

adventurewomen

THE DESTINATION IS JUST THE BEGINNING

UTAH

Zion & Bryce Multisport Adventure



April 25 - May 1, 2021

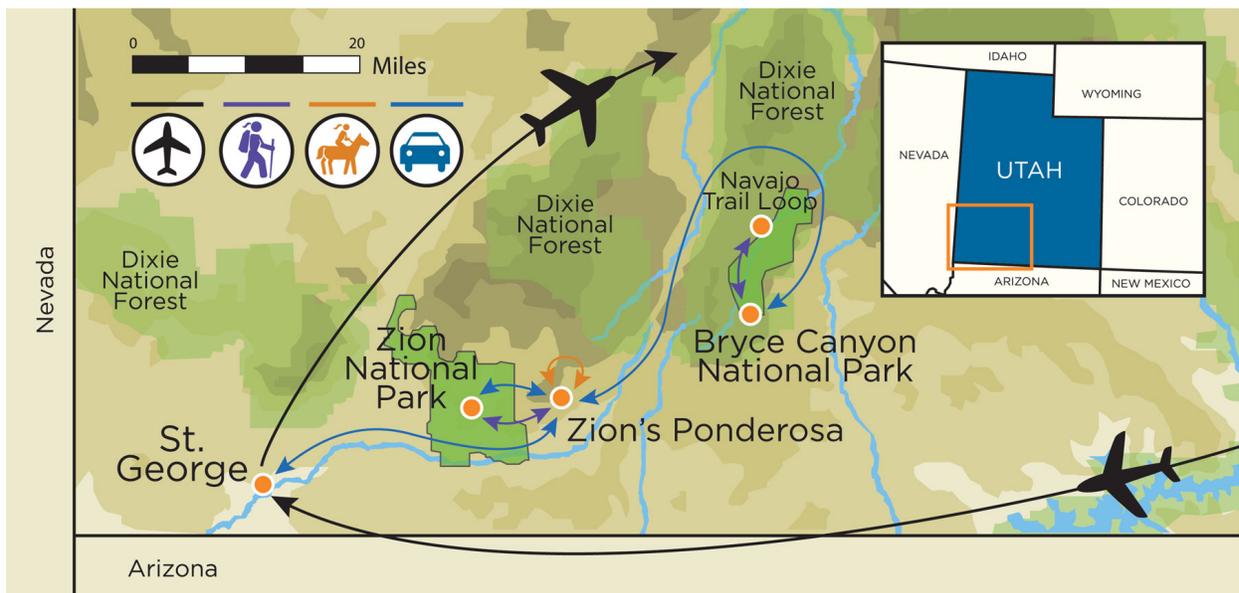
UTAH

Zion & Bryce Multisport Adventure

TRIP HIGHLIGHTS

- ▶ Hike in the secret, hidden areas of Zion National Park
- ▶ Horseback ride through the expansive countryside
- ▶ Try canyoneering for the first time, seeing the area from a different angle
- ▶ Explore Bryce Canyon National Park on foot
- ▶ Stay in houses on a ranch with all single rooms and en-suite bathrooms

TRIP ROUTE



UTAH

Zion & Bryce Multisport Adventure

QUICK VIEW ITINERARY

- Day 1 arrive at Zion Ponderosa Ranch, welcome dinner
- Day 2 hike to Observation Point in Zion, afternoon horseback ride, rappelling lesson
- Day 3 explore the best secret spots in Zion National Park
- Day 4 hike Angel's Landing or to Canyon Overlook for sunrise, explore Springdale
- Day 5 hike into the hoodoos of Bryce Canyon National Park, relax in the hot tub
- Day 6 canyoneering adventure in Zion National Park - great for beginners!
- Day 7 depart Utah

ACTIVITY LEVEL

High Energy

TRIP PRICE

Main Trip: \$3,790

UTAH

Zion & Bryce Multisport Adventure



your adventure
in depth

DAY 1
Sunday
4/25/21

Arrive in Utah

Welcome to Zion Ponderosa! Your outdoor playground for the week is located on the eastern side of Zion National Park. This 4,000-acre retreat is the perfect home base for exciting outdoor activities and stunning natural beauty.

During your Zion and Bryce adventure, you'll get to know your Utah-based guide, who will help you discover this incredible natural area of the southwest. You are also accompanied by an AdventureWomen Ambassador, committed to helping make your experience a fun and personally rewarding adventure, and cheering you on as you reach beyond your comfort zone to take on new challenges in your own unique way!

Arrival Information

Arrive at the St. George, Utah Airport (SGU) today before 3:00pm. You can also fly to Las Vegas, Nevada (LAS) and take a shuttle to the St. George Airport.

Pickup and Transfer

You will be picked up at 3:00pm from the St. George Airport and transferred to Zion Ponderosa.

Check-in and Relax

Check into your room and relax before dinner.

Welcome Dinner

Enjoy a lively welcome dinner in one of the houses your group is staying in as you get to know your fellow travelers this evening. Share stories and learn about why each woman in your trip is excited to explore Utah!

Accommodations
Zion Ponderosa
Ranch & Resort
Meals Included
dinner

UTAH

Zion & Bryce Multisport Adventure

your adventure
in depth

DAY 2
Monday
4/26/21

Zion & Bryce National Parks

Many experts claim that Utah's most scenic view is Observation Point at Zion National Park. This overlook stands you on the edge of a 2,200' precipice and offers a view across a major portion of the main canyon within Zion National Park, and far into the distance beyond the park boundaries. Zion National Park is 30 miles in length and 15 miles across at its widest point, and Observation Point, at an elevation of 6,521 feet, is likely the best place to capture the grandeur of this vast expanse.

Hike to Observation Point

Most visitors to Observation Point in Zion endure a challenging four-mile climb and a 2,148-foot ascent from the Weeping Rock area in the bottom of the canyon, but AdventureWomen has a better way! From Zion Ponderosa Ranch, there is a park boundary trailhead that follows a more gentle rolling course across the Zion National Park plateau. This 3.5-mile one-way hike winds through the forest bending slightly northwest and then back to the southwest toward the overlook. About two miles in, you'll encounter spectacular views into a side canyon, but only whet the appetite for the incredible view at Observation Point.

Lunch

Enjoy lunch back at the ranch.

Rappelling and Climbing

Spend your afternoon in a harness! Take a rappelling lesson to prepare you for your canyoneering adventure. Then have a chance to climb the rock wall and try out the zip line!

Afternoon Horseback Ride

This afternoon, you'll have the option to go horseback riding or relax and enjoy the amenities at Zion Ponderosa. More stunning views await you on the outskirts of Zion.

Accommodations
Zion Ponderosa
Ranch & Resort
Meals Included
breakfast, lunch,
dinner

UTAH

Zion & Bryce Multisport Adventure



your adventure
in depth

DAY 3
Tuesday
4/27/21

Zion & Bryce National Parks

Over the last 200 million years or so, wind, rain, and seismic shifts have conspired to create some of the most beautiful vistas, scenic stretches, and jaw-dropping formations this planet has ever seen. Zion National Park is no exception. A perfect storm of factors has turned what was once a simple basin into a picturesque spot – all part of the Colorado Plateaus – that draws tourists from all over the world.

Secret Hikes of Zion

Head into the park this morning for AdventureWomen's secret hikes of Zion! First up is a one-mile loop to see the Court of the Patriarchs. This stunning short hike offers 360-degree views of the monumental peaks that welcome you into Zion Canyon. Take the shuttle to the furthest stop in the Canyon to the Temple of Sinawava, where you will hike the one-mile paved path to the Narrows. If weather permits, put on your water shoes and hike through water up the Narrows about a mile. Every curve and corner hiking up this beautiful canyon offers stunning views of Zion and seeing how this canyon was formed by the Virgin river is a true masterpiece.

After the Narrows, take the shuttle to Zion Lodge. This is a perfect spot to have a picnic lunch and enjoy the view. After lunch head to a few other spots in the park that are unknown to most tourists. Lower Pine Creek Falls is the most technical hike of the day which involves an short half mile hike to Pine Creek, and then to get to the waterfall you'll need to maneuver up and around boulders, but don't worry - your guides will be there every step of the way to make sure you are comfortable! There are places to jump into the cold water or even slide into the water. It's a gorgeous secluded area. The afternoon will be kept flexible, but your guides have some other small hikes up their sleeves. They can't wait to show you these different, hidden areas you wouldn't know are even there!

Campfire

After a long day, kick up your feet around the campfire with smores!

Accommodations
Zion Ponderosa
Ranch & Resort
Meals Included
breakfast, lunch,
dinner

UTAH

Zion & Bryce Multisport Adventure

your adventure
in depth

DAY 4
Wednesday
4/28/21

Zion & Bryce National Parks

Enjoy another day in the stunning Zion area. Cement the memory of the landscapes in your mind - it's an incredibly unique part of the world!

Morning Options

You have two options today. You can wake up early, grab a granola bar or snack for breakfast, and head out as early as possible to hike Angel's Landing. An early start is essential to beat the crowds on this iconic, famous hike. If you choose not to hike Angel's Landing, wake early to hike for a sunrise at Canyon Overlook.

Afternoon in Springdale

Both groups will meet in the local town of Springdale for some shopping, exploring, and lunch on your own.

Dinner and Games

Enjoy dinner as a group. Play some games this evening if you have any energy left after your action-packed day!

Accommodations
Zion Ponderosa
Ranch & Resort
Meals Included
breakfast, lunch,
dinner

UTAH

Zion & Bryce Multisport Adventure

your adventure
in depth

DAY 5
Thursday
4/29/21

Zion & Bryce National Parks

The major feature of Bryce Canyon National Park is Bryce Canyon, which, despite its name, is not a canyon but a collection of giant natural amphitheaters along the eastern side of the Paunsaugunt Plateau. Bryce is distinctive due to geological structures called hoodoos, formed by frost weathering and stream erosion of the river and lakebed sedimentary rocks. The red, orange, and white colors of the rocks provide spectacular views for park visitors.

Day in Bryce Canyon

Set out from the ranch with a boxed lunch for a day in Bryce Canyon National Park. Hike into the hoodoos via the Navajo Loop from Sunset Point. This beautiful trail gives you an up-close look at the National Park. Take some time to absorb your unique surroundings.

Enjoy the Ranch After dinner take some time to relax in the hot tub.

Accommodations
Zion Ponderosa
Ranch & Resort
Meals Included
breakfast, lunch,
dinner

UTAH

Zion & Bryce Multisport Adventure

your adventure
in depth

DAY 6
Friday
4/30/21

Zion & Bryce National Parks

Canyons that are ideal for canyoneering are often cut into the bedrock stone, forming narrow gorges with numerous drops, beautifully sculpted walls, and sometimes spectacular waterfalls. Most canyons are cut into limestone, sandstone, granite, or basalt, though other rock types are found. Canyons can be easy or difficult, though emphasis in the sport is usually on aesthetics and fun rather than pure difficulty. Canyoneering is enjoyed by people of all ages and skill levels.

Canyoneering Adventures

Saving the very best for last, harness up to join your friends and professional guides for the heart-pumping thrill of canyoneering! Whether you've never tried it before or you're an "old hand," this activity is suitable for everyone. Feed out the ropes as you descend step by step along steep red sandstone walls to land safely far down below. It might seem scary before you step out over the cliff, but by the time you reach the canyon floor, canyoneering might be your favorite sport!

Zion National Park and the surrounding area is one of the premiere places in the country for canyoneering. Your expert guides will help you make the most of your guided canyoneering adventure. This guided canyoneering adventure is suitable for beginners and even more advanced levels, and your guides are trained to assist you and ensure your safety. Enjoy a boxed lunch on your way!

Farewell Dinner

Have a farewell dinner with your new AdventureWomen friends. Reminisce over all the memories you have made and celebrate the end of an amazing journey through this truly spectacular area.

Accommodations
Zion Ponderosa
Ranch & Resort
Meals Included
breakfast, lunch,
dinner

UTAH

Zion & Bryce Multisport Adventure

your adventure
in depth

DAY 7
Saturday
5/1/21

Depart Utah

Bid farewell to your new friends and journey home.

Transfer to the Airport

Transfer to the airport to catch your flight home.

Departure Information

Depart from St. George, Utah (SGU) today after 12:00pm. You can also take a shuttle from the St. George Airport to Las Vegas.

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

Meals Included
breakfast, lunch,
dinner

UTAH

Zion & Bryce Multisport Adventure

your adventure
in depth

Accommodation Details

Zion Ponderosa Ranch & Resort

The mountain vacation rental homes at Zion Ponderosa sit on a 4,000-acre ranch at the border of Zion National Park and are just over a one-hour drive from Bryce Canyon National Park. Unpack once and enjoy your stay in your private single room with an en suite bathroom. The house will be run as a bed and breakfast type of stay for your trip, so no need to worry about cooking! Hang out in the common areas with your AdventureWomen friends.

Amenities: En suite bathrooms with limited amounts of soap, shampoo, conditioner, hair dryer; Wifi

UTAH

Zion & Bryce Multisport Adventure



Included:

- ▶ Accommodations as per itinerary based on single occupancy
- ▶ All meals as listed in the itinerary
- ▶ All ground transportation
- ▶ One group transfer on arrival and departure
- ▶ All park fees
- ▶ Activities as indicated in the itinerary
- ▶ Professional hiking and canyoneering guides

Not Included:

- ▶ Airfare to and from Utah
- ▶ Optional activities
- ▶ Meals not specified in the itinerary
- ▶ Shuttles to/from Las Vegas (if required)
- ▶ Alcoholic beverages (unless otherwise specified)
- ▶ Fees for travel insurance
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Gratuities