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AdventureWomen - First and Still the BEST - Since 1982.

May 2014

## TIGERS, NEW TRIPS & MOMS

**Happy Mother's Day!** In honor of this day celebrating mothers everywhere, read in Ciao Bella about two Mother-Daughter AdventureWomen teams who traveled together in Italy and Poland. Also enjoy our BEST of Chile photo album from our most recent adventure. And discover our definition of “the Ultimate Spring Fling”!

Our featured trip this month is **Nepal's Himalayas - Annapurna Lodge Trek to the "Gates of Heaven"**. Through the years we've developed a low altitude (7,500 ft), comfortable (lodge-based with hot showers!), and less physically challenging trek (women porters carry your gear) that is perfect for women who want to explore Nepal's splendors and culture. With a 2 day float trip on the beautiful Seti River in luxurious safari-style tented camps, and a stay in Royal Chitwan Park to safari by elephant back in the world's best habitat for Bengal Tigers, this trip has it ALL! Visit Ciao Bella to learn some “fun facts” about this fascinating country...

See our next four **2015 Trip Previews** and get on the Earlybird Lists today!

## HAVEN'T PLANNED YOUR 2014 GETAWAY?

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### Hike Glacier National Park

In a remote corner of northwestern Montana deep in the Rocky Mountains lies an area of unparalleled scenic beauty: Glacier National Park. Recognized as one of the most outstanding wilderness parks in the world, Glacier... [Read more.](#)



### Camino de Santiago Hike in France

Centuries ago, religious pilgrims walked the Camino de Santiago de Compostela, or “The Way of St. James”, as a spiritual journey or as penance, decreed by the Catholic Church, for certain crimes. While The Way... [Read more.](#)



### The Nature of Israel

NEWSFLASH! AdventureWomen's Nature of Israel trip is featured in SmarterTravel's "10 Best New Adventure Travel Trips of 2014". This adventure tour to Israel, just for women, is like no other you will ever find! Long... [Read more.](#)



### Tanzania: A Tented Safari in Africa

There are 2 departures for this Tanzania Safari in 2014. Trip #1 is September 12th – 23rd, 2014 (trip filled) and Trip #2 is September 25th – October 6th, 2014. We have ONE SPACE available... [Read more.](#)



### The Splendors of Bhutan

An adventure travel trip to Bhutan, a tiny Himalayan Kingdom, may become one of the most remarkable travel experiences of your life! Tucked into the eastern Himalayas between China and India, the Buddhist kingdom of... [Read more.](#)



### Nepal Trekking in the Himalayas

Images of Nepal, its towering mountains and verdant valleys, its ancient cities, villages and exotic peoples, fascinate the world. Through the years AdventureWomen has developed a low altitude, comfortable, and less physically challenging Nepal trekking... [Read more.](#)

## NEW & EXCITING ON CIAO BELLA!

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### Celebrating Mothers Everywhere

In honor of Mother's Day, we would like to share two of our favorite AdventureWomen Mother-Daughter stories from a couple of our favorite trips: Why Turning Into Your Mother Might be a GOOD Thing! AdventureWomen... [Read more.](#)



### Trekking in Nepal: What AdventureWomen Are Saying

Here are some fun Nepal travel reviews from guests on our recent Nepal trekking adventure: "I loved the Nepal trip. The trekking was off the charts exhilarating and Stacey, our AdventureWomen Associate was beyond words..... [Read more.](#)



### Photo Gallery: "Best of Chile – Easter Island" Adventure Vacation

AdventureWomen's "BEST of Chile" adventure vacation in April 2014 was just fantastic! Our journey began just outside Santiago in Chile's outstanding wine region, the Colchagua Valley. We hiked through vineyards, experienced wine-tastings at top Chilean... [Read more.](#)



## AdventureWomen's Recipe for the "Ultimate Spring Fling"

Well it's FINALLY Spring (at least according to the calendar – if not the weather) and I'm sure you could probably use a spring fling to take your mind off doing your taxes, spring cleaning... [Read more.](#)

## THE 4 NEWEST 2015 TRIP PREVIEWS!

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### Lewis & Clark Canoeing & "Glamping" on the Missouri

Grab a paddle and hop aboard one of our replica 34-foot voyageur canoes in September of 2015 to follow the Lewis and Clark Expedition Trail along Montana's Missouri River. On this canoeing trip just for women, ... [Read more.](#)



### Alaska Bear Viewing & Wildlife Safari

AdventureWomen's Alaska Bear Viewing & Wildlife Safari on the Kenai Peninsula, south central Alaska, takes you on an Alaska adventure deep into grizzly bear territory where most don't have the opportunity to venture. An Alaska... [Read more.](#)



### Hiking Slovenia: Intoxicating Alps & Old World Charm

Our September 2015 adventure vacation to Slovenia combines visually-stunning hikes in the Julian Alps with visits to Triglav National Park, the delicious and diverse Slovenian cuisine and learning about Slovenia's fascinating history and culture. Known as... [Read more.](#)



### California Gold: The Ultimate Food, Wine & Outdoor Adventure

This NEW AdventureWomen adventure in Northern California takes us "behind the scenes" on a unique, private (and chauffeured) journey to San Francisco, Napa Wine Country and Lake Tahoe. We visit California's best horticulture and viticulture centers... [Read more.](#)

## ABOUT THE AUTHOR

[Read More About Susan](#)

### **Thanks for Reading**

I hope you've enjoyed reading our E-Newsletter and exploring our website. The world is waiting for you to create your own personal journeys of the heart!



*Susan F. Eckert*

Mother's Day Fun Facts: Some tribes of people, like the Assam in Africa, don't call themselves families. They call themselves "maharis", or "motherhoods". Chinese family names are often formed (begin) with a sign that means "mother". It's a nice way of honoring their moms long past. There are more phone calls made on Mother's Day than on any other day of the year.

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