

adventurewomen

THE DESTINATION IS JUST THE BEGINNING

CANADA

Whales, Tides, and the "Greatest First Lady"



August 7 - 13, 2023



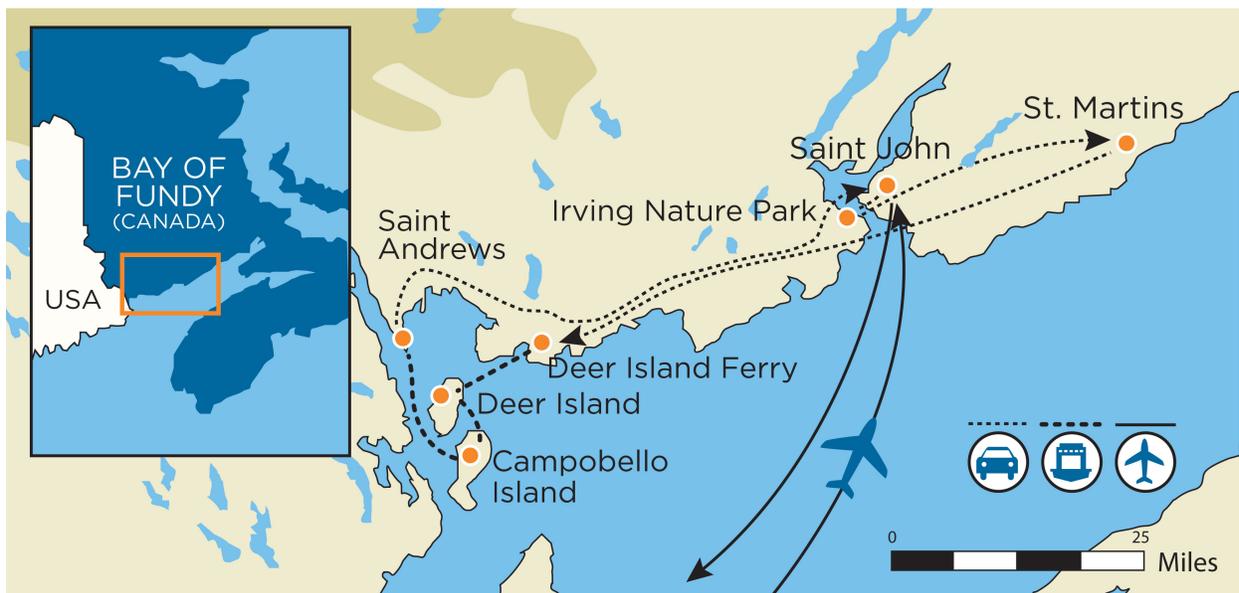
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TRIP HIGHLIGHTS

- ▶ Experience the highest and lowest tides in the world in Bay of Fundy
- ▶ Hike in the UNESCO Fundy Biosphere Reserve, seeing waterfalls, beaches, and "flowerpot rocks" along the way
- ▶ Explore the Fundy Isles by sea kayak
- ▶ Go on a whale watching excursion around Campobello Island
- ▶ Explore the historic town of Saint Andrews by-the-Sea, one of the best preserved examples of North American colonial heritage

TRIP ROUTE



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QUICK VIEW ITINERARY

- Day 1 arrive in New Brunswick, explore Saint John, welcome dinner
- Day 2 visit Canada's oldest public market, go for a hike
- Day 3 explore the Fundy Trail Parkway, sea kayaking, beach BBQ
- Day 4 explore St. Martins, Campobello Island
- Day 5 whale watching, walk on the ocean floor to a light station, lobster dinner
- Day 6 explore St. Andrews by-the-Sea, visit Minister's Island, farewell dinner
- Day 7 depart New Brunswick

ACTIVITY LEVEL

Active

TRIP PRICE

Main Trip: \$5,595

Optional Single Accommodations: \$900

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your adventure
in depth

DAY 1
Monday
8/7/23

Arrive in Saint John

Canada's first incorporated city is your introduction to the Bay of Fundy and the highest tides on earth. The delightful port architecture makes the perfect backdrop to stroll along the waterfront and take in the many shops and cafes along the way.

Arrival Information

Arrive at St. John Airport (YSJ) before 5PM. Take the shuttle to the hotel.

Pick-up and Transfer

Meet your guide either at the Saint John airport or at the Hilton Saint John.

Welcome Dinner

Enjoy a welcome dinner and group orientation this evening.

Accommodations
Hilton Saint John

Meals Included
dinner

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DAY 2
Tuesday
8/8/23

Saint John to St. Martins

Saint John has a rich Loyalist history that goes back centuries. The delightful port architecture provides the perfect backdrop to walk the city streets and visit the many shops and cafes. Marvel at the Bay of Fundy tides as the ebb and flow moves 100 billion tons of water twice a day.

Uptown Saint John

After breakfast, walk through the uptown streets and visit the City Market, Canada's oldest public market.

Hike the Parks of Saint John

Hop on the bus and travel to the Irving Nature Park for a leisurely hike. After your hike, visit Rockwood Park for lunch at Lily's Cafe along the shores of Lily Lake.

St. Martins

After lunch, make your way to the coastal village of St. Martins and the UNESCO Fundy Biosphere Reserve. When you arrive, enjoy a historic walking tour, visiting the historic Quaco Harbour, twin covered bridges, and the St. Martins Sea Caves. Relax and enjoy the quaint fishing village which is the gateway to the Fundy Trail Parkway.

Meet the Owner of the Inn

Later today, enjoy a fireside chat with Lynette Davis, a local entrepreneur and the owner of the St. Martins Country Inn.

Accommodations
St. Martins Country
Inn
Meals Included
breakfast, lunch,
dinner

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DAY 3
Wednesday
8/9/23

St. Martins

Explore the longest stretch of coastal wilderness on the Eastern Seaboard. UNESCO designated this area a biosphere reserve because of its unique marine and coastal diversity. Over 500 ships were built in the area and at the height of the shipbuilding boom, St. Martins was one of the richest communities in the British Commonwealth.

Fundy Trail Parkway

After enjoying breakfast at the inn, drive to the Fundy Trail to explore the many beautiful lookouts, waterfalls, beaches, and flowerpot rocks along the province's newest park. Enjoy a trailside lunch along the shores of Big Salmon River.

Sea Kayaking

Enjoy a guided sea kayaking tour around the St. Martins Sea Caves at high tide.

Beach BBQ and Campfire

Enjoy a beach-cooked meal prepared over an open fire. Try grilled Atlantic salmon or local chicken and vegetables while watching the tides and listening to local musicians.

Accommodations
St. Martins Country
Inn
Meals Included
breakfast, lunch,
dinner

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DAY 4
Thursday
8/10/23

St. Martins to Campobello Island

This unique island archipelago with its rich marine biodiversity and fishing culture will be sure to amaze you. Get up close and personal with the local whale, seal, porpoise, and shorebird residents as you travel by ferry, kayak, and a whale-watching boat.

Explore St. Martins

Enjoy walking in the Village of St. Martins on your own. Take a walk on the two mile beach, visit the local shops and cafe, visit the Quaco Museum, explore the Sea Caves, or relax and enjoy the view from the inn.

Ferry to Deer Island

Drive about an hour and a half to board the Deer Island ferry. Enjoy the 30-minute ride to the island. A picnic lunch will be provided.

Campobello Island

Take a ferry to Campobello Island, where Franklin and Eleanor Roosevelt kept a summer home. Learn about Eleanor's amazing accomplishments and stories of her life before a fresh Atlantic salmon dinner.

Accommodations
Roosevelt Cottages

Meals Included
breakfast, lunch,
dinner

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DAY 5
Friday
8/11/23

Campobello Island

Campobello Island is famous for being the beloved island and summer home of Franklin D. Roosevelt who spent many enjoyable vacations hiking, canoeing, and sailing its shores. The Roosevelt Campobello International Park is preserved as a memorial and is a symbol of the close friendship between Canada and the United States.

Whale Watching

Begin your day by enjoying breakfast overlooking the grounds of Prince Cottage. Pack a picnic lunch and take a whale watching excursion with one of the top whale and wildlife outfitters, Mackie Green. He will teach you about whale behavior while looking for humpbacks, finbacks, minke, and the North Atlantic Right whales, along with grey and harbour seals, porpoises, and a variety of shorebirds which all make their home in the Bay of Fundy.

Head Harbour Lightstation

Enjoy a picnic lunch overlooking Head Harbour. At low tide, walk out across the ocean floor to the lightstation. Meet the Friends of the Head Harbour Lightstation, a group of local residents who have worked tirelessly to preserve and protect this irreplaceable piece of history.

Learn about Whales

Meet with Moe Brown who will discuss the endangered Atlantic Right Whale and their presence in the Bay of Fundy. She will also talk about the Whale Rescue Crew and what they do to support the 12 different whale species that come to the Bay for feeding.

Walk in the Footsteps of the Roosevelts

This afternoon, you will have the option to hike the trails of the park with your guide. Enjoy the views along the coastline. Alternatively, go back to the cottages to explore the grounds or visit the museum on site.

Lobster Dinner

Have a traditional Bay of Fundy lobster boil. Learn tips on how to cook, crack, and eat the lobster from a local member of a fishing family.

Accommodations
Roosevelt Cottages

Meals Included
breakfast, lunch,
dinner

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DAY 6
Saturday
8/12/23

Campobello Island to St. Andrews By-the-Sea

Saint Andrews represents one of the best-preserved examples of colonial heritage in North America. The town is full of beautiful architecture, unparalleled scenery and rich marine life.

Boat Transfer to St. Andrews By-the-Sea

After a relaxing morning at the Roosevelt Cottages, travel back to the mainland by a boat shuttle through the Fundy Isles to the historic resort town of Saint Andrews. While on board, keep a watch for the phenomenal Bay of Fundy marine life as you cruise into Passamaquoddy Bay.

Explore St. Andrews

Enjoy a lunch on your own and an afternoon to explore the many shops and restaurants around the waterfront. Your guide will be available if you'd like to visit Minister's Island at low tide or the Huntsman Marine Center.

Farewell Dinner

Celebrate the end of an exceptional trip with a farewell dinner at one of the area's top culinary destinations. Located at the base of Chamcook Mountain with views of the historic Minister's Island, the Rossmount Inn focuses on locally-harvested ingredients that are thoughtfully designed and prepared for you to enjoy.

Accommodations
The Algonquin
Resort
Meals Included
breakfast, dinner

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DAY 7
Sunday
8/13/23

St. Andrews By-the-Sea and Depart

Enjoy one last morning in St. Andrews before departing for the US.

Transfer to the Airport

Say goodbye to your new AdventureWomen friends as you transfer to the airport in Saint John for your flights home.

Departure Information

Depart from St. John Airport (YSJ) after 2PM.

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

Meals Included
breakfast

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Accommodation Details

Hilton Saint John

Hilton Saint John offers a magnificent location on the harbor - part of the Bay of Fundy and a UNESCO Global Geopark Site. Most of the city's best attractions are within walking distance and the hotel is even connected to the Inside Connection Pedway, allowing you to explore the city.

St. Martins Country Inn

Situated in the heart of the magnificent Bay of Fundy, this heritage Inn (circa 1857) has a commanding view of the ocean in the historic fishing village of St. Martins New Brunswick. The St. Martins Country Inn offers sixteen uniquely furnished guest rooms with a combination of antiques and contemporary amenities.

Roosevelt Cottages

Stay in a cottage on Campobello Island, where Franklin and Eleanor Roosevelt had their summer home. Enjoy stunning views as you unwind after a day of exploration.

The Algonquin Resort

The Algonquin is one of Canada's most luxurious and legendary resorts. Rich in history, meticulously restored to its original splendour, and complete with every modern comfort you could desire, this year-round destination truly offers the best of the past with contemporary amenities. The iconic building and its grounds are an oasis.

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Included:

- ▶ Accommodations as per itinerary based on double occupancy
- ▶ All meals as listed in the itinerary
- ▶ All ground transportation
- ▶ Guided sightseeing and activities as indicated in the itinerary
- ▶ Entrance fees
- ▶ Gratuities for hotel staff, luggage porters, and waitstaff

Not Included:

- ▶ Airfare to and from Canada
- ▶ Optional activities
- ▶ Meals not specified in the itinerary
- ▶ Alcoholic beverages (unless otherwise specified)
- ▶ Fees for passport, visas, immunizations, or travel insurance
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Gratuities for head guide and drivers

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Cancellations and Refunds

Notification of cancellations must be received in writing. Full payment is due 90 days prior to departure date, and the registration deposit is non-refundable.

For cancellations received 61-90 days prior to the trip departure date: 50% of the total trip cost is non-refundable. For cancellations received 1-60 days prior to the trip departure date: 100% of the total trip cost is non-refundable.

You are highly encouraged to purchase trip cancellation insurance to cover emergency situations. Travel insurance information will be sent to you once you have registered for your trip.

Switching Trips

Our deposits are nonrefundable and nontransferable. If for some reason you need to switch to a different trip, please call us and we will do our best to accommodate you, but switching is not guaranteed.

No Smoking Policy

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen vacations.

Health Insurance

You must have your own health insurance to participate in an AdventureWomen trip.

Adventure Travel Today

At AdventureWomen, we want everyone to understand that our excursions are adventure travel vacations and not "tours." We define "adventure travel" as travel in which one **actively participates**, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes vacations all over the world for women who want to **experience an active, out of the ordinary vacation, and meet new friends**. Most of all, we want our trips to be **fun!**

good-natured realist and have a sense of humor! Adventure vacations, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist, and not just as they would have preferred or expected them to exist. The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. **Being on time** is important, and contributes to the congeniality, success and well-being of both individuals and the group!

In this spirit, the successful adventure traveler should be a