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FALL(ing) into WINTER | Problems viewing this email? [Click Here.](#)



AdventureWomen - First and Still the BEST - Since 1982.

October/November 2015

FALL(ING) INTO WINTER

2015 Fall Roundup

Bringing the 2015 season almost to a close, we'd like to share with you some special moments, photographs, videos and participant reviews from 3 of our Western adventures: hiking & rafting in spectacular SE Utah; our new and unique California Gold adventure; plus canoeing & glamping in the footsteps of Lewis and Clark on Montana's Missouri River.

Ciao Bella Blog: Health Tips & Getting Active Around Climate Change

We hope you enjoy reading two very thought provoking articles. How might climate change affect your future travel plans, and is there really anything that you can personally do about it? At AdventureWomen, promoting a healthy lifestyle is something we believe strongly in, and that staying healthy and active is a conscious state of mind. Are you maximizing that to your fullest?

Get Ready for Winter!

Although it's been a warm Autumn in most parts of the country, there is no doubting that winter is right around the corner! Two of our most popular early winter adventures, in our own backyard, are well on their way to being filled. Come join us at the BEST (and most inclusive) Women's Downhill Ski Clinic in the U.S.A., or explore the surreal winter majesty in the world's first national park, Yellowstone, during this one-of-a-kind, very special itinerary.

2015 FALL ROUND UP

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Photo Gallery: 2015 Hiking & Rafting SE Utah's National Parks

In October 2015, AdventureWomen headed to Southeast Utah for a week of rafting and hiking. We spent three days rafting on the Colorado River thru Westwater Canyon, and then explored Canyonlands National Park, Arches National Park,... [Read more.](#)

Watch the Video: 2015 "California Gold" Adventure Vacation

Our brand new, October 2015 Northern California adventure tour took



us “behind the scenes” on a unique, private (and chauffeured) journey to San Francisco, Lake Tahoe, and Napa Valley’s Wine Country. We visited California’s best horticulture... [Read more.](#)



Canoeing Montana's Missouri River: What Adventure Women Are Saying

Here are some traveler reviews of our September 2015 Lewis & Clark Canoeing and Glamping adventure vacation on Montana's Missouri River! AdventureWomen participants spent five days/four nights on this iconic river in Montana and traveled... [Read more.](#)

CIAO BELLA BLOG

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Climate Change in 2015: How Will It Affect Your Travel Plans?

As we head toward the global climate change meetings to be held in Paris in early December 2015 by the countries which are part of the Kyoto Protocol (the international treaty extending the 1992 United... [Read more.](#)



Women: Be Daring But Be Healthy - 10 Tips

At AdventureWomen, we believe in helping women maintain a healthy and active lifestyle. We want our women travelers to be both daring ...and healthy. Here are 10 tips for women about healthy habits they can... [Read more.](#)

GET READY FOR WINTER!

[Read More](#)



The BEST Women's Downhill Ski Clinic

AdventureWomen invites you to join us in January 2016 for a week-long skiing vacation for women in Montana with top downhill ski instruction to discover, OR rediscover, the pure joy of a ski trip just... [Read more.](#)



Yellowstone Winter Wonderland

What could be more dramatic than Yellowstone National Park in the winter? Join us in January 2016 for billowing geysers, frosted landscapes, frozen waterfalls, abundant wildlife, and surreal snowscapes in the magical world of winter... [Read more.](#)

ABOUT THE AUTHOR

[Read More About Susan](#)

Thanks for Reading



I hope you've enjoyed reading our E-Newsletter and exploring our website. The world is waiting for you to create your own personal journeys of the heart!

A handwritten signature in orange ink that reads "Susan Eichst".

"I especially enjoyed the opportunity to connect with wonderful women from all over the country, all of us on the same page and having the goal to enjoy every aspect of this diverse adventure." California Gold, October 2015

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