboratory

Later this afternoon, take a public bus on your way to visit an artisanal laboratory of musical instruments and learn the secrets of this craft before returning to your hotel.

Farewell Dinner

Spend tonight's festive farewell dinner celebrating all the incredible sights and amazing accomplishments you experienced with your traveling companions during your hike through the Dolomites.

Accommodations
Farmhouse Sot la
Napa
Meals Included
breakfast, dinner

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DAY 11
Sunday
8/11/24

Depart

Say goodbye to your new AdventureWomen friends as you transfer to the Venice airport for your flight home.

Transfer to Airport

Drive 2.5 hours with the group back to the Venice airport for your flight home.

Departure Information

Depart Venice, Italy (VCE) any time after 2:00PM today.

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

Meals Included
breakfast

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Accommodation Details

Bach Boutique Hotel

Newly renovated at the end of 2021, the Bach Boutique hotel offers ten modern and comfortable rooms and is located on the main street of Sappada.

Amenities: soap, shampoo, hairdryer, electricity, WiFi, en suite bathroom.

Rifugio Calvi

The Rifugio Calvi is located in the basin of the Piave River between Mount Peralba and Mount Chiadenis. This family-run boutique property has 50 bunk beds.

Amenities: shared unisex bathrooms with one toilet and one shower with limited, timed hot water, electricity until 11PM, and limited electrical outlets.

Malga Morareto

The Malga Morareto is a charming property with spectacular views and which doubles as a dairy farm.

Amenities: unisex shared bathrooms and showers with hot water; electricity.

Rifugio Giovanni e Olinto Marinelli

Nestled in the hills of the Dolomites, the Rifugio Marinelli is a family-run property with 50 beds.

Amenities: shared bathrooms and showers with hot water; and electricity.

Casa di Sopra

Casa Di Sopra is an ancient building from the end of the 19th century that has undergone a complete restoration where the old Carnic architecture is preserved and the rooms are furnished with care.

Amenities: soap, shampoo, and hairdryer. There is one bathroom shared between every 2 rooms.

Rifugio Chiampizzulon

The Rifugio Chiampizzulon sits on a meadow amidst the mountains and features 48 beds.

Amenities: soap, unisex shared bathrooms and showers with hot water, and electricity. Please note that the WiFi does not work well here.

Farmhouse Sot la Napa

Farmhouse Sot la Napa is in a home built in the 1600s that has been lovingly restored, turning it into a welcoming mountain farmhouse. Enjoy staying in the comfortable rooms and dine in the on-site restaurant which has original frescos and local stone floors and hosts a typical "fogolar" (open fireplace).

Amenities: Soap, shampoo, hair dryer; electricity. The Wifi does not work well here.

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Accommodation Details

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Included:

- ▶ Accommodations based on 3-6 people per room in the huts and single or double rooms at other locations
- ▶ All meals as listed in the itinerary
- ▶ One group transfer on arrival and departure
- ▶ Professional, English-speaking guide throughout the trip
- ▶ Wine and beer at dinner
- ▶ Luggage transportation from hut to hut
- ▶ All gratuities except head and support guide

Not Included:

- ▶ International airfare to and from Italy
- ▶ Fees for passport, visas, immunizations, or travel insurance
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Meals not specified in the itinerary
- ▶ Alcoholic beverages (unless otherwise specified)
- ▶ Gratuities for the head and support guides

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Cancellations and Refunds

Notification of cancellations must be received in writing. Full payment is due 90 days prior to departure date, and the registration deposit is non-refundable.

For cancellations received 61-90 days prior to the trip departure date: 50% of the total trip cost is non-refundable. For cancellations received 1-60 days prior to the trip departure date: 100% of the total trip cost is non-refundable.

You are highly encouraged to purchase trip cancellation insurance to cover emergency situations. Travel insurance information will be sent to you once you have registered for your trip.

Switching Trips

Our deposits are nonrefundable and nontransferable. If for some reason you need to switch to a different trip, please call us and we will do our best to accommodate you, but switching is not guaranteed.

No Smoking Policy

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen vacations.

Health Insurance

You must have your own health insurance to participate in an AdventureWomen trip.

Adventure Travel Today

At AdventureWomen, we want everyone to understand that our excursions are adventure travel vacations and not "tours." We define "adventure travel" as travel in which one **actively participates**, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes vacations all over the world for women who want to **experience an active, out of the ordinary vacation, and meet new friends**. Most of all, we want our trips to be **fun!**

good-natured realist and have a sense of humor! Adventure vacations, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist, and not just as they would have preferred or expected them to exist. The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. **Being on time** is important, and contributes to the congeniality, success and well-being of both individuals and the group!

In this spirit, the successful adventure traveler should be a