

adventurewomen

THE DESTINATION IS JUST THE BEGINNING

# MADAGASCAR

## Artisans, Baobabs, and Lemurs



August 5 - 16, 2018

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## Artisans, Baobabs, and Lemurs

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### TRIP HIGHLIGHTS

- ▶ Search for lemurs, birds, chameleons and rare flora, found nowhere else on Earth
- ▶ Explore Tsingy de Bemaraha National Park with stunning rock formations only found in Madagascar
- ▶ Marvel at the fauna and baobab trees found in Kirindy Reserve
- ▶ Learn silk weaving and embroidery from local women
- ▶ Visit the Angavo Anjozorobe Protected Area to search for Madagascar's largest lemur

### QUICK VIEW ITINERARY

- Day 1: Arrive in Antananarivo, welcome dinner
- Day 2: Drive to Ambositra, spend the day learning about Zafimaniry woodcarvings
- Day 3: Learn about local silk weaving, enjoy lunch with a local family
- Day 4: Try your hand at embroidery with a local women's group, drive to Miandrivazo
- Day 5: Drive to the Kirindy Forest, enjoy sunset at the Avenue of the Baobabs
- Day 6: Experience the Kirindy Forest, enjoy a nocturnal visit this evening
- Day 7: Cross the Manambolo River on a barge on the way to Tsingy de Bemaraha
- Day 8: Explore the peculiar rock formations of Tsingy de Bemaraha National Park
- Day 9: Fly to Antananarivo, drive to Anjozorobe, relax at your camp
- Day 10: Search for the largest lemur in the Angavo Anjozorobe Protected Area
- Day 11: Visit Lemurs Park, home to nine lemur species, farewell dinner
- Day 12: Depart for the US

### TRIP PRICE

Main Trip: \$4,590

Optional Single Accommodations: \$650

Internal Air: \$300

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is this trip  
right for me?

We rate this trip as moderate. You should be able to walk comfortably for two to three hours at a time. We have a partnership with FitForTrips, a company that will design an individualized fitness plan for you to ensure that you are prepared for the trip. Visit <https://fitfortrips.com/partners/adventure-women/> for more information.

the important  
stuff

You should come with a flexible, adventurous, and enthusiastic spirit, and a wonderful sense of humor that adventure travel requires.

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there?

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bags!

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### Forms and Final Payment:

Once you book, you will need to fill out and return to AdventureWomen:

- Information Form
- Booking Conditions Form
- Copy of Flight Information
- Copy of Issuing Page of Passport (photo page)

Final payment is due to AdventureWomen in a cash form (check, money order, or wire transfer) on or before May 7, 2018.

### Passports and Visas:

Citizens of the United States must have a passport valid for six months beyond your travel dates with at least two blank facing pages. If you do not have a passport, please apply now!

You will need a tourist visa to enter Madagascar. You can either obtain your visa upon arrival at the airport, or you can apply for it prior to your trip. For more details, please visit <http://www.madagascar-embassy.org/en/tourist/>

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### Health Considerations:

Make an appointment with a travel clinic. There are no immunization requirements for travel to Madagascar, however your local travel clinic may have recommendations for you based on your age, health, and past vaccination history.

For more health information, go to [www.cdc.gov/travel](http://www.cdc.gov/travel) and navigate to the page about Madagascar.

### Money:

US Dollars are accepted in Madagascar, but you will likely want to exchange money for local currency when you arrive. Credit cards are not generally accepted beyond in a few large hotels, where there is generally a surcharge for credit card use of 3-4%. ATMs are in larger towns only.

### Suggested Gratuities (can be paid in US Dollars):

- ▶ Main guide: \$10 per day
- ▶ Drivers: \$5 per day
- ▶ National Park Guides: \$5 per day
- ▶ Hotel Staff: \$5 per day

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**Arrive:** Arrive at Ivato International Airport in Antananarivo, Madagascar (TNR) on August 5, 2018.

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**Depart:** Depart Ivato International Airport in Antananarivo, Madagascar (TNR) on August 16, 2018.

We are happy to help you make your flight and travel arrangements. Please contact us at:

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**(800) 804-8686 or (617) 544-9393**  
**email: [info@adventurewomen.com](mailto:info@adventurewomen.com)**

If you'd like to do anything prior to or following the AdventureWomen trip, we'd be delighted to help you arrange any trip extensions you're interested in.

pack your  
bags!

**Note:** The recent trend in travel is for travelers to finalize their plans much closer to departure time than was customary in the past. While we try to be as flexible as possible booking last-minute registrants, we must release hotel rooms two to three months prior to departure! Please keep this in mind when making your travel plans.

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**Packing Considerations:** April until mid-November is the dry season in Madagascar. From mid-June to mid-September, it is Madagascar's winter in the highlands; during the day, the temperature can rise to 65°F, but overnight it can get down to 41°F. On the coast it will be quite a bit warmer. Casual, comfortable clothing is recommended for this AdventureWomen trip.

There is no weight limit for the chartered flight, but please be sure to pack as lightly as possible as it is not a large plane.

### Clothing and Gear:

- Duffel bag or small suitcase
- Daypack
- Medium-weight, waterproof hiking boots (make sure they are broken in!)
- 2-3 pairs wool hiking socks
- 3-4 short sleeve shirts (quick dry recommended) -
- 1-2 long sleeve shirts (quick dry recommended)
- 1 medium weight fleece sweater/jacket for cool evenings
- 1-2 pairs of pants
- 1-2 pairs of shorts
- 1-2 sets of nicer clothes for dinner
- 1 bathing suit
- Waterproof jacket
- Hat for sun protection
- 5-7 pairs underwear
- 5-7 pairs of socks
- Comfortable walking shoes
- Sandals
- Sleepwear

### AdventureWomen Essentials:

- Travel documents (passport, airline tickets, money)
- 2-3 spare passport photos (in case of lost passport)
- Write down/print out travel insurance number
- Locks for your suitcase/duffel bag
- Travel alarm clock with spare batteries
- Headlamp or small flashlight with spare batteries
- Binoculars (8x40/42 models are excellent choices; center focus models are easiest)
- Digital camera, memory cards, battery charger
- Power adapters
- Sunglasses, case, and strap
- Spare glasses, contact lenses, cleaner, saline, etc.
- Money belt or neck pouch
- Your AdventureWomen insulated bottle (good for hot or cold drinks!)
- Sunscreen and lip balm with SPF
- Mosquito repellent
- Hand wipes/hand sanitizer

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### Essentials Continued:

- Toothbrush/toothpaste
- Soap, shampoo, and conditioner
- Small packet of tissues
- Tampons and panty liners (avoid plastic applicators)
- Earplugs: We recommend Mack's Pillow Soft White Moldable Silicone Snore Proof Earplugs. Available at most drugstores or at [www.earplugstore.com](http://www.earplugstore.com)
- Assortment of stuff sacks and Ziploc bags
- 1-2 bandanas/Buff
- Reading material/journal and pens

### Personal First Aid Kit:

- Prescription medicine you usually take (in original containers)
- Personal epi pen (if you need one, don't forget to pack it!)
- Bandages, Gauze, Ace bandage, blister prevention
- Antiseptic wipes/spray
- Antibiotic ointment
- Cotton-tipped applicators
- Oral rehydration tablets/packets
- Antidiarrheal medication
- Mild laxative
- Antacid
- Cold remedies
- Ibuprofen/acetaminophen
- Eye drops
- Tweezers, scissors (travel size), safety pins

If you prefer to buy a complete kit, we recommend the Smart Travel first aid kit.

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### Cancellations and Refunds

Notification of cancellations must be received in writing. Full payment is due 90 days prior to departure date, and the registration deposit is non-refundable.

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For cancellations received 61-90 days prior to the trip departure date: 50% of the total trip cost is non-refundable. For cancellations received 1-60 days prior to the trip departure date: 100% of the total trip cost is non-refundable.

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You are highly encouraged to purchase trip cancellation insurance to cover emergency situations. Travel insurance information will be sent to you once you have registered for your trip.

### Switching Trips

If for some reason you need to switch to a different trip, please call us and we will do our best to accommodate you.

pack your  
bags!

### No Smoking Policy

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen vacations.

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### Health Insurance

You must have your own health insurance to participate in an AdventureWomen trip.

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### Adventure Travel Today

At AdventureWomen, we want everyone to understand that our excursions are adventure travel vacations and not "tours." We define "adventure travel" as travel in which one **actively participates**, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes vacations all over the world for women who want to **experience an active, out of the ordinary vacation, and meet new friends**. Most of all, we want our trips to be **fun!**

**good-natured realist and have a sense of humor!** Adventure vacations, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist, and not just as they would have preferred or expected them to exist. The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. **Being on time** is important, and contributes to the congeniality, success and well-being of both individuals and the group!

In this spirit, the successful adventure traveler should be a

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### your adventure in depth

#### DAY 1

Sunday  
8/5/18

### Arrive in Antananarivo

Welcome to Antananarivo, the capital of Madagascar! Madagascar is the fourth-largest island in the World. You will be amazed by its biodiversity, home to some 2,300 species of plants and animals, many of which are found nowhere else on Earth! The island's greatest secret is also the most obvious - the warm and friendly people. The Malagasy are proud of their heritage and are keen to share their art, handicrafts, food, and music with travelers.

#### Pick-up and Transfer

You will be picked up at the Ivato International Airport by your guide and transferred to your hotel.

#### Welcome Dinner

Enjoy a welcome dinner and group orientation this evening.

#### Accommodations

Hotel Colbert

#### Meals Included

dinner

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#### DAY 2

Monday  
8/6/18

### Antananarivo to Ambositra

Ambositra is a small town recognized for its Zafimaniry woodcarvings and handicrafts. The Zafimaniry people are known for the typical wooden architecture of their houses, and their woodcarving knowledge and art was added to UNESCO's Intangible Cultural Heritage list.

#### Drive to Ambositra

Leave Antananarivo this morning and head for Ambositra. Enjoy lunch at a local restaurant along the way.

#### Visit the Handicrafts Workshops in Ambositra

The Zafimaniry are celebrated for their woodworking skills. Their homes are built entirely of wood without using any nails. Houses and other wooden household items are decorated with symbolic geometric patterns that blend Arab and Austronesian influences. The woodworkers use over 20 types of trees, each with their own specific properties and uses. Their woodworking style was formerly widespread across Madagascar but is now largely preserved only among this ethnic group.

#### Accommodations

Artisan Hotel

#### Meals Included

breakfast, lunch, dinner

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#### DAY 3

Tuesday  
8/7/18

### Ambositra to Antsirabe

Antsirabe is the third-largest city in Madagascar and is known for its relatively cool climate and the high concentration of pulled rickshaws or “pousse-pousse” in French.

#### Learn About Local Silk Weaving

Drive to the Manandriana area to learn about silk with local women. From the silk worm to a woven scarf, discover the art of transforming a cocoon of wire and different stages of silk weaving. You will see the different stages of silk weaving, cooking the cocoons, spinning, dyeing, and weaving. Try your hand on the loom!

#### Lunch

Join a local family for lunch.

#### Relax at Your Hotel

Drive to Antsirabe and relax at your hotel this evening.

#### Accommodations

Plumeria Hotel

#### Meals Included

breakfast, lunch, dinner

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#### DAY 4

Wednesday  
8/8/18

### Antsirabe to Miandrivazo

Miandrivazo is a small town on the Tsiribihina River. This sleepy town is home to farmers who grow rice, beans, and maize.

- Embroidery Lesson** This morning, you will visit an embroidery workshop led by local women. Spend some time with them to learn how to embroider tablecloths and bedding.
- Lunch** Enjoy some of the local cuisine in Antsirabe.
- Drive to Miandrivazo** Leave Antsirabe for Miandrivazo. This will be a 4.5 hour drive.

#### Accommodations

Princesse Tsiribihina

#### Meals Included

breakfast, lunch, dinner

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#### DAY 5

Thursday  
8/9/18

### Miandrivazo to Kirindy Forest

Kirindy Forest is a private reserve in Madagascar and is one of the only locations where the endangered giant jumping rat can be seen. The animal hops like a miniature kangaroo, but can also be seen walking on all four limbs.

#### Drive to Kirindy

Leave Miandrivazo and head to Kirindy Forest in four-wheel drive vehicles - lemurs await you tomorrow! This drive is about six hours.

#### Avenue of the Baobabs

Before you arrive at your hotel, stop at the Avenue of the Baobabs to enjoy the sunset. These giant trees are a remarkable sight in the orange glow of the evening light.

#### Accommodations

Le Realis du Kirindy

#### Meals Included

breakfast, lunch, dinner

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#### DAY 6

Friday  
8/10/18

### Kirindy Forest

Madagascar is world-famous for its lemurs. Lemurs are primates that look something like a cat crossed with a squirrel and a dog. These animals are unique to the island and display a range of interesting behaviors. Madagascar's lemurs — isolated from evolutionary changes of the world — radiated into the large island's many niches without much competition or predation. Today, lemurs are found in virtually all of Madagascar's ecosystems and share some of the social and behavioral characteristics of monkeys, including forming social groups, eating fruit and vegetation, and being active during the day.

#### Explore Kirindy Forest

Spend today exploring this area. The Kirindy Forest Reserve protects the dry deciduous forests, which are home to the giant jumping rat, as well as seven species of lemurs, the fosa (the only predator of lemurs), and endemic reptiles.

#### Nocturnal Visit

Spend some time viewing nocturnal species tonight - a rare opportunity!

#### Accommodations

Le Realis du Kirindy

#### Meals Included

breakfast, lunch, dinner

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#### DAY 7

Saturday  
8/11/18

### Kirindy Forest to Tsingy de Bemahara

There are nine species of the baobab tree found in the world, and six of them are found in Madagascar. Baobabs are often referred to as “upside-down trees”, due to the root-like appearance of their tangled branches.

#### Drive to Tsingy de Bemahara

Today your four-wheel-drive vehicles are waiting to take you to Tsingy of Bemaraha National Park. This is a true adventure - you will be on rough roads for about six hours. Enjoy lunch at a local restaurant along the way. At the end of your drive through remarkable, relatively untraveled countryside, you'll cross the River Manambolo and arrive at your hotel.

#### Accommodations

Soleil des Tsingy

#### Meals Included

breakfast, lunch, dinner

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#### DAY 8

Sunday  
8/12/18

### Tsingy de Bemaraha

The Tsingy de Bemaraha National Park is a national park located in the Melaky Region, northwest Madagascar, centered on two geological formations: the Great Tsingy and the Little Tsingy.

#### Explore the Park

The Tsingy are a very peculiar rock formation, which only exist in Madagascar. They are limestone pinnacles, formed by the slow sedimentation of coral and shell along with the effects of wind and water. The Tsingy have been forming since Madagascar separated from the mainland of Africa 165 million years ago. These strange “cathedral like” peaks can tower several hundred meters high. These “stone forests” contain caves, underground rivers, and canyons, where bats, lemurs, birds, and a specific flora have adapted.

Explore this remarkable national park, and enjoy a picnic lunch along the way.

#### Rest at Your Hotel

After a full day exploring this unique area, spend some time relaxing at your hotel.

#### Accommodations

Soleil des Tsingy

#### Meals Included

breakfast, lunch, dinner

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#### DAY 9

Monday  
8/13/18

### Tsingy de Bemaraha to Anjozorobe

The Anjozorobe-Angavo protected forest is home to numerous species of fauna and flora, and it is also rich in medicinal and endemic plants. The largest lemur in Madagascar can be seen here.

#### Fly to Antananarivo

Take a charter flight to Antananarivo this morning.

#### Head to Anjozorobe

Drive about two and a half hours to Anjozorobe. Settle in at your charming forest lodge and enjoy the surroundings.

#### Accommodations

Saha Forest Camp

#### Meals Included

breakfast, lunch, dinner

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#### DAY 10

Tuesday  
8/14/18

### Angavo Anjozorobe Protected Area

The Indri indri is one of the largest living lemurs, with a head and body length of 25-28 inches and a body weight of 13 to 21 pounds. This lemur is respected by locals, and plays an important part in local myths and legends.

#### Explore the Forest

Take a full day to explore this ecologically diverse area. Search for lemurs and other mammals, and enjoy learning about the diverse plantlife, including rare orchids.

#### Accommodations

Saha Forest Camp

#### Meals Included

breakfast, lunch, dinner

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DAY 11

Wednesday  
8/15/18

Accommodations

Colbert Hotel

Meals Included

breakfast, lunch, dinner

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### Anjozorobe to Antananarivo

Leave the countryside this morning and head back to Antananarivo, Madagascar's capital.

#### Drive to Antananarivo

Drive to Antananarivo this morning, about two and a half hours.

#### Lemurs Park

Head to Lemurs Park, a private reserve that was created in 2001 to protect and educate the public about the different lemur species in Madagascar. The long-term goal is to reintroduce them into their natural environments. The park is home to nine species of diurnal and nocturnal lemurs, and has more than 70 plant species so the lemurs can feed on leaves or insects in addition to the fruit and vegetables they are given by the park.

#### Farewell Dinner

Have a farewell dinner with your new AdventureWomen friends. Reminisce over all of the memories you have made and celebrate the end of an incredible trip!

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### DAY 12

Thursday  
8/16/18

### Antananarivo and Depart

Enjoy one last morning in Antananarivo before departing for the US.

#### Transfer to the Airport

Say goodbye to your new AdventureWomen friends as you transfer to the airport for your flights home.

Meals Included  
breakfast

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

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### Accommodation Details

- Colbert Hotel** The Colbert Hotel shines at the heart of Antananarivo, the capital of Madagascar. Situated in the city center, its privileged location will impress you with its panoramic view of the city.
- Artisan Hotel** This small, basic hotel is a perfect place to stay in Ambositra. You'll enjoy the woodcarvings around the property as well as the simple but excellent local cuisine.
- Plumeria Hotel** Plumeria Hotel has a lovely terrace and a shared lounge. These comfortable rooms have all of the essential amenities. There is even a spa on site.
- Princesse Tsiribihina** Enjoy your comfortable room with a private terrace, the large garden, and the stunning swimming pool with a perfect view to watch the sunset.
- Le Realis du Kirindy** The bungalows at Relais du Kirindy are all on raised decks and set a short walk from the main area of the lodge. En-suite bathrooms are found at the rear of each room, and a shaded deck is at the front. The main part of the lodge is reminiscent of an upmarket safari lodge, with a large pool and deck area as well as an open-plan lounge, dining room, and bar area.
- Soleil des Tsingy** Nestled at the heart of a well-preserved natural area, the Soleil des Tsingy Hotel is the ideal base for an extraordinary stay in the Tsingy of Bemaraha. Enjoy the infinity pool, a wide choice of menus at the restaurant, a dramatic view of the Manalambo river, and the stunning sunset, while you appreciate one of the most impressive and unique natural views in the world.
- Saha Forest Camp** This simple yet comfortable camp has ten tented bungalows, each with a large balcony. Admire the lush green landscape from your terrace or while enjoying your meal at the restaurant.

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### Included/Not Included

#### Included:

- ▶ All hotel accommodations throughout the trip
- ▶ All meals as listed in the itinerary
- ▶ All ground transportation
- ▶ Fully-guided sightseeing as indicated in the itinerary
- ▶ English-speaking guides throughout the trip
- ▶ Bottled water during all drives and excursions
- ▶ Snacks in the vehicles
- ▶ One AdventureWomen Associate

#### Not Included:

- ▶ International airfare to and from Madagascar
- ▶ Domestic airfare
- ▶ Optional activities as listed in the itinerary
- ▶ Meals not specified in the itinerary
- ▶ Alcoholic beverages
- ▶ Fees for passports, visas, or immunizations
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Gratuities