

PACKING LIST – INDIA HOLI FESTIVAL

PACK YOUR BAGS!

The AdventureWomen team has curated this list for your Holi Festival adventure in India. It is meant to provide packing guidelines, but please also think about how you travel and what works for you as individuals. If you have any questions, please don't hesitate to ask! It's what we are here for.

Dress for the Weather

March is generally pleasant and dry in India, with temperatures ranging from 68°F to 90°F.

Dress in India is casual and comfortable. It is not appropriate for women to wear shorts, and you should wear long sleeve shirts during excursions to temples and mosques. Carry a scarf to cover your head. Wear or carry a pair of socks, since shoes must be removed when entering certain religious buildings.

Luggage Restrictions

Your baggage allowance for your internal flights is 15kg (33lbs) for checked-in baggage, and 7kg (15lbs) for carry- on baggage.

PACKING CHECKLIST

Clothing & Gear

- Small suitcase or duffel bag
- Daypack
- 1 light-weight long-sleeved shirt (quick dry recommended)
- 2-3 short-sleeve shirts (quick dry recommended)
- 1 medium weight fleece sweater/jacket (air-conditioning in India can be very cold)
- 1-2 pairs of pants
- 1-2 pairs of shorts (must cover knees)
- 1-2 sets of nicer clothes for dinner (skirts should be knee-length or longer)
- 1 bathing suit
- Waterproof jacket
- Hat for sun protection
- 5-7 pairs underwear
- 5-7 pairs of socks
- Comfortable walking shoes
- Sandals
- Scarf (for mosques)

AdventureWomen Essentials

- Travel documents (identification documents, airline tickets, money)
- Write down/print out travel insurance number
- Locks for your suitcase/duffel bag
- Travel alarm clock with spare batteries
- Headlamp or small flashlight with spare batteries
- Binoculars (optional) 8x40/42 models are excellent choices; center focus models are easiest
- Digital camera, memory cards, battery charger
- Sunglasses, case, and strap
- Spare glasses, contact lenses, cleaner, saline, etc.
- Money belt or neck pouch
- Water bottle
- Sunscreen and lip balm with SPF
- Hand wipes/hand sanitizer
- Toothbrush/toothpaste
- Soap, shampoo, and conditioner
- Small packet of tissues
- Tampons and panty liners (avoid)

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- plastic applicators)
- Earplugs: We recommend Mack's Pillow Soft White Moldable Silicone Snore Proof Earplugs. Available at most drugstores or at www.earplugstore.com
- Assortment of stuff sacks and Ziploc bags
- 1-2 bandanas/Buff
- Reading material/journal and pens
- Waterproof phone case for the Holi celebration

Personal First Aid Kit

- Prescription medicine you usually take
- Personal epi pen (if you need one, don't forget to pack it!)
- Bandages, Gauze, Ace bandage, blister prevention
- Antiseptic wipes/spray
- Antibiotic ointment
- Cotton-tipped applicators
- Oral rehydration tablets/packets
- Antidiarrheal medication
- Mild laxative
- Antacid
- Cold remedies
- Ibuprofen/acetaminophen
- Eye drops
- Tweezers, scissors (travel size), safety pins

If you prefer to buy a complete kit, we recommend the Smart Travel first aid kit.