

adventurewomen

THE DESTINATION IS JUST THE BEGINNING

SOUTH AFRICA

Cape Town, Winelands, and Wildlife



June 30 - July 10, 2021

SOUTH AFRICA

Cape Town, Winelands, and Wildlife

TRIP HIGHLIGHTS

- ▶ Kayak with African Penguins on the False Bay coast and take in the view from the Cape Point Lighthouse
- ▶ Enjoy a full day in the winelands including wine tastings and a gourmet lunch
- ▶ Spend five nights on safari in luxurious accommodations
- ▶ Search for the Big Five of African wildlife in the Sabi Sands Game Reserve

TRIP ROUTE



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QUICK VIEW ITINERARY

- Day 1 arrive in Cape Town, welcome dinner
- Day 2 kayak with penguins, drive the Cape Peninsula
- Day 3 explore the winelands, enjoy wine tastings and a gourmet lunch
- Day 4 explore West Coast National Park, evening in Cape Town
- Day 5 visit Table Mountain, learn to cook local cuisine
- Day 6 fly to Sabi Sand Game Reserve, evening game drive
- Day 7 explore Sabi Sand Game Reserve, searching for the Big Five
- Day 8 transfer to your next safari camp, evening game drive
- Day 9 full day searching for wildlife
- Day 10 one last day of game viewing, farewell dinner
- Day 11 fly to Johannesburg, connect with departing flights

ACTIVITY LEVEL

Moderate

TRIP PRICE

Main Trip: \$8,990

Internal Air: \$550

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your adventure
in depth

DAY 1
Wednesday
6/30/21

Arrive Cape Town

Welcome to South Africa! Cape Town, which faces north across Table Bay, has thrived from its birth, first as a Dutch settlement in 1652 when Jan van Ribeeck established it as a supply station for ships of the Dutch East India Company, and later, under the British as a port supplying ships with food and fresh water from the perennial mountain streams.

During your adventure you'll get to know your expert South African guide, who will be with you every step of the way as you explore the area around Cape Town and will teach you about wildlife behavior as you search for exciting animals on safari. You are also accompanied by an AdventureWomen Ambassador, committed to helping make your experience a fun and personally rewarding adventure, and cheering you on as you reach beyond your comfort zone to take on new challenges in your own unique way!

Arrival Information

Arrive in Cape Town, South Africa (CPT) today any time.

Pick-up and Transfer

You will be met at the airport and transferred to your hotel.

Welcome Dinner

Enjoy dinner as a group this evening, where you'll get to know your guide and fellow travelers.

Accommodations
Belmond Mount
Nelson Hotel
Meals Included
dinner

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DAY 2
Thursday
7/1/21

Cape Town

Cape Town is a verdant paradise, accented with year-round blooms and graced with fertile soil, was once the first place of settlement for many Europeans, entrepreneurs, and religious refugees, as well as for Indian, Malagasy, and Southeast Asian slaves. Today, Cape Town is home to South Africa's parliament, and reflects the wealth of the country's history and heritage of cultures, religions, styles, and flavors.

Sea Kayaking with Penguins

Arriving in Simonstown, meet your sea-kayaking guide for a safety briefing and then gear up for a few hours of easy paddling in twin kayaks along the False Bay coast. Not to worry, as these are safe, comfortable "sit-on-top" kayaks which require almost no balance or skill. Paddle to the Boulders Beach's colony of African Penguins and view them from the ocean as they swim around this quaint cove.

Lunch

Leaving the kayaks, you'll have lunch at a local seafood restaurant.

Scenic Cape Peninsula Drive

Drive along the Cape Peninsula, surrounded by spectacular mountains, rugged shorelines, a variety of flowering plants, and the blue sea. Covering over 19,000 acres, the Cape Point Reserve houses a truly astonishing variety of plant species - about 1,200 - of which 30 are considered rare.

Accommodations
Belmond Mount
Nelson Hotel
Meals Included
breakfast, lunch

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DAY 3
Friday
7/2/21

Cape Town

Nearly 200 vineyards, or wine farms as they are called locally, thrive in the sun-soaked alluvial soil of the Stellenbosch Valley of South Africa. The region was originally cultivated with fruits and vegetables during the days of the Dutch East India Company and became the principal supply center for hungry, and thirsty, Dutch sailors during the mid-1600s.

The Winelands Region

Discover the internationally acclaimed vineyards of Stellenbosch, Paarl, and Franschhoek on the Western Cape, along a scenic route. A stop at the historic estate of Boschendal will introduce you to some of the most brilliantly preserved Cape Dutch buildings in the Cape and its collection of priceless period furniture. At Franschhoek, explore lovely antique shops and gardens, where the French first settled in 1688. Stop in the university town of Stellenbosch, the oldest town in South Africa after Cape Town, undoubtedly the most scenic and historically preserved town in Southern Africa. Oak-lined streets next to water furrows compliment the many fine examples of elegant Cape Dutch, Victorian and Georgian architecture - all part of this unique "Town of Oaks".

Wine Tasting and Lunch

Lunch will be at one of the many classic restaurants in the area.

Accommodations
Belmond Mount
Nelson Hotel
Meals Included
breakfast, lunch

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DAY 4
Saturday
7/3/21

Cape Town

Just inland from the secluded harbor of Saldanha Bay one finds the azure waters of the Langebaan Lagoon, focal point of the West Coast National Park. Thousands of seabirds roost on sheltered islands, pristine golden beaches stretch endlessly into the early morning mist and brooding salt marshes are home to vast concentrations of migrant waders from the northern hemisphere.

Bloubergstrand Your first port of call this morning is Bloubergstrand, which in Afrikaans is “blue mountain beach” after Blouberg. Much of Bloubergstrand’s attraction lies in its white sandy beaches from which you’ll get picture-postcard views of Table Mountain and the city of Cape Town. Robben Island, where Nelson Mandela was imprisoned, can also be seen quite clearly from the beach at Bloubergstrand.

West Coast National Park Continue north along the Atlantic coast to the West Coast National Park, a jewel in this peninsula’s crown. The park is a paradise for some 55,000 birds, belonging to more than 150 species, that gather here each year - many migrating from northern climates to breed. Walking trails are the best way to experience the park’s scenery, with stunning views of the sea, as well as fynbos and birdlife.

Geelbek Info Center Visit the information center at Geelbek, a historic farm and national monument, then drive through a private section of the park to see bontebok, eland and zebra grazing amidst vast carpets of spring blooms, a feature for which this landscape is famous.

Head Back to the City After lunch, return to the city, pausing to view the Moravian Mission Station at Mamre, and possibly, stopping off at the West Coast Ostrich Farm or Fossil Park en route.

Accommodations
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Nelson Hotel
Meals Included
breakfast, lunch

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DAY 5
Sunday
7/4/21

Cape Town

Enjoy another day exploring the vibrant city of Cape Town.

Table Mountain Table Mountain is the signature of Cape Town, easily one of the most recognizable mountains in the world. Frequently a cloud covers this flat-topped mountain, which rises to 3,563 feet above sea level, and the locals affectionately call it a white tablecloth. Take the cable car to the top (weather permitting) and explore the mountain's summit.

Tour of Bo-Kaap and Spice Market Enjoy a walk through the historical heart of the Bo-Kaap, complete with a mini shopping safari. Meet the guide at the Bo-Kaap museum for a unique insight into the origins and history of the Cape Malay people. Across the street from the museum is the bustling spice market, where you will learn about the origins of the spices and how they are used in Cape Malay cuisine.

Cape Malay Cooking Experience To learn first-hand about Cape Malay cuisine, you'll have a warm, home-hosted Cape Malay welcome, learning how to fold samosas, and discovering this traditional and deliciously spicy Cape Malay dish. Once you've mastered the art, sit down to enjoy the feast that you created.

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Meals Included
breakfast, lunch

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DAY 6
Monday
7/5/21

Cape Town to Sabi Sands Game Reserve

The Sabi Sand Game Reserve is one of the most prestigious wildlife sanctuaries in the world, with unfenced borders neighboring the Kruger National Park, and is famed for its leopards and incredible wildlife. The uniqueness of the lodge is its ideal positioning on the Sand River with exclusive access to the riverbed.

Fly to Sabi Sand Game Reserve Fly to Skukuza, where you will be picked up and transferred to your stunning lodge.

Settle in at Your Lodge Settle in this afternoon. Kick your feet up and look for wildlife around the property or take a dip in the inviting pool.

Evening Game Drive Head out for an evening game drive, searching for the Big Five.

Dinner Enjoy a candlelit dinner as a group this evening.

Accommodations
Kirkman's Kamp

Meals Included
breakfast, lunch,
dinner

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DAY 7
Tuesday
7/6/21

Sabi Sand Game Reserve

The Sabi Sand is arguably a safari experience like no other in the world. The reserve has a great diversity of wildlife - although it is particularly well known for its prolific leopard sightings. Game drives traverse an area of 26,000 acres and strict vehicle limits at sightings ensure the exclusivity of an up-close game viewing experience.

Explore the Reserve

Sabi Sand is known for its diversity of animals including the Big Five. During your stay you are likely to spot a variety of wildlife including elephant, lion, leopard, buffalo, rhino, zebra, giraffe, wildebeest, kudu, and possibly the rare wild dogs. Two daily game drives provide the perfect opportunity to get up close to African wildlife.

Leisure Time

Take time between your game drives to read a book, visit the pool, or make an appointment with the spa.

Accommodations
Kirkman's Kamp

Meals Included
breakfast, lunch,
dinner

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DAY 8
Wednesday
7/7/21

Sabi Sand to Timbavati

Timbavati Nature Reserve shares a common unfenced border with Kruger National Park, allowing the animals free range, and ensuring that guests can view the greatest diversity of wildlife that South Africa has to offer. The reserve is home to the great cats - lion, leopard and cheetah - as well as elephant, buffalo, black and white rhino, zebra, giraffe and a host of antelope. The rare wild dog is seen on occasion. Night drives may afford a glimpse of elusive nocturnal animals such as the armadillo-like pangolin and African wildcat. Animal tracking, birdwatching and stargazing are other available activities.

Morning Game Drive Enjoy one last morning drive from Kirkman's Kamp.

Transfer to Your Next Camp Transfer to Tanda Tula Safari Camp by road, watching for wildlife along the way.

Relax at Your Camp Spend the afternoon exploring your new camp. Enjoy afternoon tea with your group.

Evening Game Drive Enjoy another evening game drive and see what makes this new area different from your last lodge.

Accommodations
Tanda Tula Safari
Camp
Meals Included
breakfast, lunch,
dinner

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DAY 9
Thursday
7/8/21

Timbavati Private Nature Reserve

What is the story behind the Big Five? It actually has nothing to do with the size of the animals. In the 1800s, colonial trophy hunters named buffalo, rhino, elephant, lion, and leopard as the most difficult animals to hunt on foot. Thus, they were named the Big Five. Years later, tourism companies adopted the term and the list became the so-called five must-see animals while on safari. While it is possible to spot all the listed animals on your trip, leopard and rhino sometimes prove difficult to track down as they are both solitary, reclusive species.

Wildlife Drives and Safari Walks

Enjoy another day of wildlife drives and optional guided safari walks. Soak in all the amazing scenery and wildlife.

Accommodations
Tanda Tula Safari
Camp
Meals Included
breakfast, lunch,
dinner

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DAY 10
Friday
7/9/21

Timbavati Private Nature Reserve

Timbavati Nature Reserve was established in 1956 by like-minded landowners. Today, it forms part of one of the largest game reserves in the world, the Kruger National Park. A unique feature of the Timbavati is the low rate of commercialization, with game lodges that are dedicated to preserving the sense of true wilderness.

Safari Rhythm

Spend one more incredible day in the rhythm of the bush. Wake up before dawn for a quick coffee or tea and hop in your open-sided vehicle. Hear the bush start to come alive as the sun comes up and watch the animals begin their morning routine. After incredible wildlife sightings, head back to camp for a delicious breakfast and take the middle of the day to relax and soak in your surroundings. Have afternoon tea and snacks before heading out for another game drive to search for wildlife in the golden evening light.

Farewell Dinner

Have a farewell dinner with your new AdventureWomen friends. Reminisce over all the memories you have made and celebrate the end of an incredible trip!

Accommodations
Tanda Tula Safari
Camp
Meals Included
breakfast, lunch,
dinner

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DAY 11
Saturday
7/10/21

Depart South Africa

Enjoy one last morning in the bush before departing South Africa.

**Fly to
Johannesburg**

Drive to the Hoedspruit airstrip and fly back to Johannesburg. Connect with your flights home.

**Departure
Information**

Depart Johannesburg, South Africa (JNB) in the evening.

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

Meals Included
breakfast

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Accommodation Details

Belmond Mount Nelson Hotel

Set in the vibrant heart of Cape Town, this luxury hotel and spa offers easy access to all that's happening in this dynamic city. Belmond Mount Nelson Hotel offers the perfect combination of leafy tranquility and contemporary buzz. Whether dining on exotic Cape cuisine, soaking up the sun or, exploring the buzzing streets, your time here promises endless memories to cherish.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi

Kirkman's Kamp

Located high on a ridge of the world-famous Sabi Sand Game Reserve, overlooking the magnificent Sand River, lies Kirkman's Kamp. Step back in time, into the classical ambience of this original 1920s homestead. Enjoy spectacular views of the unspoiled landscape that surrounds the Sand River from each of the lodge's 12 guest cottages. Here, old meets new; with antique-styled beds seamlessly blending with modern comforts and claw foot bathtubs, fireplaces and private verandas creating a warm and inviting ambience. A library offers a sanctuary filled with interesting reads, while the classical sitting room provides the ultimate setting to enjoy a pre-dinner drink. Immersed in the bushscape is a rim-flow swimming pool with views of the Sand River.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi

Tanda Tula Safari Camp

Set on the 500 square kilometer Timbavati Reserve to the west of the Kruger area in South Africa, Tanda Tula Safari Camp is an authentic, friendly, and high-quality property, with guest accommodation in 12 luxury tents and offering a good range of well guided safari activities.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi

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Included:

- ▶ Accommodations as per itinerary based on double occupancy
- ▶ All meals as listed in the itinerary
- ▶ All ground transportation
- ▶ Domestic airfare (priced separately from the main trip)
- ▶ Guided sightseeing and activities as indicated in the itinerary
- ▶ Entrance fees and conservation levies
- ▶ Services of expert naturalist guide throughout the trip
- ▶ Services of guides and trackers at safari camps and lodges
- ▶ Drinking water available in large jugs to refill personal bottles
- ▶ Kirkman's Kamp: soft drinks, house wines, local brand spirits and
- ▶ Tanda Tula Camp: all drinks and laundry
- ▶ Gratuities for baggage handlers, drivers, and hotel/lodge staff

Not Included:

- ▶ International airfare to and from South Africa
- ▶ Optional activities
- ▶ Meals not specified in the itinerary
- ▶ Alcoholic beverages (unless otherwise specified)
- ▶ Fees for passport, visas, immunizations, or travel insurance
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Gratuities for guides