

adventurewomen

THE DESTINATION IS JUST THE BEGINNING

INDONESIA

Culture, Beaches, Orangutans, & Dragons



June 1 - 14, 2023



INDONESIA

Culture, Beaches, Orangutans, & Dragons

TRIP HIGHLIGHTS

- ▶ Enjoy island hopping in Indonesia from Java to Rinca, Komodo to Bali
- ▶ Spend three days immersed in all things orangutan in Tanjung Puting National Park
- ▶ Sail, bicycle, snorkel, and relax beachside in Rinca and Bali
- ▶ Meet Ubud artisans in Bali and learn about Balinese culture first-hand

TRIP ROUTE



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QUICK VIEW ITINERARY

- Day 1 arrive in Jakarta, welcome dinner
- Day 2 fly to Kalimantan, cruise on a riverboat in the rainforest
- Day 3 witness two orangutan feedings, search for wildlife on the river
- Day 4 visit Camp Leakey, see one last orangutan feeding
- Day 5 fly to Java, taste coffee at a local plantation
- Day 6 see sunrise from Borobudur Temple, explore a local village
- Day 7 fly to Labuan Bajo, sail to Komodo National Park on your private boat
- Day 8 search for Komodo dragon on foot, swim or snorkel
- Day 9 relax on your chartered boat fly to Bali, settle into your hotel
- Day 10 enjoy a Balinese cooking class, free afternoon to explore
- Day 11 explore the food and art market, whitewater rafting, dinner in a local home
- Day 12 explore a Balinese village by bicycle
- Day 13 relax at the beach for a day, farewell dinner
- Day 14 depart Indonesia

ACTIVITY LEVEL

Active

TRIP PRICE

Main Trip: \$6,995

Optional Single Accommodations: \$1,600

Internal Air: \$800



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your adventure
in depth

DAY 1
Thursday
6/1/23

Arrival in Jakarta

Welcome to Indonesia! Straddling the equator, the heavenly country of Indonesia is comprised of thousands of islands, little green gems in a sparkling blue sea. Start your unforgettable island-hopping adventure in Jakarta.

During your adventure, you'll get to know your expert Indonesian guide, who will help you discover the secrets of each island you will explore. You are also accompanied by an AdventureWomen Ambassador, committed to helping make your experience a fun and personally rewarding adventure, and cheering you on as you reach beyond your comfort zone to take on new challenges in your own unique way!

Arrival Information

Arrive in Jakarta, Indonesia (CGK) today before 4:00pm.

Pick-up and Transfer

You will be met and transferred to your hotel in Jakarta. There will be one group transfer provided (time TBD). Transfers will be available for other arrival times at an additional cost.

Welcome Dinner

Enjoy a lively welcome dinner as you get to know your fellow travelers this evening. Share stories and learn about why each woman in your trip is excited to explore Indonesia!

Accommodations
Hotel Borobudur

Meals Included
dinner

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DAY 2
Friday
6/2/23

Jakarta to Kalimantan

Borneo is the third-largest island in the world and the largest in Asia. It is home to one of the oldest rainforests on the planet and is known for the native Bornean orangutans.

Morning Flight After breakfast, return to the airport and board a morning flight to Pangkalan Bun on the island of Kalimantan, Indonesian Borneo.

Visit a Dayak Community Visit a Dayak long house where you will be welcomed with a traditional ceremony performed by members of the local community.

Transfer to Your Klotok On arrival you will be met and escorted to the nearby port of Kumai, where you'll board what the locals call a "Klotok," a wooden riverboat that measures approximately 19.5' x 6.5'. The boat is equipped with an upper deck that allows you to view the rain forest as you glide by. Travel into the Tanjung Puting National Park located about two hours up-river from Kumai. It is not unusual to see female orangutans building their nests high in the treetops as you cruise up the river.

Lunch Lunch will either be served on the klotok on the way to your lodge or at a local restaurant depending on the timing of your flight.

Afternoon Along the River This afternoon, explore and observe the many different forms of wildlife along the river. Enjoy dinner on the boat at the dock near your lodge.

Accommodations
Rimba Lodge

Meals Included
breakfast, lunch,
dinner

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DAY 3
Saturday
6/3/23

Kalimantan

The Bornean orangutan belongs to the only genus of great apes native to Asia. Orangutans are highly intelligent - they use fairly sophisticated tools and have distinct cultural patterns in the wild. Rangers cover tall feeding platforms with fruits and veggies then call the wild orangutans with a throaty "Ooo ooo!"; watch as adults, juveniles, and mothers with babies holding tight swing through trees toward their meal. While at Camp Leakey, learn about their research and preservation programs, and as you walk through the preserve, remember to look up - you might just spot female orangutans nesting in the trees.

Morning Ride up the River

Board the klotok to travel upriver through the park to Pondok Tanguii. Look for monkeys, birds, and other wildlife along the riverbank.

Orangutan Feeding

Arrive at Pondok Tanggui in time for the daily orangutan feeding at 9:00am. Walk into the jungle along small tracks and witness these incredible creatures in a natural habitat from just few feet away.

Lunch

Lunch will be served on the klotok this afternoon.

Afternoon Feeding

Enjoy another orangutan feeding. Observe these thoughtful, fascinating creatures as they come feast on bananas for their breakfast.

Dinner

Enjoy sunset and dinner on the boat as you cruise back to the lodge.

Accommodations
Rimba Lodge

Meals Included
breakfast, lunch,
dinner

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DAY 4
Sunday
6/4/23

Kalimantan

The Bornean orangutan is the third-heaviest living primate and the largest tree-dwelling animal alive today. These orangutans live in tropical and subtropical forests in the Bornean lowland, as well as in mountainous areas up to 4,900' above sea level. They move long distances to find trees bearing fruit.

Morning on the River Enjoy another morning cruising the river. Head up a branch of the river where you can search for crocodiles.

Lunch on Board Have lunch on the boat as you continue along the river. Prepared by the boat crew, your meal consists of delicious Indonesian dishes of fresh fish, chicken, beef, vegetables, and fruit with plenty to drink. During lunch the boat will turn from the "Big" Sekonyer to the "Small" Sekonyer branch of the river, otherwise known as Crocodile River. Living up to its name, this small river is the home to many crocodiles!

Camp Leakey Arrive at the famed Camp Leakey, established in 1971 to support research activities in Tanjung Puting Wildlife Reserve. Look around the research center and learn about the local families of orangutans. Observe these impressive animals at another orangutan feeding, and perhaps see wild gibbons, macaques, and birds. Try to identify the orangutans from the "family photos" they have on the walls of the research center.

Evening Cruise and Dinner Enjoy an evening cruise back up the river to your lodge. Have dinner along the way. Eating as you watch the riverbanks float past you is a calming and magical experience.

Accommodations
Rimba Lodge

Meals Included
breakfast, lunch,
dinner

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DAY 5
Monday
6/5/23

Kalimantan to Java

Fly from Kalimantan to Java. Java is home to more than 50% of the Indonesian population. It was the center of Hindu-Buddhist empires, Islamic sultanates, and the core of the colonial Dutch East Indies.

Early Wakeup and Flight

Wake up very early this morning and head to Pangkalan Bun to catch your flight to Semarang on the island of Java.

Lunch

Enjoy lunch when you arrive in Java.

Coffee Tasting

Take a tour of a local coffee plantation, complete with a coffee tasting. You'll have an opportunity to buy coffee to bring home if you'd like.

Dinner

Dinner is on your own tonight. There are multiple dining options at your beautiful resort.

Accommodations
Plataran Borobudur
Resort
Meals Included
breakfast, lunch

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DAY 6
Tuesday
6/6/23

Java

Java is almost entirely of volcanic origin. It has 38 mountains that form an east-west spine across the island. The island is known for growing rice and coffee.

Sunrise on Borobudur

Before the sun comes up, head to the stunning and majestic Borobudur Temple. Around 850 AD, the temple was deserted when the Hindu Majapahit Empire overthrew the Sailendra Dynasty. Borobudur is the largest single Buddhist monument in the Southern Hemisphere. Climb the steps to see the 1640 relief panels and 504 Buddha effigies. Upon reaching nearly the top of the monument you will (hopefully!) witness an extraordinary sunrise. (Note that the 9th and 10th levels are currently closed, but you'll have a wonderful view from the 8th level).

Breakfast

Enjoy breakfast after your early morning excursion.

Visit to Candirejo Village

Late this morning, visit Candirejo Village and have an opportunity to meet with the local community members to see their farms and plantations. End your visit with a lesson in traditional Gamelan music at one of the local homes. Lunch is on your own today.

Afternoon to Relax

Spend the afternoon at your stunning hotel. Explore the grounds or take a dip in the inviting pool to cool off after your busy morning.

Dinner

Enjoy dinner at your hotel this evening.

Accommodations
Plataran Borobudur
Resort
Meals Included
breakfast, dinner

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DAY 7
Wednesday
6/7/23

Java to Komodo National Park

Labuan Bajo is a small fishing town on the island of Flores. It is the ideal launching point from which to visit Komodo National Park.

Flight to Labuan Bajo

Today is a long travel day, but the reward is worth it. Take an early morning flight from Java to Bali. During your layover in Bali, you'll have lunch at a local restaurant before connecting with your onward flight. Land in Labuan Bajo on the island of Flores, the departure point for a visit to the Komodo National Park.

Settle in on the Cheng Ho

Transfer to the harbor and board your luxury chartered vessel, Cheng Ho, setting sail for a two night voyage to search for Komodo dragons.

Kalong Island

Watching the fruit bats take flight from Kalong Island is an astonishing sight. Thousands of bats are backlit by a stunning sunset as they fly off the island in the evening to feed.

Dinner

Enjoy dinner on board. After dinner, take some time to stargaze.

Accommodations
Cheng Ho

Meals Included
breakfast, lunch,
dinner

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DAY 8
Thursday
6/8/23

Komodo National Park

The Komodo National Park is located within the Lesser Sunda Islands on the border region between the provinces of East Nusa Tenggara and West Nusa Tenggara. The park is the domain of a fierce and rare species of reptile that looks like a dinosaur, called the Komodo dragon, remnant of a once widespread ancient order of monitor lizards that today survive in the harsh climate of Indonesia's Lesser Sunda Islands.

Search for Komodo Dragons

After breakfast on board the Cheng Ho, get in smaller boats and hop out on Komodo Island. You'll be escorted by rangers to search for Komodo dragons on foot. Climb to the top of the hill just behind the beach on Komodo Island for a stunning panoramic view of the surrounding area.

The Pink Beach

After lunch on the Cheng Ho, spend some time on the Pink Beach, which gets its name (and color!) from the particles of red coral that are mingled in with the sand. Do some snorkeling from the beach, or just swim and relax on the sand.

Dinner

Enjoy dinner on board this evening.

Accommodations
Cheng Ho

Meals Included
breakfast, lunch,
dinner

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DAY 9
Friday
6/9/23

Komodo National Park to Bali

Bali is an island paradise, with lush rice field terraces, stunning volcano and lake views, and beautiful beaches, but it is often the warmth and friendliness of the Balinese people that make any stay on the island so memorable. The predominantly Hindu island gives visitors the chance to have an exclusive and fascinating cultural experience, while still being able to partake in various activities including swimming, surfing, soothing massages, and diving deep into the depths of the splendid waters and culture. Blossoming and fertile rice field terraces, remarkable volcano and lake views, and picturesque beaches, all combined by the warmth and friendliness of the Balinese people makes the stay on this island a truly memorable visit.

Relaxing Morning

Spend a relaxing morning on the Cheng Ho, watching islands drift by as you cruise back to your port in Labuan Bajo. Enjoy lunch on board before saying goodbye to the boat crew.

Fly to Bali

This afternoon, fly to Denpasar, Bali – the “Island of the Gods,” and proceed to Ubud, arriving just in time for dinner at your hotel.

Accommodations
Komaneka Rasa
Sayang
Meals Included
breakfast, lunch,
dinner

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DAY 10
Saturday
6/10/23

Bali

Ubud is the vivacious center of Bali's arts scene, famous for its artists and paintings, and home to a small treasure trove of museums and galleries. Near Bali's cool central upland, there are many cultural landmarks, ranging from ancient temples and majestic age-old royal palaces, to wonderful panoramas of green hillsides and rice terraces. It is where some of the world's notable artisans and collectors have visited, lived and worked, creating or compiling eclectic masterpieces that you can observe in local museums and art galleries.

Balinese Cooking Class

Embark on a culinary adventure that unlocks the secrets of authentic Balinese cooking, utilizing traditional ingredients and preparation methods, in a fully equipped community village kitchen. Your day begins early at the Ubud markets with the chef as you buy fresh herbs and spices, crisp vegetables, and choice cuts of meat. Explore cooking techniques and the fascinating kitchen myths of Balinese cuisine, and learn about the exotic herbs and spices used in ceremonial and everyday Balinese dishes. After preparing the meal, sit down together to enjoy it as a group.

Afternoon at Leisure

Take the afternoon to explore, shop, or maybe just relax. This is a fun area to wander around in small groups.

Dinner

Enjoy dinner on your own this evening.

Accommodations
Komaneka Rasa
Sayang
Meals Included
breakfast, lunch

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DAY 11
Sunday
6/11/23

Bali

The fabled town of Ubud, in central Bali, sits on gentle mountain slopes surrounded by emerald rice paddies, coconut groves, and ancient temples. For more than a century, its mystical charms and sublime landscapes have drawn artists, craftspeople, and writers who live and work in and around the town.

Exploring Ubud This morning, you'll visit Goa Gajah, or Elephant Cave, a Hindu meditation center built in the 11th century. Explore the food market, and learn about local produce, and enjoy visiting the art market.

Lunch Lunch today is at a restaurant overlooking the Tjampuhan River, with breathtaking views of the surrounding hills.

Afternoon Rafting on the Ayung River After lunch what's more fun than an active whitewater rafting trip on the world-class Ayung River! The adventure begins with a safety and equipment briefing given by your expert guide. You'll walk down a long set of stone stairs (600 stairs!) to reach the river. It's then head-long into the first set of Class II & III rapids, through towering gorges and past untamed rainforest and magnificent rice paddy terraces. Your professionally trained and experienced guides will call out instructions and safely navigate your rafts through this exciting river. Go AdventureWomen! At the end of the rafting adventure, climb the stairs (another 350 stairs!) leaving the gorge.

Dinner in a Local Home Take just a few minutes to freshen up, and then head out for dinner in a Bedulu village hosted by a local family.

Accommodations
Komaneka Rasa
Sayang
Meals Included
breakfast, lunch,
dinner

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DAY 12
Monday
6/12/23

Bali

A Balinese traditional house follows a set of strict, ancient architectural guidelines, which are a blend of Hindu and Buddhist beliefs, enfolded with animism. The concept is based on the Hindu dharma principle: every object in the universe has an ideal location which must be correctly aligned at all times in order to have harmony with the universe; this harmony is essential in order for a person to achieve moksha, or the point of liberation where a person can achieve a perfect state of being.

Bali by Bike

Explore Bali by bicycle, starting just north of Ubud. You will ride through villages, seeing the real Bali. Visit temples and ride through rice fields. You'll visit a local family's compound and learn about the significance and uses of each building. Biking is a peaceful way to explore the countryside. Finish your ride with a delicious lunch.

Drive to Sanur

Check out of your hotel and drive to Sanur, a beautiful beach area in southern Bali. Enjoy dinner and the rest of the evening on your own.

Accommodations
Maya Sanur Resort

Meals Included
breakfast, lunch

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DAY 13
Tuesday
6/13/23

Bali

The beaches in this area of Bali are incredible - white sands, deep water, and long stretches of beach are perfect for swimming. Bali is the ideal place to relax before you head home.

Day on Your Own

Spend a full day relaxing at the beach at your beautiful hotel. Perhaps schedule a massage!

Meet a Local Woman

Spend time with a woman from the local community. Learn about what it's like as a woman in modern Bali, what traditions they continue, and what is changing.

Farewell Dinner

Have a farewell dinner with your new AdventureWomen friends. Reminisce over all the memories you have made and celebrate the end of an amazing journey through this truly spectacular country.

Accommodations
Maya Sanur Resort

Meals Included
breakfast, dinner

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DAY 14
Wednesday
6/14/23

Depart

All great adventures must one day come to an end. Enjoy your last few hours in Indonesia before heading home.

Transfer to the Airport

Say goodbye to your new AdventureWomen friends as you transfer to the airport for your flights home.

Departure Information

Depart Bali Ngurah Rai International Airport (DPS) anytime after 12PM today.

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

Meals Included
breakfast

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Accommodation Details

Hotel Borobudur

Hotel Borobudur Jakarta is situated right in the center of Jakarta. It is only a stroll away from the Presidential Palace and a quick ride to shopping malls and business districts. Spanning 23 acres of tropical gardens and supported with extensive recreational facilities, Hotel Borobudur Jakarta has become an oasis where people can relax and escape from the hustle and bustle of the city.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi

Rimba Lodge

Past visitors have rated Rimba Lodge as a “jungle wonder” and a “true heavenly destination.” This rustic lodge is equipped with all the necessities that you would want after spending the entire day in the jungle. It’s a great place to cool off, view more wildlife in action, and retire to the comfort of your personal bungalow to rest peacefully for the night. While it’s basic, the location is perfect - it’s the best jumping off point to see orangutans.

Amenities: Soap, shampoo; electricity

Plataran Borobudur Resort

At Plataran Borobudur Resort the spacious cabanas are designed in a traditional Indonesian style and are spread out in lush tropical gardens. Air-conditioned cabanas have telephone and TV. Facilities at the hotel include an outdoor swimming pool and the Padma Spa and Yoga Club. The Stupa Lounge & Restaurant offers a variety of fine dining, international and Indonesian cuisine. Wi-Fi is available in the restaurant.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi

Cheng Ho

Your sailing vessel, Cheng Ho, is a modified Phinisi (Bugis) schooner launched in 2000 and named after the famous Chinese mariner, explorer, diplomat and fleet admiral who played an important part in Asia’s maritime history. Constructed with three decks, 110 feet long, 34 feet wide, and with 14 cabins, the Cheng Ho has plenty of space to lose yourself, whether in the air-conditioned comfort of the large saloon or on the decks under the shade of one of the ship’s huge sails. All cabins have individual air conditioning, a private bathroom with hot and cold water, wireless internet connection and plenty of storage. The Cheng Ho is equipped with a modern navigation system, plus updated safety and first aid equipment.

Amenities: Soap, shampoo, hair dryer; electricity

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Accommodation Details

Komaneka Rasa Sayang

Komaneka at Rasa Sayang is a stylish small hotel in the midst of central Ubud's cafes and boutiques but set off from the street in luxurious calm. The smart modern architecture is warmed by the use of wood and recycled timber. The Deluxe rooms have sleek, first-class interiors with generous living space and broad balconies facing urban gardens. A sheltered infinity pool overlooks a quiet river valley.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi

Maya Sanur Resort

Featuring an outdoor pool and four on-site restaurants and bars, Maya Sanur Resort & Spa offers modern and luxurious beachfront getaway in the tranquil area of Sanur. It's the ideal place to unwind before your long flights home.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi

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Included:

- ▶ Accommodations as per itinerary based on double occupancy
- ▶ All meals as listed in the itinerary
- ▶ All ground transportation
- ▶ One group transfer on arrival and departure
- ▶ Domestic airfare (priced separately from the main trip)
- ▶ Guided sightseeing and activities as indicated in the itinerary
- ▶ Entrance fees
- ▶ English-speaking guide throughout the trip
- ▶ Drinking water available in large jugs to refill personal bottles
- ▶ Gratuities for hotel staff, luggage porters, and waitstaff

Not Included:

- ▶ International airfare to and from Indonesia
- ▶ Optional activities
- ▶ Meals not specified in the itinerary
- ▶ Alcoholic beverages (unless otherwise specified)
- ▶ Fees for passport, visas, immunizations, or travel insurance
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Gratuities for guides and boat staff

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Cancellations and Refunds

Notification of cancellations must be received in writing. Full payment is due 90 days prior to departure date, and the registration deposit is non-refundable.

For cancellations received 61-90 days prior to the trip departure date: 50% of the total trip cost is non-refundable. For cancellations received 1-60 days prior to the trip departure date: 100% of the total trip cost is non-refundable.

You are highly encouraged to purchase trip cancellation insurance to cover emergency situations. Travel insurance information will be sent to you once you have registered for your trip.

Switching Trips

Our deposits are nonrefundable and nontransferable. If for some reason you need to switch to a different trip, please call us and we will do our best to accommodate you, but switching is not guaranteed.

No Smoking Policy

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen vacations.

Health Insurance

You must have your own health insurance to participate in an AdventureWomen trip.

Adventure Travel Today

At AdventureWomen, we want everyone to understand that our excursions are adventure travel vacations and not "tours." We define "adventure travel" as travel in which one **actively participates**, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes vacations all over the world for women who want to **experience an active, out of the ordinary vacation, and meet new friends**. Most of all, we want our trips to be **fun!**

good-natured realist and have a sense of humor! Adventure vacations, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist, and not just as they would have preferred or expected them to exist. The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. **Being on time** is important, and contributes to the congeniality, success and well-being of both individuals and the group!

In this spirit, the successful adventure traveler should be a