

2016 is Here! | Problems viewing this email? [Click Here.](#)



AdventureWomen - First and Still the BEST - Since 1982.

September 2015

2016 IS HERE!

Watch Our 2016 3D Video

We are so excited about AdventureWomen's 16 worldwide adventure travel destinations for 2016 that we made a short 3D video for you to watch. Pick out YOUR trip, and go to our website to see all the photos and details.

Botswana Safari - Live Your Dream!

Our Botswana Africa Wing Safari is beyond expletives! It's a once-in-a-lifetime, live-your-dream safari that also includes Victoria Falls, one of the Wonders of the World.

Are You Stressed?

Busy summer? Back to school? Dog having surgery? Holidays are coming! Moving? Read our 5 tips on how to reduce your stress level. They of course include planning a trip and then looking forward to it all year long!

By now, those of you on our mailing list have gotten our colorful 2016 brochure. We hope you enjoy reading it! You can also go to our website and download a copy of it on our homepage.

WATCH OUR 2016 3D VIDEO!

[Read More](#)



Preview Video: AdventureWomen's 16 Adventure Travel Trips for 2016!

To help you get excited about AdventureWomen's 16 worldwide adventure travel trips offered in 2016, we know you'll have fun watching our short 3D video. We sure had so much fun creating this! (And don't... [Read more.](#))

BOTSWANA SAFARI - LIVE YOUR DREAM!

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Botswana Wing Safari: What Adventure Women Are Saying



AdventureWomen travelers are passionately (and hopelessly) obsessed with Africa and its many treasures. Here are a few comments and photos from one of our Botswana "Wing" Safaris. "Forget wonderful or awesome. This trip is beyond... [Read more.](#)



Reflections on AdventureWomen's Botswana "Wing" Safari

by Susan L. Eckert, President, AdventureWomen Inc. "How can I put into words what I have seen and felt on this trip?" "How can I possibly describe my trip to anyone?" "Pictures just don't do... [Read more.](#)

ARE YOU STRESSED?

[Read More](#)



5 Things Women Can Do in 2015 To Reduce Their Stress

Did you know that September is the month in which women experience the highest stress? Well it's true! Coming on the heels of summer vacations (now mostly squeezed into August due to the need to... [Read more.](#)

ABOUT THE AUTHOR

[Read More About Susan](#)



Thanks for Reading

I hope you've enjoyed reading our E-Newsletter and exploring our website. The world is waiting for you to create your own personal journeys of the heart!

Susan Eckert

"I haven't been EVERYWHERE, but it's on my list... - Susan Sontag

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