

adventurewomen

THE DESTINATION IS JUST THE BEGINNING

IDAHO

Idaho: Hiking, Rafting, and Hot Springs



August 8 - 12, 2021



IDAHO

Idaho: Hiking, Rafting, and Hot Springs

TRIP HIGHLIGHTS

- ▶ Experience the beauty of Northern Idaho during two hikes
- ▶ Learn about the history and culture of the area including the Nez Perce and early pioneers
- ▶ Choose to indulge in either the relaxation of Jerry Johnson Hot Springs or the majesty of Snowshoe Falls after a morning hike
- ▶ Enjoy a full day of rafting on the Middle Fork of the Clearwater River with experienced rafting guides

TRIP ROUTE



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QUICK VIEW ITINERARY

- Day 1 Arrive in Lewiston, visit Nez Perce National Historic Park, Welcome Dinner
- Day 2 Hike along Canyon Creek Trail, visit a World War II Camp
- Day 3 Choose your morning hike to the hot springs or Snowshoe Falls, take a historical drive through the area
- Day 4 Raft down the Clearwater River
- Day 5 Depart

ACTIVITY LEVEL

Active

TRIP PRICE

Main Trip: \$2,190

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your adventure
in depth

DAY 1
Sunday
8/8/21

Lewiston to the Clearwater River

Arrive in Lewiston, Idaho today and transfer to the River Dance Lodge. Your home for the week is situated along the banks of the Clearwater River and is the perfect base for exploration. Home to the Nez Perce people and early pioneers, the region is rich in culture and history and is home to cool, refreshing waters, lush green forests, relaxing hot springs, and sweeping views. You are accompanied by an AdventureWomen Ambassador, committed to helping make your experience a fun and personally rewarding adventure, and cheering you on as you reach beyond your comfort zone to take on new challenges in your own unique way!

Pick-Up and Transfer

You will be picked up from the Lewiston-Nez Perce County Regional Airport and begin the two-hour scenic drive along the Clearwater River to River Dance Lodge. On the way, you will stop at the Nez Perce National Historical Park Museum in Lapwai which is the home of several historical sites which will set the stage for the rest of your adventure.

Check-in and Relax

Check into your room and relax before dinner.

Welcome Dinner

Enjoy a lively welcome dinner at the Syringa Cafe as you get to know your fellow travelers this evening. Share stories and learn about why each woman in your trip is excited to explore Idaho! After dinner enjoy your free time strolling along the river, sitting by a camp fire, or enjoying the quiet from the front porch of your cabin.

Accommodations
River Dance Lodge

Meals Included
dinner

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DAY 2
Monday
8/9/21

Clearwater River

Canyon Creek Trail is a relatively flat pathway that runs at just under 2,400' of elevation along the creek for 5-8 miles. The narrow canyon wall is carpeted on one side by lush greens of ferns and moss while the surroundings are blanketed with sweeping wildflowers.

Hike Along Canyon Creek Trail

Hiking along the Canyon Creek Trail is a great way to get out and explore the beauty of the lush forest surroundings, as ferns and moss drape the rock wall on one side of the narrow canyon. After a brief stop at the former site of a WWII Japanese Internment Camp, you'll continue your hike at about 2,400' before driving for 30 minutes back to the Lodge.

Lunch

Enjoy a picnic lunch along the way during your hike.

Return to the Lodge and Relax

Return to the comfort of your cabin and get ready for dinner.

Dinner and Free Time

Join your fellow travelers in Syringa Cafe for dinner and then enjoy time on your own to explore the Lodge grounds.

Accommodations
River Dance Lodge

Meals Included
breakfast, lunch,
dinner

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DAY 3
Tuesday
8/10/21

Clearwater River

The Nez Perce tribe of Idaho is an indigenous group that has a long history and a unique culture in the region. The Nez Perce are said to have been created at Heart of the Monster where legend has it that the tribe was borne of the blood sprinkled over the land following the killing of a large monster. A rock formation representing the heart of the monster still stands today.

Hiking Options

In the morning you will choose between hiking to a local hot spring for a warm soak or hiking part of the Lochsa Historical Trail up to Snowshoe Falls.

Warm Springs Trail: After a 45-minute drive, hike about 1.5 miles along the Warm Springs Trail to Jerry Johnson Hot Springs, one of Idaho's most popular hot springs with three hot pool sources each with their own soaking pools. Some of these pools are lined with rock walls and have clear sand bottoms, while others are a bit silty. You may encounter other guests at the pools with varying levels of clothing as these are "clothing optional" pools. After a relaxing soak, make your way back along the same trail where your van will take you back to River Dance Lodge.

Lochsa Historical Trail: Hike along part of the Lochsa Historical Trail up to Snowshoe Falls where you'll take in beautiful views of the surrounding forest. The first section of the trail is a short, steep climb up to the Lochsa River Trail, then it levels out as you head west to Snowshoe Falls. The top of this trail provides majestic views into the Bitterroot National Forest, and the trail continues if you would like to extend your hike. Your van will meet you after your 3-mile roundtrip hike for the 45-minute drive back to the River Dance Lodge.

Lunch

Meet back at the River Dance Lodge for a deli lunch.

Accommodations
River Dance Lodge

Meals Included
breakfast, lunch,
dinner

Local Historical Tour

After lunch, depart for a van-based tour with short walks focused on the local history of the area including the Nez Perce and early pioneers. After exploring the small town of Kooskia and the nearby Nez Perce site of Clear Creek, you'll visit Heart of the Monster where, according to Nez Perce tradition, the Nez Perce people were created. You'll see a number of other sites in Kamiah, Idaho where you'll learn about the rich culture of the Nez Perce and stories of early homestead days in the area. After your tour, return to the Lodge for some down time before dinner.

Dinner

Enjoy dinner along with your fellow travelers tonight in Syringa Cafe.

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DAY 4
Wednesday
8/11/21

Clearwater River

Lewis and Clark once explored the waters of the Clearwater River in canoes before making their way to the Pacific Ocean. Your rafting experience will take place at the Middle Fork of the Clearwater River which is formed by the confluence of the Lochsa and Selway rivers and offers a relatively gentle Class II current ideal for floating.

Clearwater River Rafting

Today's activity is a full day of rafting or kayaking on the Middle Fork of the Clearwater River, which is about a 45 minute drive from the Lodge. One of the eight rivers designated as Wild & Scenic by Congress in 1968, the Clearwater is ideal for first-time river rafters and kayakers. The Clearwater is a Class II, big water river with a gentle current where you'll float between 10-15 miles with your experienced rafting guide. Enjoy your picnic lunch alongside the river during the afternoon.

Farewell Dinner

After returning to the Lodge and relaxing a bit, join your fellow AdventureWomen travelers for a farewell dinner to celebrate your adventures.

Accommodations
River Dance Lodge

Meals Included
breakfast, lunch,
dinner

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DAY 5
Thursday
8/12/21

Clearwater River to Lewiston

Say goodbye to your new AdventureWomen friends as you transfer to the airport for your flights home.

Depart

After checking out at 10AM, you'll begin the two-hour drive back to Lewiston, Idaho for your return flight home.

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

Meals Included
breakfast

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Accommodation Details

River Dance Lodge

Built on 5 acres of land on the banks of the Middle Fork in the Clearwater River with dead-standing lodgepole pine, the River Dance Lodge is your home base for outdoor adventure. Explorers Lewis and Clark passed through nearby over 2 centuries ago, and you, too, can venture out and experience the beauty of the area by hiking, driving, walking, rafting, or kayaking along or nearby the Clearwater River. Enjoy your stay in one of the large duplex cabins that feature a small gas fireplace, a convenience kitchen, and a large outdoor deck with a hot tub. Your cabin will come with standard toiletries (shampoo/conditioner, soap, hair dryer). There is limited Wifi at the café, but no Wifi in the cabins, and there is no cell phone reception on the property.

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Included:

- ▶ Accommodations as per itinerary based on single occupancy
- ▶ All meals as listed in the itinerary
- ▶ All ground transportation
- ▶ One group transfer on arrival and departure
- ▶ Activities as indicated in the itinerary
- ▶ One AdventureWomen Ambassador

Not Included:

- ▶ Airfare to and from Idaho
- ▶ Meals not specified in the itinerary
- ▶ Alcoholic beverages (unless otherwise specified)
- ▶ Fees for travel insurance
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Gratuities

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Cancellations and Refunds

Notification of cancellations must be received in writing. Full payment is due 90 days prior to departure date, and the registration deposit is non-refundable.

For cancellations received 61-90 days prior to the trip departure date: 50% of the total trip cost is non-refundable. For cancellations received 1-60 days prior to the trip departure date: 100% of the total trip cost is non-refundable.

You are highly encouraged to purchase trip cancellation insurance to cover emergency situations. Travel insurance information will be sent to you once you have registered for your trip.

Switching Trips

Our deposits are nonrefundable and nontransferable. If for some reason you need to switch to a different trip, please call us and we will do our best to accommodate you, but switching is not guaranteed.

No Smoking Policy

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen vacations.

Health Insurance

You must have your own health insurance to participate in an AdventureWomen trip.

Adventure Travel Today

At AdventureWomen, we want everyone to understand that our excursions are adventure travel vacations and not "tours." We define "adventure travel" as travel in which one **actively participates**, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes vacations all over the world for women who want to **experience an active, out of the ordinary vacation, and meet new friends**. Most of all, we want our trips to be **fun!**

good-natured realist and have a sense of humor! Adventure vacations, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist, and not just as they would have preferred or expected them to exist. The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. **Being on time** is important, and contributes to the congeniality, success and well-being of both individuals and the group!

In this spirit, the successful adventure traveler should be a