

# PACKING LIST – CROATIA

## PACK YOUR BAGS!

The AdventureWomen team has curated this list for your yacht adventure in Croatia. It is meant to provide packing guidelines, but please also think about how you travel and what works for you as individuals. If you have any questions, please don't hesitate to ask! It's what we are here for.

### Packing Considerations

Weather on the Mediterranean in Croatia generally has daytime average temperatures in the comfortable 80s, with nighttime temperatures in the 60s. As in all outdoor activities, you should be well prepared for weather changes. It can get quite cool at night on the boat.

Please pack lightly in one duffel bag or suitcase and one carry-on for this trip. When visiting churches and cathedrals you must wear appropriate clothes - t-shirt and pants, or a skirt that covers your knees.

## PACKING CHECKLIST

### Clothing & Gear

- Duffel bag/suitcase
- Daypack
- 1 pair of comfortable walking/hiking shoes (for walking and biking)
- 1 pair of flip flops
- 2-3 pairs of socks
- 3-4 short sleeve shirts/tank tops (quick dry recommended)
- 1 long sleeve shirt (quick dry recommended)
- 1 medium weight fleece sweater/jacket for cool evenings
- 1-2 pairs of pants
- 1-2 pairs of shorts
- 1-2 sun dresses (optional, for wearing on ship and in cities)
- 1 set of nicer clothes for dinner in Dubrovnik
- 2-3 bathing suits
- Bathing suit coverup
- Waterproof jacket
- Hat for sun protection
- Underwear & bras
- Sleepwear
- Masks/Face Coverings

### AdventureWomen Essentials

- Travel documents (passport, airline tickets, money)
- 2-3 spare passport photos (in case of lost passport)
- Write down/print out travel insurance number
- Locks for your suitcase/duffel bag
- Travel alarm clock with spare batteries or phone
- Headlamp or small flashlight with spare batteries
- Binoculars (optional; 8x40/42 models are excellent choices; center focus models are easiest)
- Digital camera, memory cards, battery charger
- Power adapters/power bank
- Sunglasses, case, and strap
- Spare glasses, contact lenses, cleaner, saline, etc.
- Money belt or neck pouch
- Water bottle
- Sunscreen and lip balm with SPF
- Mosquito repellent
- Hand wipes/hand sanitizer
- Toothbrush/toothpaste
- Soap, shampoo, and conditioner

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## Personal First Aid Kit

- Prescription medicine you usually take (in original containers)
- Person epi pen - if you need one, don't forget to pack it!
- Seasick medication (if prone to sea sickness)
- Bandages, gauze, ace bandage, blister prevention
- Antiseptic wipes/spray
- Antibiotic ointment
- Cotton-tipped applicators
- Oral rehydration tablets/packets - helpful to rehydrate at higher altitudes
- Antidiarrheal medication
- Mild laxative
- Antacid
- Cold remedies
- Ibuprofen/acetaminophen
- Eye drops
- Tweezers, scissors (travel size), safety pins

If you prefer to buy a complete kit, we recommend the Smart Travel first aid kit.