



adventurewomen

THE DESTINATION IS JUST THE BEGINNING



CELEBRATING OVER  
**35 YEARS**  
OF AMAZING JOURNEYS

# adventurewomen

THE DESTINATION IS JUST THE BEGINNING

## Our Commitment to You in 2019

- Travel to 22 exciting and fascinating destinations (where the destination is just the beginning) — all you have to do is show up
- Small, intimate groups of women on each trip (up to a maximum of 14)
- An AdventureWomen Ambassador as well as a local guide on every trip to ensure you are well taken care of
- “Women-to-women” cross-cultural experiences where you meet local chefs, artisans, and community leaders
- Delicious culinary opportunities, from cooking classes to “lunch with a local”, and the best in local accommodations
- Single room options for you on most departures
- Private journeys available with customized itineraries created just for you and your small group of friends



Dear Adventure Women,

Over the past year, our team has traveled with so many amazing AdventureWomen. Since 2016, we've enjoyed connecting with our guests on nine AdventureWomen trips from Sri Lanka to Russia and Costa Rica to Japan. We've hiked, ziplined, snorkeled, and rafted our way through some fascinating destinations and enjoyed unique cultural experiences. Best of all, we've shared our lives and many laughs with you. Thank you for being one of the many interesting and inspiring women who travels with AdventureWomen.

Our goal, as it has always been, is to encourage you to explore the world, to stretch your mind and body, to enrich your knowledge, and to be curious and excited about what's around the corner and over the next hill. There's just no question about it - the dynamic of an all-women's group traveling together is both different and very special. Our company motto "the destination is just the beginning" says it all. The riches you bring back from these experiences shared with other women are truly priceless.

We hope you will join us on an AdventureWomen trip in 2019. Whether it's your first trip or your 15th, whether you come solo or with family or friends, and whatever destination and set of active adventures you choose, we promise you, it will be an experience of a lifetime. Traveling with AdventureWomen just might even become a habit!

Come along, Adventure Women!

Nicole, Emily, Judi, Eliza, and Erica

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## From Our Advisory Board



"I've been on countless group travel experiences but the camaraderie on an AdventureWomen trip is unparalleled. No pretenses, no fuss, it's just real. The group dynamic almost outshines the destination itself! AW has given me the opportunity to make lifelong connections and dear memories that always make me smile."

—Ali



"There is a spirit of camaraderie with AdventureWomen groups that I have not felt with other travel companies. Everyone along the way comments on the positive group dynamic of women on AW trips! Beyond participating in wonderful and challenging new experiences, there is such comfort in knowing one is an integral part of a fantastic group of women!"

—Annie



"When I travel with AdventureWomen I know it is going to be fun! It is going to be well organized, and I am going to meet some pretty amazing women who care for each other. Every trip I have done, there is a bond formed early, friends made, and the hardest part of the trip is saying goodbye to these new friends."

—Stacey



"Women should travel with AdventureWomen because of the well-planned and well-executed itineraries led by knowledgeable guides which encompass an amazing range of activities. Being able to pretty much just show up and have all the details taken care of allows you to truly enjoy the experience, focus on challenging yourself and bonding with likeminded strong and interesting women. For me adventure travel is a way to enrich my life, reward myself, and experience other cultures and AdventureWomen gives me an incredible opportunity to do that!"

—Leigh



"AdventureWomen is my go to choice for travel. I have been traveling with them since 2005, and they always deliver a top quality experience. In addition to really experiencing other cultures, along with the nature and wildlife of other areas of the world, I have made some life long friendships."

—Ellen



# New for 2019!

## Mother-daughter trips to Iceland & Baja

Mother-daughter bonds are so special! We're offering two multi-generational opportunities for you to create some new ones in 2019 in Iceland or Baja, Mexico!

## YOU, AS OUR GUESTS, TELL US THAT YOU VALUE...

- Pushing yourself to try new things and discovering that you actually like rafting, ziplining, and swimming with sea lions
- The things you learn about yourself, about your destinations (from history to culture to cuisine), and your fellow women travelers
- How everything is taken care of from x to y (and you don't have to do any of the planning)
- The friends you make on AdventureWomen trips. Some for a trip. Many—for a lifetime
- AdventureWomen's Ambassadors because they're knowledgeable, friendly, funny, and totally on top of things
- The experience of world travel with other women—it is empowering!
- Daring to go to places you might not have tried on your own and feeling triumphant knowing that you did

JOIN US ON



## Challenge Yourself!

Do you love a challenge? Like to train to reach a milestone or athletic goal? We're offering opportunities to do just that! Trekking to Everest Base Camp, biking in Puglia, Italy, and hiking the Salkantay trail to Machu Picchu in Peru. Join us!



# 2019 ADVENTURE CALENDAR

Activity Level | Moderate | Active | High Energy | Challenging |  
▲ | ▲▲ | ▲▲▲ | ▲▲▲▲

## January 27 - February 2

**Montana:** Downhill Skiing Clinic at Bridger Bowl  
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## February 3 - February 9

**Yellowstone:** A Dramatic Winter Wonderland  
▲▲ (with High Energy Options)

## February 3 - February 10

**Baja:** Whale Watching, Glamping, Kayaking, & Snorkeling  
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## February 16 - February 23

**Baja:** A Mother-Daughter Adventure  
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## February 23 - March 5

**Vietnam:** Culture, Cuisine, Boating, & Biking  
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## March 15 - March 23

**India:** Festival of Colors, Culture, & Palaces  
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## March 17 - March 29

**Morocco:** Sahara Sands, Markets, & Cuisine  
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## March 24 - March 31/April 5

**Australia:** Hike the Overland Track in Tasmania  
Optional Extension through April 5  
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## April 7 - April 13

**British Virgin Islands:** Sailing, Snorkeling, & Sea Life  
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## April 14 - April 30

**Nepal:** Trekking to Everest Base Camp  
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## April 28 - May 6

**Italy:** Cycling Puglia - A Biker's Delight  
▲▲▲ High Energy Biker

## May 20 - May 29

**Tanzania:** Exploring The Secret Serengeti on Safari  
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## May 29 - June 7

**Tanzania:** Exploring The Secret Serengeti on Safari  
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## May 30 - June 9

**Botswana:** A Wildlife Safari in Southern Africa  
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## June 8 - June 15

**Alaska:** A Bear Viewing & Kenai Wilderness Odyssey  
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## June 15 - June 21

**Iceland:** A Mother-Daughter Adventure  
▲▲

## June 15 - June 25

**Peru:** Discover Machu Picchu and the Amazon  
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## July 14 - July 20

**Iceland:** Adventure in the Land of Fire and Ice  
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## August 4 - August 10

**Canadian Rockies:** The Ultimate Active Outdoor Adventure  
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## August 17 - August 25

**Galapagos Islands:** Wildlife Cruise by Private Yacht  
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## August 29 - September 6

**Idaho:** Rafting the Middle Fork of the Salmon River  
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## August 31 - September 8

**Galapagos Islands:** Wildlife Cruise by Private Yacht  
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## September 1 - September 9

**Spain:** Hiking the Portuguese Way on the Camino  
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## September 8 - September 22

**Russia:** Adventure On The Trans-Siberian Railway  
▲ (with Active Options)

## September 15 - September 23

**Spain:** Hiking the Portuguese Way on the Camino  
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## October 6 - October 15

**Patagonia:** Torres del Paine to Santiago  
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## October 12 - October 21

**Patagonia:** Torres del Paine to Santiago  
▲▲▲

## October 13 - October 23

**Peru's Machu Picchu:** Lodge-to-Lodge Trek via the Salkantay Route  
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## October 21 - October 30

**Tanzania:** Exploring The Secret Serengeti on Safari  
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## October 23 - November 5

**Nepal:** Low-Altitude Trekking, Rafting, & Wildlife  
▲▲▲ (with 2 Challenging Days)

## December 6 - December 17

**Bhutan:** Buddhist Temples & Himalayan Vistas  
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## WHY DO WOMEN TRAVEL WITH US?

### Friendship & Fun

Camaraderie. Laughter. Nonjudgmental freedom to just be yourself. Launch lifelong friendships.

“After my first trip with AdventureWomen I recognized the complete restorative effect of traveling in the company of like-minded women.”  
—Dede N.

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### Unique & Unexpected

Be a traveler not a tourist. Venture out and explore. Meaningful adventures that become personal stories. No planning required.

“As I snowshoed across beautiful, pristine, snow covered meadows, I felt completely empowered. I never thought I would be doing something like this. At that moment, I felt like I could do anything.”  
—Deborah F.

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### Mind & Body

Take a risk. Challenge yourself. Learn a new sport or about a new culture. Build confidence. Discover you are capable of more.

“Falling out of a plane during my first skydive experience, incredible fear that became attached to exhilaration, and the realization that I accomplished my goal.” —Nadine C.

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### Insights & Inspiration

Travel teaches us we are all one. Rediscover what is truly important. Refresh, revive, & relax.

“My Bridger Bowl ski instructor asked us if we smelled the pine trees as we skied the powder. This resonated with me so much as it was a moment when all my senses were alive and inspired and yes...I had smelled the pines as we silently skied through!” —Annie C.

# 2018 TRIPS

**JUNE 17 - JUNE 24**  
SCOTLAND: HIKING SCOTTISH HIGHLANDS & THE COAST  
PRICE: \$5,290 | ▲▲▲

**JUNE 23 - JUNE 30**  
ICELAND: THE LAND OF FIRE & ICE ON HORSEBACK  
PRICE: \$5,990 | Intermediate-Experienced Riders

**JUNE 24 - JULY 6**  
INDONESIA: CULTURE, BEACHES, ORANGUTANS, & DRAGONS  
PRICE: \$4,995 | ▲▲

**JUNE 30 - JULY 7**  
PACIFIC NORTHWEST: REDWOODS, RIVER RAFTING, & CRATER LAKE  
PRICE: \$4,790 | ▲▲▲

**AUGUST 5 - AUGUST 16**  
MADAGASCAR: ARTISANS, BAOBABS, & LEMURS  
PRICE: \$4,590 | ▲

**AUGUST 15 - AUGUST 21**  
BAY OF FUNDY: WHALES, TIDES, & THE "GREATEST FIRST LADY"  
PRICE: \$4,990 | ▲▲

**SEPTEMBER 8 - SEPTEMBER 18**  
MT. KILIMANJARO: A CLASSIC TREK TO THE ROOF OF AFRICA  
PRICE: \$6,065 | ▲▲▲▲  
Extension Safari: Sept 18-23 (\$3,590)

**SEPTEMBER 23 - OCTOBER 5**  
MOROCCO: SAHARA SANDS, MARKETS, & MEDITERRANEAN FEASTS  
PRICE: \$5,990 | ▲

**OCTOBER 12 - OCTOBER 22**  
COLOMBIA: CUISINE, WHITEWATER, & ANTIQUITIES  
PRICE: \$4,590 | ▲▲▲

**OCTOBER 28 - NOVEMBER 3**  
BAJA: SEA OF CORTEZ SNORKELING, SURFING, & SEA LIONS  
PRICE: \$3,290 | ▲▲

**NOVEMBER 5 - NOVEMBER 15**  
CHILE: BIKING, FINE WINES, & EASTER ISLAND  
PRICE: \$5,990 | ▲▲▲

**1 | MONTANA**  
DOWNHILL SKIING CLINIC AT BRIDGER BOWL  
JANUARY 27 - FEBRUARY 2



- BEST all-inclusive women's downhill ski package in the US!
  - Wonderful single accommodations in a private hotel room
  - World-class alpine skiing in incredible snow at beautiful Bridger Bowl outside Bozeman, Montana with over 1,200 acres of snow skiing for all levels and no crowds or lift lines
  - Expert women ski instructors, small group lessons and guided afternoon skiing for all ability levels in our ski school and women's ski clinic
  - Helpful video critiques from your instructor that constructively helps you improve your downhill skiing skills and confidence
- PRICE: \$2,990 (Land Only) | ▲▲▲

**2 | YELLOWSTONE**  
A DRAMATIC WINTER WONDERLAND  
FEBRUARY 3 - FEBRUARY 9



- Snowshoe snow-covered landscapes
  - Experience the thrill of driving your own dogged team
  - Experience natural winter wonders that exist in no other place on earth
  - Glide by sleigh beneath a star-dotted Montana sky
  - Snowcoach into the Park to observe wolves, bison, elk, coyotes, and more!
- PRICE: \$3,450 (Land Only) | ▲▲ (with High Energy options)

**3 | BAJA**  
WHALE WATCHING, GLAMPING, & SNORKELING  
FEBRUARY 3 - FEBRUARY 10  
A MOTHER-DAUGHTER ADVENTURE  
FEBRUARY 16 - FEBRUARY 23



- Get up close to wildlife where the desert meets the sea
  - Paddle board and ride the waves during a surfing lesson
  - Learn to make tortillas in a Mexican cooking class
  - Snorkel with sea lions and explore hidden lagoons by kayak
  - Observe mother and baby whales in Magdalena Bay
- PRICE: \$3,590 (Land Only) | ▲▲

**4 | VIETNAM**  
CULTURE, CUISINE, BOATING, & BIKING  
FEBRUARY 23 - MARCH 5



- Pedal your bike along the narrow streets of Hanoi and enjoy lunch in a local home
  - Visit the Cúc Handmade project, a local organization helping Thai women earn a living wage
  - Cruise and kayak in Ha Long Bay and Bai Tu Long Bay
  - Dive into the flavors of Vietnam during a morning cooking class
  - Discover the biodiversity of the Mekong Delta in the Can Gio UNESCO Biosphere Reserve
- PRICE: \$4,990 (Land Only) | ▲▲

**5 | INDIA**  
FESTIVAL OF COLORS, CULTURE, & PALACES  
MARCH 15 - MARCH 23



- Play Holi and become (temporarily) tie-dyed from head to toe in the charming city of Udaipur!
  - Explore the hustle and bustle of Delhi bazaars on a bicycle rickshaw
  - Marvel at sunset and sunrise at the Taj Mahal, one of the Seven Wonders of the World
  - Take in a show at the Amber fort followed by a special Rajasthani dinner at the Fort's exclusive restaurant
  - Perfect the art of cooking an Indian dish in Jaipur
- PRICE: \$4,990 (Land Only) | ▲

**6 | MOROCCO**  
SAHARA SANDS, MARKETS, & CUISINE  
MARCH 17 - MARCH 29



- Spend time with artists at a women's textile cooperative in Sefrou
  - Ride a camel in the Sahara Desert to a luxurious tented camp
  - Learn the village social structure and local agriculture of the Berbers while making traditional tea
  - Explore the labyrinth of the Fes Medina, meeting local craftspeople, and enjoying local cuisine
  - Visit Kasbah Ait Ben Haddou, a UNESCO World Heritage Site
- PRICE: \$5,990 (Land Only) | ▲

**7 | AUSTRALIA**  
HIKE THE OVERLAND TRACK IN TASMANIA  
MARCH 24 - MARCH 31  
OPTIONAL EXTENSION  
MARCH 31 - APRIL 5



- Walk the iconic Overland Track in Tasmania, Australia
  - Hike through ancient rainforest, spectacular old forests, and past majestic waterfalls
  - Climb the Pelion Gap for spectacular views in all directions
  - On the extension, learn mud crabbing and spear fishing techniques from your Aboriginal guide
- PRICE: Main Trip \$5,590 | Extension \$3,590 | ▲▲▲

Activity Level | Moderate ▲ | Active ▲▲ | High Energy ▲▲▲ | Challenging ▲▲▲▲

# 2019 ADVENTURES



**8 | BRITISH VIRGIN ISLANDS**  
SAILING, SNORKELING, & SEA LIFE  
APRIL 7 - APRIL 13



- Live aboard a privately chartered luxury sailing yacht in the Caribbean!
  - Snorkel or scuba dive to explore the marine world around you (scuba classes available directly through the boat)
  - Relax on deck as your yacht sails along to your destination each evening
  - Take a dip in the crystal-clear water before enjoying cocktails and hors d'oeuvres
  - Sea kayak, explore the beaches, and soak in the Caribbean sun with your AdventureWomen friends!
- PRICE: \$5,590 (Boat Only) | ▲

**9 | NEPAL**  
TREKKING TO EVEREST BASE CAMP  
APRIL 14 - APRIL 30



- Explore the shrines and vibrant markets of Kathmandu
  - Take in panoramic views on your scenic flight to Lukla
  - Traverse mountain passes on narrow suspension bridges in the foothills around Everest
  - Hike to the Tengboche Monastery to meet the Tibetan Buddhist monks
  - Celebrate all of your hard work when you arrive at Everest Base Camp
- PRICE: \$3,290 (Land Only) | ▲▲▲▲

**10 | ITALY**  
CYCLING PUGLIA - A BIKER'S DELIGHT  
APRIL 28 - MAY 6



- Bicycle an average of 30 miles each day through the rolling hills of beautiful Puglia, Italy
  - Explore three UNESCO World Heritage Sites: Lecce, Alberobello, and Matera
  - Discover the white-washed towns that stretch to the beaches of Savelletri
  - Learn traditional folk dances that originated in Apulia
  - Savory Italian cuisine pairs well with local earthy Italian reds and elegant white wines
- PRICE: \$5,590 (Land Only) | High Energy Biker

**11 | TANZANIA**  
EXPLORING THE SECRET SERENGETI  
MAY 20 - MAY 29  
MAY 29 - JUNE 7  
OCTOBER 21 - OCTOBER 30



- Witness the spectacular and fragile coexistence of wildlife, wilderness, and communities
  - Enjoy unparalleled wildlife viewing of lion, leopard, elephant, wildebeest, and more!
  - Explore the Great Rift Valley, the Ngorongoro Crater, and the Serengeti
  - Learn about microfinance from Maasai women
  - Explore an exclusive nature reserve in the eastern Serengeti ecosystem
- PRICE: \$5,990 (Land Only) | ▲

**12 | BOTSWANA**  
A WILDLIFE SAFARI IN SOUTHERN AFRICA  
MAY 30 - JUNE 9



- Explore the Okavango Delta, the Central Kalahari Game Reserve, the Moremi Game Reserve, and Victoria Falls
  - Stay in a luxurious tented camp, venturing out on game drives to spot elephants, giraffe, zebra, leopard, and more!
  - Search for wildlife on foot with a local tracker
  - Enjoy a private AdventureWomen sunset cruise on the Zambezi River
  - Experience the majesty of Victoria Falls
- PRICE: \$7,890 (Land Only) | ▲

**13 | ALASKA**  
A BEAR VIEWING & KENAI WILDERNESS ODYSSEY  
JUNE 8 - JUNE 15



- Enjoy an insider's glimpse into the Land of the Midnight Sun
  - Take a bush plane to Bear Camp to view grizzlies in their natural habitat
  - Experience a rafting float trip on the Kenai River
  - Take a wildlife cruise to see orcas, puffins, otters, and more!
  - Hike on a glacier
- PRICE: \$4,990 (Land Only) | ▲▲

**14 | ICELAND**  
A MOTHER-DAUGHTER ADVENTURE  
JUNE 15 - JUNE 21  
ADVENTURE IN THE LAND OF FIRE AND ICE  
JULY 14 - JULY 20



- A cultural discovery of a pure, natural, and unspoiled land
  - Take a thrilling ATV ride through rugged terrain on a volcanic peninsula
  - Hike in Snæfellsjökull National Park, exploring lava fields, pebbled beaches, and imposing cliffs
  - Take in the natural beauty of Þingvellir National Park and Gullfoss Waterfall
  - Ride horseback to the Secret Lagoon and relax in the hot springs
- PRICE: \$5,590 (Land Only) | ▲▲

**15 | PERU**  
DISCOVER MACHU PICCHU AND THE AMAZON  
JUNE 15 - JUNE 25



- Explore Machu Picchu and the Sacred Valley
  - Discover the local market and the Temple of the Sun in Cuzco
  - Meet the founder of an NGO that preserves Andean heritage and supports women through weaving
  - Spot wildlife on guided trail walks and boat rides through a natural reserve in the Amazon
  - Walk suspension bridges through the Amazon canopy for a literal bird's eye view of this unique ecosystem
- PRICE: \$5,590 (Land Only) | ▲▲

**16 | CANADIAN ROCKIES**  
THE ULTIMATE ACTIVE OUTDOOR ADVENTURE  
AUGUST 4 - AUGUST 10



- An unforgettable, active, outdoor adventure
  - Walk on a glacier surrounded by mountain peaks
  - Learn about mountain geology on a cave tour
  - Raft the Kicking Horse River and soak in hot springs
  - Hike challenging trails to rewarding views of the surrounding mountains
- PRICE: \$3,990 (Land Only) | ▲▲▲

**17 | GALAPAGOS ISLANDS**  
WILDLIFE CRUISE BY PRIVATE YACHT  
AUGUST 17 - AUGUST 25  
AUGUST 31 - SEPTEMBER 8



- Cruise the Galapagos Islands on a private chartered yacht
  - Learn about the preservation of the Galapagos Islands
  - Spot flamingos and reptiles during a hike up Dragon Hill
  - Snorkel with sea lions from pristine beaches
  - Observe blue-footed boobies, the "Dragons" of Fernandina, and maybe even a giant turtle!
- PRICE: \$4,990 (Boat Only) | ▲▲

**18 | IDAHO**  
RAFTING THE MIDDLE FORK OF THE SALMON RIVER  
AUGUST 29 - SEPTEMBER 6



- Paddle through more than 100 rapids over this 105-mile stretch of the Salmon River
  - Soak in Idaho's spectacular "River of No Return" wilderness
  - Hike or fish before enjoying a campfire meal with your AdventureWomen friends
  - Conquer the Haystack Rapid, the river's most dynamic!
  - Bond with your group over your favorite moments as you gaze at the stunning night sky
- PRICE: \$2,990 (Land Only) | ▲▲▲

**19 | RUSSIA**  
ADVENTURE ON THE TRANS-SIBERIAN RAILWAY  
SEPTEMBER 8 - SEPTEMBER 22



- Experience one of the world's greatest train rides
  - Visit sophisticated cities, deep taiga forest, rolling steppe, imposing mountains, and a patchwork of different cultures
  - Explore Moscow on a river cruise and taste traditional food
  - Kayak on the Angara River all the way to Lake Baikal
  - Stand with one foot in Europe and one in Asia
- PRICE: \$6,990 (Land Only) | ▲ (with Active options)

**20 | SPAIN**  
HIKING THE PORTUGUESE WAY ON THE CAMINO  
SEPTEMBER 1 - SEPTEMBER 9  
SEPTEMBER 15 - SEPTEMBER 23



- Hike the less-traveled Portuguese Spiritual Way on the famous Camino de Santiago
  - Explore the magnificent fortress of Pınarbaşı Dzong, once the capital of Bhutan
  - Spend one night camping in an exclusive campsite in Pınarbaşı
  - Experience a traditional cooking class along the way
  - Taste some of the best Albariño white wines in the region
  - Earn your certificate from the Pilgrim Office at the end
- PRICE: \$3,990 (Land Only) | ▲▲▲

**21 | PATAGONIA**  
TORRES DEL PAINE TO SANTIAGO  
OCTOBER 6 - OCTOBER 15  
OCTOBER 12 - OCTOBER 21



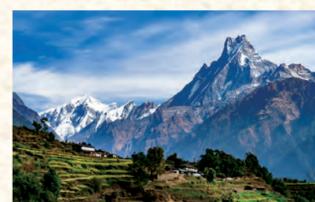
- Explore the grounds of the Nibepo Aike Ranch amid a backdrop of icy blue waters and towering mountains
  - Ride on horseback along the borders of Los Glaciares National Park
  - Experience Torres del Paine National Park on foot, by bike, or by kayak
  - Go puma tracking with an expert wildlife guide
  - Taste renowned Chilean wines in the Casablanca Valley
- PRICE: \$5,990 (Land Only) | ▲▲▲

**22 | PERU**  
PERU'S MACHU PICCHU: LODGE-TO-LODGE TREK VIA THE SALKANTAY TRAIL  
OCTOBER 13 - OCTOBER 23



- Challenge yourself on the Salkantay hiking route in the high Andes Mountains of Peru among towering peaks
  - Learn the history of the Incas and the cultural importance of Machu Picchu, the crown jewel of the ancient Incan empire
  - Photograph Peruvian mountain landscapes with glistening glaciers and turquoise glacial lakes
  - Relax in luxurious lodges with gourmet meals, hot tubs, and goose-down comforters on every bed
- PRICE: \$5,990 (Land Only) | ▲▲▲▲

**23 | NEPAL**  
LOW-ALTITUDE TREKKING, RAFTING, & WILDLIFE  
OCTOBER 23 - NOVEMBER 5



- Experience the towering Himalayas Mountains, verdant valleys, and the ancient cities of Nepal
  - Enjoy a low-altitude trek in the spectacular Annapurna Region of the Himalayas
  - Head out on a tiger safari to spot Bengal Tigers
  - Explore Kathmandu's ancient city and Buddhist temples
  - Observe leopard, rhinoceros, monkey, crocodile, and more on a two-day wildlife safari in Chitwan National Park
- PRICE: \$4,990 (Land Only) | ▲▲▲ (+2 Challenging days)

**24 | BHUTAN**  
BUDDHIST TEMPLES & HIMALAYAN VISTAS  
DECEMBER 6 - DECEMBER 17



- Visit the remote Pema Choeing Nunnery and engage in an impressive and emotional drum ceremony with the nuns
  - Walk through Phobjikha Valley to see the rare black-necked cranes and visit an exhibit dedicated solely to these birds
  - Explore the magnificent fortress of Punakha Dzong, once the capital of Bhutan
  - Spend one night camping in an exclusive campsite in Punakha
  - Hike to see the breathtaking views of Taktsang "the Tiger's Nest" monastery in Paro
- PRICE: \$5,990 (Land Only) | ▲▲▲

For more information on trips and registration, visit us at [www.adventurewomen.com](http://www.adventurewomen.com) or call (800) 804-8686