

# BAJA

## Surfing and Sea Lions



October 28 - November 3, 2018

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### TRIP HIGHLIGHTS

- ▶ Enjoy morning surfing lessons and yoga
- ▶ Ride along the pristine beaches on horseback
- ▶ Swim alongside sea lions at a permanent sea lion colony
- ▶ Spend three nights glamping on a secluded beach
- ▶ Learn how to make the perfect margarita before your Mexican cooking class

### TRIP ROUTE



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### QUICK VIEW ITINERARY

- Day 1: arrive in Baja, welcome dinner
- Day 2: morning yoga, horseback riding on the beach, surfing lessons, cooking class
- Day 3: head to a private beach for three nights of glamping, hike on the island
- Day 4: swim with sea lions, relax on the beach
- Day 5: choose what you want to do today - kayak, stand up paddle board, or snorkel
- Day 6: head back to Todos Santos, explore the historic town, farewell dinner
- Day 7: Depart for the US

### TRIP PRICE

Main Trip: \$3,290

Optional Single Accommodations: \$500

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is this trip  
right for me?

We rate this trip as moderate. You should be able to walk comfortably for two to three hours at a time, and be in good enough physical condition to do activities like surfing or kayaking for a half of a day. We have a partnership with FitForTrips, a company that will design an individualized fitness plan for you to ensure that you are prepared for the trip. Visit <https://fitfortrips.com/partners/adventure-women/> for more information.

the important  
stuff

You should come with a flexible, adventurous, and enthusiastic spirit, and a wonderful sense of humor that adventure travel requires.

how do I get  
there?

pack your  
bags!

the fine print

your adventure  
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### Forms and Final Payment:

Once you book, you will need to fill out and return to AdventureWomen:

- Information Form
- Booking Conditions Form
- Copy of Flight Information
- Copy of Issuing Page of Passport (photo page)

Final payment is due to AdventureWomen in a cash form (check, money order, or wire transfer) on or before July 30, 2018.

### Passports and Visas:

Citizens of the United States must have a passport valid for six months beyond your travel dates with at least two blank facing pages. If you do not have a passport, please apply now!

### Health Considerations:

Make an appointment with a travel clinic. There are no immunization requirements for travel to Mexico, however your local travel clinic may have recommendations for you based on your age, health, and past vaccination history.

For more health information, go to [www.cdc.gov/travel](http://www.cdc.gov/travel) and navigate to the page about Mexico.

### Money:

US Dollars are accepted in most places in Baja. Credit cards are accepted in downtown Todos Santos. We recommend bringing cash.

### Suggested Gratuities:

- ▶ Main guide: \$20 per day

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is this trip right  
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**Arrive:** Arrive at San Jose del Cabo (SJD) on  
October 28, 2018 by 3:00pm.

the important  
stuff

**Depart:** Depart San Jose del Cabo (SJD) on  
November 3, 2018 after 12:00pm.

We are happy to help you make your flight and travel  
arrangements. Please contact us at:

**(800) 804-8686 or (617) 544-9393**  
**email: [info@adventurewomen.com](mailto:info@adventurewomen.com)**

how do I get  
there?

If you'd like to do anything prior to or following the  
AdventureWomen trip, we'd be delighted to help you  
arrange any trip extensions you're interested in.

pack your  
bags!

**Note:** The recent trend in travel is for travelers to finalize  
their plans much closer to departure time than was  
customary in the past. While we try to be as flexible as  
possible booking last-minute registrants, we must release  
hotel rooms two to three months prior to departure! Please  
keep this in mind when making your travel plans.

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**Packing Considerations:** In late October and early November, the weather in Todos Santos is warm during the day with cool evenings. The highs will be in the upper 70s to low 80s, and the lows will be in the upper 60s. Dress for this Baja adventure is casual.

### Clothing and Gear:

- Duffel bag or small suitcase
- Daypack
- 2-3 short sleeve shirts (quick dry recommended)
- 1-2 long sleeve shirts (quick dry recommended)
- 1 medium weight fleece sweater/jacket for cool evenings
- 1-2 pairs of pants (for horse-back riding)
- 1-2 pairs of shorts
- 1-2 sets of nicer clothes for dinner
- 2 bathing suits
- 1-2 sun shirts/beach coverup
- 1 set of yoga clothing
- Waterproof/windbreaker jacket
- Hat for sun protection
- 5-7 pairs underwear
- 5-7 pairs of socks
- Comfortable walking shoes (closed-toe shoes for horse-back riding)
- Sandals/beach shoes
- Sleepwear

### AdventureWomen Essentials:

- Travel documents (passport, airline tickets, money)
- 2-3 spare passport photos (in case of lost passport)
- Write down/print out travel insurance number
- Locks for your suitcase/duffel bag
- Travel alarm clock with spare batteries
- Headlamp or small flashlight with spare batteries
- Binoculars (8x40/42 models are excellent choices; center focus models are easiest)
- Digital camera, memory cards, battery charger
- Power adapters
- Sunglasses, case, and strap
- Spare glasses, contact lenses, cleaner, saline, etc.
- Money belt or neck pouch
- Your AdventureWomen insulated bottle (good for hot or cold drinks!)
- Sunscreen and lip balm with SPF
- Mosquito repellent
- Hand wipes/hand sanitizer
- Toothbrush/toothpaste
- Soap, shampoo, and conditioner
- Small packet of tissues
- Tampons and panty liners (avoid plastic applicators)

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### Essentials Continued:

- Earplugs: We recommend Mack's Pillow Soft White Moldable Silicone Snore Proof Earplugs. Available at most drugstores or at [www.earplugstore.com](http://www.earplugstore.com)
- Assortment of stuff sacks and Ziploc bags
- 1-2 bandanas/Buff
- Reading material/journal and pens

### Personal First Aid Kit:

- Prescription medicine you usually take (in original containers)
- Personal epi pen (if you need one, don't forget to pack it!)
- Bandages, Gauze, Ace bandage, blister prevention
- Antiseptic wipes/spray
- Antibiotic ointment
- Cotton-tipped applicators
- Oral rehydration tablets/packets
- Antidiarrheal medication
- Mild laxative
- Antacid
- Cold remedies
- Ibuprofen/acetaminophen
- Eye drops
- Tweezers, scissors (travel size), safety pins

If you prefer to buy a complete kit, we recommend the Smart Travel first aid kit.

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is this trip right  
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### Cancellations and Refunds

Notification of cancellations must be received in writing. Full payment is due 90 days prior to departure date, and the registration deposit is non-refundable.

the important  
stuff

For cancellations received 61-90 days prior to the trip departure date: 50% of the total trip cost is non-refundable. For cancellations received 1-60 days prior to the trip departure date: 100% of the total trip cost is non-refundable.

how do I get  
there?

You are highly encouraged to purchase trip cancellation insurance to cover emergency situations. Travel insurance information will be sent to you once you have registered for your trip.

### Switching Trips

If for some reason you need to switch to a different trip, please call us and we will do our best to accommodate you.

pack your  
bags!

### No Smoking Policy

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen vacations.

### Health Insurance

You must have your own health insurance to participate in an AdventureWomen trip.

the fine print

### Adventure Travel Today

At AdventureWomen, we want everyone to understand that our excursions are adventure travel vacations and not "tours." We define "adventure travel" as travel in which one **actively participates**, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes vacations all over the world for women who want to **experience an active, out of the ordinary vacation, and meet new friends**. Most of all, we want our trips to be **fun!**

**good-natured realist and have a sense of humor!** Adventure vacations, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist, and not just as they would have preferred or expected them to exist. The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. **Being on time** is important, and contributes to the congeniality, success and well-being of both individuals and the group!

your adventure  
in depth

In this spirit, the successful adventure traveler should be a

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### your adventure in depth

#### DAY 1

Sunday  
10/28/18

### Arrive in Todos Santos

Welcome to Baja! Bordered by both the wild Pacific Ocean and the protected Sea of Cortez, this finger-like desert peninsula is a haven for exotic plants, birds and animals (both terrestrial and marine) and is home to friendly and welcoming people.

#### Pick-up and Transfer

You will be picked up at the San Jose del Cabo airport by your guide and transferred to your hotel.

#### Welcome Dinner

Enjoy a welcome dinner and group orientation this evening.

#### Accommodations

Los Colibris Casitas

#### Meals Included

dinner

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### your adventure in depth

#### DAY 2

Monday  
10/29/18

### Todos Santos

Todos Santos is an undiscovered gem, back-dropped by the Sierra de Laguna Mountains and rimmed with gorgeous beaches and lush gardens. It's an official Pueblo Magico, one of Mexico's 50 off-the-beaten-path towns known for their "magical ambiance."

- Morning Yoga** Enjoy an early morning yoga class on the sky deck. What better way to start your day than yoga overlooking the ocean?
- Horseback Riding** Todos Santos has 70 miles of pristine beach. Take in the beauty of a Baja landscape on horseback.
- Lunch** Enjoy lunch as a group.
- First Surfing Lesson** Take a surfing lesson today. No experience? No problem! Your instructors guarantee that you will stand up - at least for a moment - during your very first lesson!
- Mexican Cooking Class** Take a Mexican cooking class this evening. Start by learning to make the perfect margarita. Make sure you pay attention as you learn from the chef - you are making your own dinner!

#### Accommodations

Los Colibris Casitas

#### Meals Included

breakfast, lunch, dinner

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### your adventure in depth

#### DAY 3

Tuesday  
10/30/18

### Todos Santos to Isla Espiritu Santo

One of the most striking things about the Baja peninsula is the incredible juxtaposition of desert and sea, happy home to both cactus and seagull. Artists and photographers are lured here by the quality of light, marine sports enthusiasts come to enjoy the challenging fun above and below the surface of the inviting big blue sea, and the local residents enjoy a stress-free lifestyle, welcoming visitors who seek a multi-layered getaway.

#### Travel to Isla Espiritu Santo

Drive to La Paz, where you will get on a boat for your 90-minute ride to your exclusive camp on the beach. Wear your bathing suit this morning, just in case you get to swim along the way!

#### Afternoon Activities

After lunch, spend your afternoon kayaking or stand up paddle boarding exploring hidden lagoons and desert beaches. Take a late afternoon hike as a group to explore the area and enjoy the sunset!

#### Accommodations

Glamping on the Beach

#### Meals Included

breakfast, lunch, dinner

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### your adventure in depth

#### DAY 4

Wednesday  
10/31/18

### Isla Espiritu Santo

Jacques Cousteau once called the Sea of Cortez “the aquarium of the world” and “the Galápagos of North America.” About 39 percent of the world’s marine mammal species and 70 percent of the world’s marine cetacean species live or migrate through here, making this region one of the planet’s most bio-diverse ecosystems.

#### Swimming with Sea Lions

Swimming with sea lions is magical, with unforgettable nose-to-nose encounters. Grab some snorkel gear provided and jump in with them. If weather permits, you will also be able to swim with whale sharks.

#### Dinner

Enjoy a dinner from the camp kitchen and a relaxing night on the beach.

#### Accommodations

Glamping on the Beach

#### Meals Included

breakfast, lunch, dinner

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### DAY 5

Thursday  
11/1/18

### Isla Espiritu Santo

Spend the day on Isla Espiritu Santo. Go hiking to explore the lava rock formations and striking cliffs of the island and look for all of the strange birds in the air and curious animals on the mainland. When the time comes to get in the water, go for a swim, kayak, snorkel, or stand up paddle board.

Stand Up  
Paddle  
Boarding,  
Kayaking, or  
Snorkeling

Decide how you want to explore the sea just off of the coast of Isla Espiritu Santo. Take out a paddle board, throw on some snorkeling gear, or jump into a kayak. There's no wrong answer; this water has a way of never disappointing.

### Accommodations

Glamping on the Beach

### Meals Included

breakfast, lunch, dinner

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#### DAY 6

Friday  
11/2/18

### Isla Espiritu Santo to Todos Santos

Leave your beautiful glamping site on Isla Espiritu Santo and head back to Todos Santos.

#### Return to Todos Santos

Leave your camp and head back to Todos Santos.

#### Tour Historic Todos Santos

Tour the historic parts of Todos Santos. Visit local art galleries and do some last-minute shopping.

#### Farewell Dinner

Start your farewell dinner with a mezcal tasting. Reminisce over all of the memories you have made and celebrate the end of an incredible trip!

#### Accommodations

Los Colibris Casitas

#### Meals Included

breakfast, lunch, dinner

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### DAY 7

Saturday  
11/3/18

### Todos Santos and Depart

After a fond farewell and breakfast, say “hasta luego” to your guide and new friends!

#### Transfer to the Airport

Say goodbye to your new AdventureWomen friends as you transfer to the airport for your flights home.

Meals Included  
breakfast

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

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### Accommodation Details

#### Los Colibris Casitas

Los Colibris—The Hummingbirds—is located in Todos Santos, just a ten-minute walk from the area's beautiful beaches. The property features two big casas (houses) and two casitas (little houses). Each building is configured and decorated in a unique way. The accommodations all include a kitchen or kitchenette with appliances, a dining area, a balcony, porch or patio, ceiling fans, and lovely views of the Pacific Ocean and lagoon.

#### Glamping on the Beach

You will LOVE your base camp on one of the island's most beautiful beaches! It features walk-in safari-style tents with twin beds, mattresses, pillows, sheets, and lamps. The accommodations are so comfortable and beautiful that you won't want to leave. This is GLAMPING (glamorous camping) at its best! There is a kitchen tent where our on-site chef makes wonderful meals for you every day, and there is a separate tent for the sun showers. There are even little cabañas for the compost toilets.

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### Included/Not Included

#### Included:

- ▶ All hotel accommodations throughout the trip
- ▶ All meals as listed in the itinerary
- ▶ All ground transportation
- ▶ Fully-guided sightseeing as indicated in the itinerary
- ▶ English-speaking guides throughout the trip
- ▶ One AdventureWomen Ambassador

#### Not Included:

- ▶ International airfare to and from Baja
- ▶ Optional activities as listed in the itinerary
- ▶ Meals not specified in the itinerary
- ▶ Alcoholic beverages
- ▶ Fees for passports, visas, or immunizations
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Gratuities