

adventurewomen

THE DESTINATION IS JUST THE BEGINNING

ITALY

# Italy: Hut-to-Hut Hiking in the Dolomites



August 31 - September 10, 2022



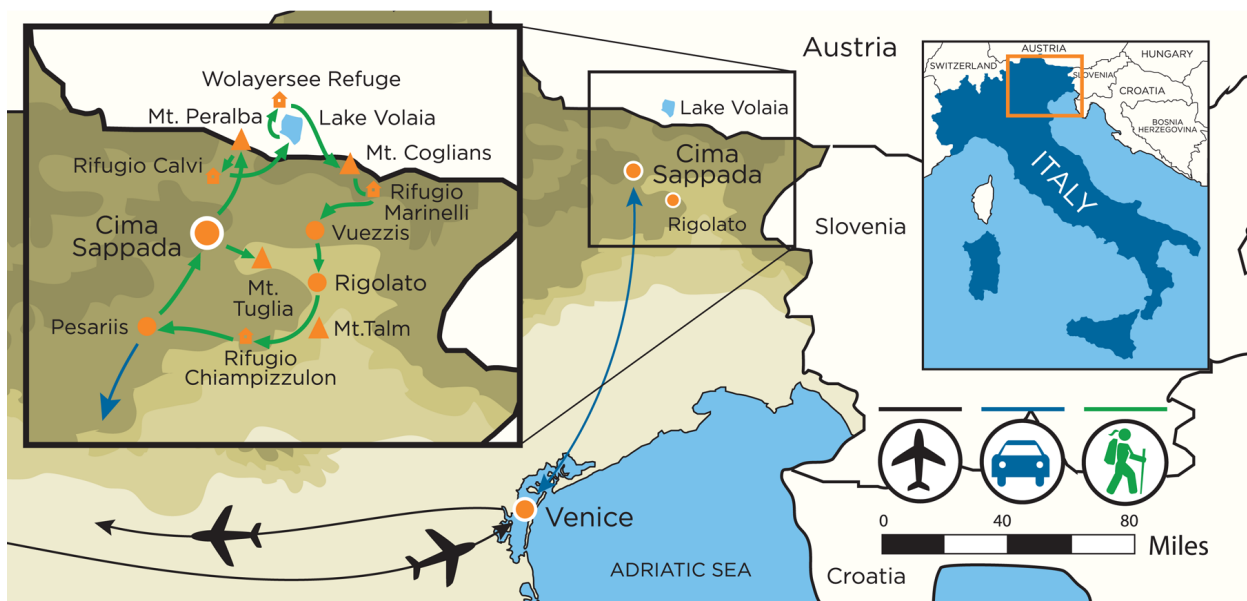
# ITALY

## Italy: Hut-to-Hut Hiking in the Dolomites

### TRIP HIGHLIGHTS

- ▶ Hike your way through the Dolomite mountains and sleep in mountain huts along the way
- ▶ Explore local villages and farms set high in the Dolomites
- ▶ Enjoy cooking and tasting delicious Italian food with local families
- ▶ Climb to the peak of Mount Talm and enjoy the spectacular views

### TRIP ROUTE



## ITALY

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### QUICK VIEW ITINERARY

- Day 1 arrive in Venice and transfer to Cima Sappada, welcome dinner
- Day 2 hike to Mount Tuglia
- Day 3 continue your hike through the Dolomites
- Day 4 hike to Lake Volaja
- Day 5 hike to Mount Coglians
- Day 6 continue to Vuezziis
- Day 7 explore Vuezziis
- Day 8 climb Mount Talm
- Day 9 hike to Pesarina Valley, take a walking tour of Persariis
- Day 10 explore Stavoli di Orias, farewell dinner
- Day 11 depart

### ACTIVITY LEVEL

High Energy

### TRIP PRICE

Main Trip: \$4,995

Optional Single Accommodations: \$500

# ITALY

## Italy: Hut-to-Hut Hiking in the Dolomites



your adventure  
in depth

DAY 1  
Wednesday  
8/31/22

### Arrive

Welcome to Italy! The Dolomites are a region of unparalleled beauty and inspiration, well-known for its tiny villages and farms set high in the mountains among green fields and great drifts of summer flowers. Though the picturesque villages are secluded and set far from each other, the landscape is legendary for its alpine hikes and breathtaking views of the scenery.

During your adventure, you'll get to know your expert Italian guide who will lead you and help you explore life on the mountainside as you gaze upon the valleys below. You will also be accompanied by an AdventureWomen Ambassador, who is committed to making your experience a fun and rewarding one while cheering you on as you stretch beyond your comfort zone to take on new challenges in your own way!

### Arrival Information

Arrive in Venice, Italy (VCE) before 11:00 AM today.

### Pick-up and Transfer

You will be picked up at the Venice airport by your Italian guide who will teach you about the region as you start your journey across the countryside. You'll learn more about the intrepid traveling companions in your group during this two-and-a-half-hour drive.

### Walk in Cima Sappada

After checking into your charming chalet, head out on an orientation walk through the village of Cima Sappada, named after the alpine pass that connects the Degano valley to the Piave valley.

### Welcome Dinner

Enjoy a lively welcome dinner at a local restaurant as you get to know your fellow travelers this evening. Share stories and learn about why each woman on your trip is excited to explore the Dolomites!

Accommodations  
B&B Graz Trojar  
Haus  
Meals Included  
dinner

# ITALY

## Italy: Hut-to-Hut Hiking in the Dolomites

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your adventure  
in depth

DAY 2  
Thursday  
9/1/22

### The Dolomites

The Dolomites are named after the carbonate rock dolomite which was first described by their namesake, the French mineralogist de Dolomieu. Also known as the Pale Mountains, the Dolomites are a spectacular mountain range, and their majesty was recognized in 2009 when they were named an official UNESCO World Heritage Site.

#### Hike to Mount Tuglia

Ease into your hiking adventure with a 2-hour climb of 1,000' to Mount Tuglia where you will learn about the Dolomite rock formation along the way.

#### Lunch

Stop at a mountain dairy farm and enjoy a delicious lunch of fresh, local products. After eating, make your way back to your hotel in the village.

#### Leisure Time

Take the rest of today to relax or explore the village on your own.

Accommodations  
B&B Graz Trojar  
Haus  
Meals Included  
breakfast, lunch

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## Italy: Hut-to-Hut Hiking in the Dolomites



your adventure  
in depth

DAY 3  
Friday  
9/2/22

### Continue your hike through the Dolomites

Located just off the border of Austria, Mount Peralba is one of the highest mountains in the Carnic Alps, and its large summit plateau is an imposing view from afar.

#### Hike to Mount Peralba

Start today's 3.5 mile hike this morning as you head north towards the magnificent Mount Peralba. You'll gain approximately 3,000' of elevation today as you make your way over the Dolomites.

#### Lunch

Stop along the marmot trail for a picnic lunch before you continue your ascent to tonight's resting spot in the mountains.

#### Arrive at Calvi Hut

You'll arrive this afternoon at Calvi Hut which sits at an elevation of 7,110'. Take time to relax and enjoy a beverage or continue exploring nearby site that witnessed battles during World War I.

#### Dinner

Enjoy dinner at your mountain hut tonight before resting up for tomorrow's full day of hiking.

Accommodations  
Rifugio Calvi

Meals Included  
breakfast, lunch,  
dinner

# ITALY

## Italy: Hut-to-Hut Hiking in the Dolomites



your adventure  
in depth

DAY 4  
Saturday  
9/3/22

### Hike to Lake Volaia

Lake Volaia is located in the shadow of Mount Volaia in the heart of a deep basin from glacial origins. It is part of a larger Natural Reserve that hosts abundant wildlife including deers, eagles, marmots and chamois.

#### Hike to Lake Volaia

This morning bring along everything you will need for the next two days as you begin a full day of hiking to the Austrian Wolayersee Refuge. Along the way, you'll pass through a beautiful forest that touches streams, mountain trails and ancient farmhouses before arriving at Lake Volaia which sits at a height of 5,740 feet.

#### Lunch

Take a break and enjoy a picnic lunch while taking in the beautiful lakeside views. Then continue on to your home for the evening.

#### Relax Before Dinner

Once you arrive at your hut in the Austrian Wolayersee Refuge, take some time to relax before you enjoy dinner with your traveling companions at your mountain hut.

Accommodations  
Wolayersee Refuge

Meals Included  
breakfast, lunch,  
dinner

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your adventure  
in depth

DAY 5  
Sunday  
9/4/22

### Hike to Mount Coglians

The majestic Mount Coglians is the highest mountain of the Carnic Alps, towering at a height of 9,100 feet. Located on the border between Italy and Austria, this grand peak is a sight to behold and a joy to hike.

#### Relax or Hike

This morning you can either relax at the hut or at Lake Volaja. Alternatively, you can join a morning excursion to Mount Rauchkofel to enjoy the most amazing views from its peak with the women in your group who are game.

#### Lunch

Enjoy a scenic picnic lunch at Lake Volaja before setting out on your afternoon hike.

#### Hike to Mount Coglians

Hike toward Mount Coglians and stop along the way at a local honey and cheese producer to sample the food and learn about how they make their delicious treats.

#### Check-in and Dinner

Arrive at Rifugio Marinelli which will be your home for tonight. After getting settled, enjoy dinner before resting up for tomorrow's adventure.

Accommodations  
Rifugio Giovanni e  
Olinto Marinelli  
Meals Included  
breakfast, lunch,  
dinner



# ITALY

## Italy: Hut-to-Hut Hiking in the Dolomites



your adventure  
in depth

DAY 6  
Monday  
9/5/22

### Continue to Vuezziis

Continue your hiking journey through authentic villages characterized by homes with roof tiles that look like fish scales before arriving at the mountain hamlet of Vuezziis, home of the San Nicola Church.

**Hike to Vuezziis** Continue your journey this morning as you make your way through nature on your way to Vuezziis during a 5-hour hike.

**Lunch** What trip to Italy would be complete without pizza? Enjoy lunch this afternoon at a local pizzeria before making your way back to Vuezziis.

**Arrive and Enjoy Dinner** Arrive at a local mountain home where you will enjoy a lovely dinner before resting up for tomorrow's day of exploration.

Accommodations  
Casa di Sopra

Meals Included  
breakfast, lunch,  
dinner

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your adventure  
in depth

DAY 7  
Tuesday  
9/6/22

### Vuezzis

Vuezzis is a charming hamlet that sits almost 3,000 feet above sea level in Rigolato. With its traditional homes and sweeping views, Vuezzis is an ideal place for off-the-beaten-path exploration.

#### Visit a Ceramic Workshop

Today you'll visit a local ceramic workshop managed by a husband and wife team. Discover their hand-painted ceramic wares such as vases, plates and other accessories that are beautifully decorated with flowers and animals.

#### Lunch

Just before reaching your final destination for the day, enjoy a picnic lunch along your path.

#### Dinner

Learn to cook regional recipes alongside locals from the village who invite you into their home for an afternoon of food and fun. Then enjoy the fruits of your labor, as you feast on your creations for dinner.

Accommodations  
Casa di Sopra

Meals Included  
breakfast, lunch,  
dinner

# ITALY

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your adventure  
in depth

DAY 8  
Wednesday  
9/7/22

### Rigolato

The village of Rigolato stretches across both banks of the River Degano at the foot of both Mount Pleros and Mount Talm. This area is rich in beech trees that are centuries old and over 100 feet high.

#### Hike along Degano Valley

Today you'll hike for about five hours in total as you make your way through the lush green forests of the Degano Valley.

#### Lunch

Enjoy a picnic lunch as you take in the views from the peak of Mount Talm at 5,680 feet.

#### Arrival and Dinner

Make your way to Rifugio Chiampizzlon where you will enjoy dinner with your traveling companions and spend the night.

Accommodations  
Rifugio  
Chiampizzlon  
Meals Included  
breakfast, lunch,  
dinner

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DAY 9  
Thursday  
9/8/22

### Entalais Pass and Pesariis

The Entralais Pass sits at a height of 4,730' and offers beautiful views of the Pesarine Dolomites and the Carnic Alps.

Pesariis is an authentic and charming mountain hamlet. Every corner of the village has its own public clock! In 1725, the first clock company in Pesariis was founded; Solari made wall-mounted clocks, bell tower clocks, water and striking clocks, pendulum clocks, and even sun dials.

**Continue Hiking** Continue your journey with a 6-hour hike through the Pesarina Valley today while you enjoy beautiful views of both the Pesarine Dolomites and the Carnic Alps.

**Arrive in Pesariis** Arrive at a charming farmhouse in Pesariis where you will check into your home for the next two nights.

**Walking Tour of Pesariis** Once you have checked in, you'll take a walking tour to orient you with the village, which is known as the town of the clocks. Enjoy the rest of today time on your own to explore after you become acquainted with the town.

Accommodations  
Farmhouse Sot la  
Napa  
Meals Included  
breakfast, lunch

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DAY 10  
Friday  
9/9/22

### Pesariis

Stavoli di Orias is a charming mountain village with valley views, rolling meadows, beautiful flowers, and traditional homes. Enjoy the views of beech forests and green pastures.

**Leisure Time** Enjoy the morning in Pesariis on your own. Relax or venture out for some fresh air and discovery.

**Afternoon Hike** Later this afternoon, take a leisurely hike to the nearby, charming hamlet of the stavoli di Orias, a masterpiece of ancient agricultural architecture before returning to your hotel.

**Farewell Dinner** Spend tonight's festive farewell dinner celebrating all the incredible sights and amazing accomplishments you experienced with your traveling companions during your hike through the Dolomites.

Accommodations  
Farmhouse Sot la  
Napa  
Meals Included  
breakfast, dinner

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DAY 11  
Saturday  
9/10/22

### Depart

Say goodbye to you new AdventureWomen friends as you transfer to the Venice airport for your flight home.

#### Transfer to Airport

Drive 2.5 hours with the group back to the Venice airport for your flight home.

#### Departure Information

Depart Venice, Italy (VCE) any time after 11:00AM today.

*Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.*

Meals Included  
breakfast

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### Accommodation Details

#### B&B Graz Trojar Haus

The Bed & Breakfast Graz is modelled after a typical Sappadina residence from the 1800's. Located in the Borgo di Cima Sappada, the property offers an excellent view of the Sappada valley. The furnishings harken back to authentic, rural peasant life, and breakfast is served in the typical "Koschtibe" room daily.

Amenities: soap, shampoo, conditioner, hairdryer, electricity, WiFi, en suite bathroom.

#### Rifugio Calvi

The Rifugio Calvi is located in the basin of the Piave River between Mount Peralba and Mount Chiadenis. This family-run boutique property has 50 beds.

Amenities: soap, shampoo, conditioner, hairdryer, shared single-sex bathrooms and showers with hot water, electricity, WiFi, and disposable paper sheets.

#### Wolayersee Refuge

The Wolayersee Refuge is a lakeside property that is located in the heart of the Carnic Alps which sleeps just over 60 guests. All rooms are centrally heated.

Amenities: soap, shampoo, conditioner, hairdryer, single-sex shared bathrooms and showers with hot water, electricity, WiFi, and disposable paper sheets.

#### Rifugio Giovanni e Olinto Marinelli

Nestled in the hills of the Dolomites, the Rifugio Marinelli is a family-run property with 50 beds.

Amenities: soap, shampoo, conditioner, hairdryer, single-sex shared bathrooms and showers with hot water; electricity, and disposable paper sheets. Please note that the WiFi does not work well here.

#### Casa di Sopra

Casa Di Sopra is an ancient building from the end of the 19th century that has undergone a complete restoration where the old Carnic architecture is preserved and the rooms are furnished with care.

Amenities: hairdryer and WiFi. There is one bathroom shared between every 2 rooms.

#### Rifugio Chiampizzulon

The Rifugio Chiampizzulon sits on a meadow amidst the mountains and features 48 beds.

Amenities: soap, shampoo, conditioner, hairdryer, single-sex shared bathrooms and showers with hot water, electricity, and disposable paper sheets. Please note that the WiFi does not work well here.

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### Accommodation Details

#### Farmhouse Sot la Napa

Farmhouse Sot la Napa is in a home built in the 1600s that has been lovingly restored, turning it into a welcoming mountain farmhouse. Enjoy staying in the comfortable rooms and dine in the on-site restaurant which has original frescos and local stone floors and hosts a typical “fogolar” (open fireplace).

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi



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### Included:

- ▶ Accommodations per itinerary based on double, triple, or quad
- ▶ All meals as listed in the itinerary
- ▶ Airport transfers on the scheduled arrival and departure days
- ▶ Luggage transportation from hut to hut
- ▶ Professional, English-speaking guide throughout the trip
- ▶ All gratuities except for head guide
- ▶ Wine and beer at dinner

### Not Included:

- ▶ International airfare to and from Italy
- ▶ Fees for passport, visas, immunizations, or travel insurance
- ▶ Cost of hospitalization or evacuation
- ▶ Meals not specified in the itinerary
- ▶ Alcoholic beverages (unless otherwise specified)