

YELLOWSTONE

A Dramatic Winter Wonderland



February 9 - 15, 2020

YELLOWSTONE

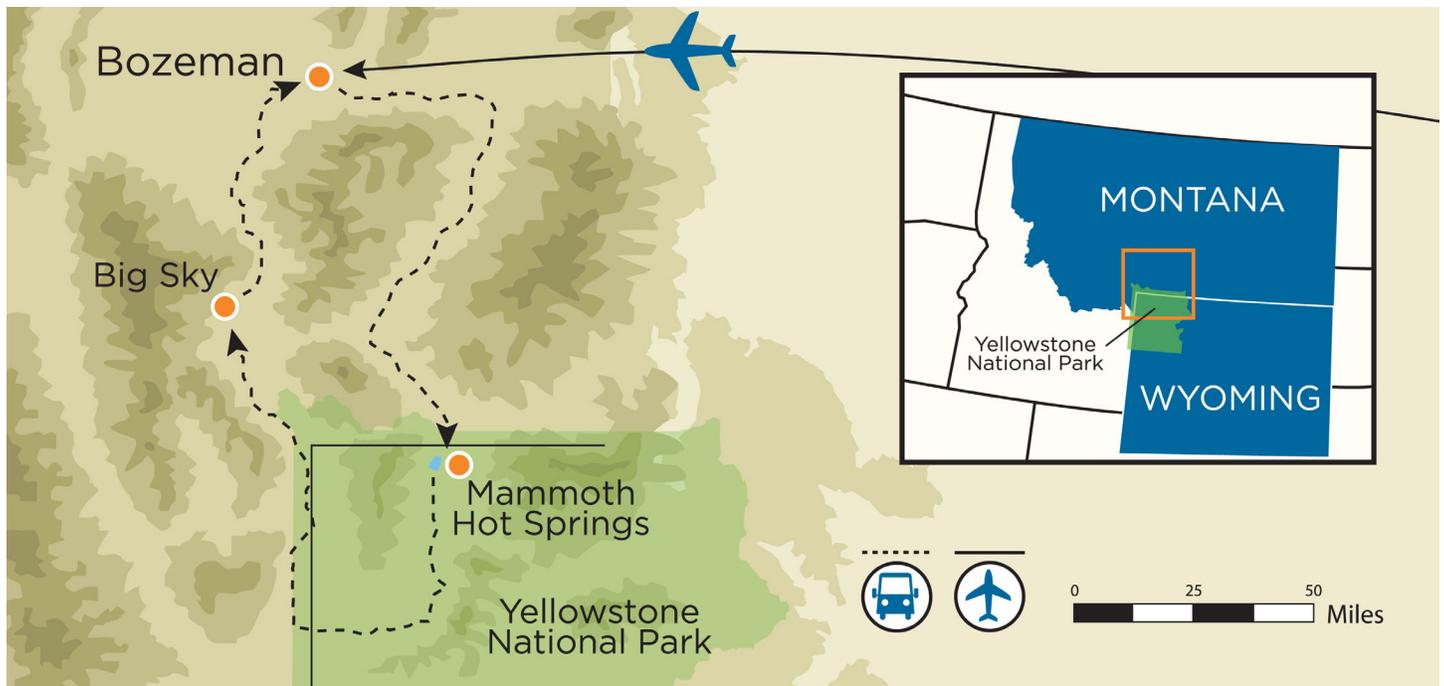
A Dramatic Winter Wonderland

February 9 - 15, 2020

TRIP HIGHLIGHTS

- ▶ Snowshoe across rolling landscapes to spot wildlife
- ▶ Learn how to “mush”, driving your own dog sled team
- ▶ Witness geothermal wonders found nowhere else in North America
- ▶ Ride on a jingling horse-drawn sleigh out into the star-filled night
- ▶ Revel in the profound quiet and calm of a Montana winter

TRIP ROUTE



YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

QUICK VIEW ITINERARY

- Day 1: arrive in gardiner, welcome dinner and orientation
- Day 2: wildlife viewing, snowshoeing at Mammoth Hot Springs
- Day 3: walk to Ouzel Falls, sleigh ride
- Day 4: backcountry snowshoeing
- Day 5: snowcoach tour of Yellowstone
- Day 6: dogsled adventure, return to Bozeman
- Day 7: depart Bozeman

TRIP PRICE

Main Trip: \$3,590

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

your adventure in depth

DAY 1

Sunday
2/9/20

Arrive in Gardiner

Welcome to Montana! Plan to arrive at the Best Western Plus GranTree Inn in Bozeman, Montana by 1:00pm at the latest.

Gardiner is a small town that serves as a main entrance to Yellowstone National Park. The town got its name from a fur trapper who operated in the area in the early 1830s.

Pick-up and Transfer

You will be picked up at 1:00pm from the GranTree Inn and transferred to Gardiner, Montana.

Welcome Dinner

Enjoy a lively welcome dinner as you get to know your fellow travelers this evening. Share stories and learn about why each woman in your trip is excited to explore Yellowstone!

Accommodations

Best Western Plus by
Mammoth Hot Springs

Meals Included
dinner

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

.....

your adventure in depth

DAY 2

Monday
2/10/20

Yellowstone National Park

Yellowstone National Park is located in Montana, Wyoming, and Idaho, and was the first national park in the United States, established in 1872. It is known for its wildlife and geothermal activity. Its 3,468 square miles includes lakes, canyons, rivers, and mountain ranges, and it is home to hundreds of species of mammals, birds, fish, and reptiles, including the oldest and largest public bison herd in the United States.

Breakfast Enjoy breakfast at the hotel this morning.

Wildlife Viewing in the Lamar Valley Head to the Lamar Valley in the northeastern part of Yellowstone National Park, where you can view wildlife with binoculars and a spotting scope, and have an overview of the local history and geology, as well as the ecology of the wolves, bison, elk, coyotes, birdlife, and other animals in Yellowstone.

Sack Lunch Enjoy lunch on the road today.

Explore Mammoth Hot Springs Returning to Mammoth Hot Springs, explore the unique and famous "travertine terraces." This is an amazing area to walk; the terraces were created over thousands of years. As hot water from the springs cools, it deposits calcium carbonate, which created this stunning landscape.

Dinner Dinner is on your own tonight.

Accommodations

Best Western Plus by
Mammoth Hot Springs

Meals Included
breakfast, lunch, dinner

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

.....

your adventure
in depth

DAY 3

Tuesday
2/11/20

Gardiner to Big Sky

Big Sky, in the southwestern corner of Montana, is just miles from Yellowstone National Park. In the winter, the area is known for alpine skiing, nordic skiing, snowshoeing, and sleigh rides.

Drive to Big Sky

Depart Gardiner this morning and drive north through Paradise Valley and along the famous Yellowstone River. Travel along the Gallatin River (where much of the movie "A River Runs Through It" was filmed), to Big Sky, Montana.

Guided Walk to Ouzel Falls

This afternoon, take a guided walk to Ouzel Falls, walking on a snow covered trail for one mile each way. Designed and built by the Gallatin Valley Land Trust, the trail accesses a spectacular 60-foot waterfall where the South Fork of the Gallatin River falls over a break in the Canyon. In the winter, these falls are frozen with magical ice crystals, forming a lacy curtain of rime (an accumulation of granular ice tufts on the windward sides of exposed objects that is formed from supercooled fog or cloud and built out directly against the wind) and other treasures that the cold weather brings.

The name "Ouzel" is taken from a small aquatic songbird which easily survives difficult winter conditions where there are clear, fast-flowing streams. Also known as the American Dipper, the Ouzel has the benefit of several unique adaptations such as an inner protective eyelid and an extra layer of downy feathers, which allows it to dive into cold, often turbulent rivers and streams, to swim, and to walk along the bottom of the river. It uses the pressure of water on its wings and tail to help keep it down while it searches for insect larvae and other small animals on which to feed.

Afternoon and Evening

Enjoy the remainder of the afternoon at leisure. Dinner tonight is on your own at Buck's T-4 Lodge and restaurant.

Accommodations

320 Guest Ranch

Meals Included

breakfast, lunch

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

your adventure in depth

DAY 4

Wednesday
2/12/20

Big Sky, Montana

Enjoy another day in the stunning Big Sky area. The winter landscapes here are magical.

Backcountry Snowshoeing Activity

Take a short drive to a remote corner of the Yellowstone ecosystem close to the National Park. Put on your snowshoes and begin your adventure at the trailhead. You will quickly access the hidden wonders of Yellowstone's high country winter.

See signs of how wildlife survives the struggles of winter, the magic sculptures that snow-covered trees form, and hear the silence that such a snow-blanketed landscape offers. Your route follows a large creek most of the way as you travel along rolling terrain for about four hours. The distance you travel depends on snow conditions and how often the group stops. Enjoy a boxed lunch along the way.

Sleigh Ride

At 5:30pm, get ready to glide beneath a deep-black, star-dotted Montana sky, with only the sound of crunching snow and the jingling harnesses of the Percheron draft horses, which are skillfully guiding you along the frozen Gallatin River. The wool-wrapped wranglers talk about the 320 Guest Ranch's remarkable history, and will maybe tell a few tall tales along the way. Arrive at the mountain man campsite, where you will be handed a steaming mug of cowboy chili and some hot cider spiced with rum!

Dinner and Rest

Return to the ranch for a scrumptious dinner in the 320 Steakhouse Restaurant, before turning in after a busy day, to your comfortable, cozy log cabin.

Accommodations

320 Guest Ranch

Meals Included

breakfast, lunch, dinner

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

your adventure
in depth

DAY 5

Thursday
2/13/20

Discovering West Yellowstone

West Yellowstone is an ideal place to view the wildlife the Park is known for. Old Faithful, a cone geyser that erupts every 45-125 minutes is also located in this area of the park.

Guided Snow Coach Tour

In West Yellowstone, take a private and spacious 14-passenger snowcoach tour into Yellowstone National Park and to see Old Faithful. Sit back and relax in the winter wonders of Yellowstone while enjoying a guided tour in comfort and warmth into the park's pristine winter environment.

Travel at a comfortable pace with outstanding views and opportunities to get out and take pictures along the way. You will look for bison, elk, and coyote, and experience the greatest concentration of geysers in the world. Journey along the Firehole and Madison Rivers where you can see bird life that includes Trumpeter Swans, Bald Eagles, and a variety of ducks, geese, and possibly water ouzels. Continue to Fountain Paint Pots and Biscuit Basin, and see the sights at Old Faithful. If you're lucky, you just might catch a glimpse of Old Faithful geyser erupting. Winter around Old Faithful Geyser Basin is magnificent, and you can see lots of animals, steaming pools, geysers, and surreal surroundings that glisten like diamonds in the sun and snow.

Dinner Dinner is at the 320 Guest Ranch this evening.

Accommodations

320 Guest Ranch

Meals Included

breakfast, lunch, dinner

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

your adventure
in depth

DAY 6

Friday
2/14/20

West Yellowstone to Bozeman

Say goodbye to Yellowstone today and drive to Bozeman, the fourth-largest city in Montana. Founded in 1864, the town's fertile land attracted permanent settlers. Today, Bozeman attracts residents and visitors for quality of life, scenery, and recreation.

Dogsled Adventure

No other method of travel over snow can compare with dog sledding! This trip is one you will never forget. The energy, excitement, and enthusiasm of these amazing huskies is a wonder to behold. The dogs love to run and their high spirits and big, lovable hearts will quickly win yours.

Experienced guides give hands-on instruction so you can feel, first-hand, the thrill of driving a sled dog team. Lift your foot off the brake and make for the hills as the dogs "mush" ahead. The ten-mile trip allows for plenty of photo opportunities and snack time as you travel through the beautiful mountain scenery of Moonlight Basin Ranch. If riding is more your style, you are welcome to ride inside the sled.

Lunch

Stop for lunch on your own at a local restaurant.

Return to Bozeman

After your dog sledding adventure, return to Bozeman and check into the Best Western Plus GranTree Inn.

Farewell Dinner

Have a farewell dinner with your new AdventureWomen friends. Reminisce over all of the memories you have made and celebrate the end of an amazing journey through this truly spectacular area.

Accommodations
GranTree Inn Bozeman

Meals Included
breakfast, dinner

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

.....

your adventure
in depth

DAY 7

Saturday
2/15/20

Depart from Bozeman

Enjoy one last morning in Montana.

Transfer to the Airport

Say goodbye to your new AdventureWomen friends as you take the shuttle to the airport for your flights home.

Meals Included
breakfast

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

.....

your adventure
in depth

Accommodation Details

Best Western
Plus by
Mammoth
Hot Springs

The Best Western Mammoth Hot Springs Hotel is conveniently located next to the Park's north entrance and is a great place to stay.

320 Guest
Ranch

In 1898, when the west was wilder, two homesteads totaling 320 acres were combined to form the 320 Ranch. In 1936, Montana's first woman doctor and first pathologist, Dr. Caroline McGill, purchased the working cattle ranch as a rest and relaxation retreat for her friends and patients. Today, picture a quiet place, just north of Yellowstone Park and just south of Big Sky Ski Resort, where the pristine Gallatin River winds through sage and towering pines, snow-covered mountains rise against crystal-clear blue skies, and there's an abundance of pure, clean mountain air! That's where you will find the 320.

Best
Western Plus
GranTree Inn

A modern hotel, each room offers free WiFi, flat-screen TVs with HD channels, desks, minifridges and coffeemakers. You can relax in the indoor heated pool or hot tub!

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

.....

your adventure
in depth

Included/Not Included

Included:

- ▶ All hotel accommodations throughout the trip based on double occupancy
- ▶ All meals as listed in the itinerary
- ▶ All ground transportation
- ▶ All park fees
- ▶ Fully-guided sightseeing as indicated in the itinerary
- ▶ Professional guide throughout the trip
- ▶ One AdventureWomen Ambassador

Not Included:

- ▶ Round-trip airfare
- ▶ Optional activities as listed in the itinerary
- ▶ Meals not specified in the itinerary
- ▶ Alcoholic beverages
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Gratuities

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

your adventure
in depth

is this trip right
for me?

the important
stuff

how do I get
there?

pack your
bags!

the fine print

Activity Level:

Moderate

Active

High Energy

Challenging

We rate this trip as Active with High Energy options. Our Active adventures get you on your feet. You should be in good physical condition and be prepared to hike for up to five hours, multiple days in a row, on uneven surfaces with some steep ascents and descents. Our High Energy trips are designed for women who enjoy a physical challenge and crave being on the go! You should be prepared for itineraries that include (but are not limited to): a full day of biking on rolling terrain, hiking 5-8 miles on moderate to steep trails, being active at high altitudes, whitewater rafting, or skiing. Please note that this is a general description of what you might encounter; for specific details about your trip, please consult the itinerary.

We recommend training before your trip (with your doctor's permission!) to make the most of your adventure. We have a partnership with FitForTrips, a company that will design an individualized fitness plan for you with this itinerary in mind. Best of all, AdventureWomen guests get a 25% discount with the code FITWOMEN. Learn more at: <https://fitfortrips.com/partners/adventure-women/>

You should come with a flexible, adventurous, and enthusiastic spirit, and a wonderful sense of humor that adventure travel requires.

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

your adventure
in depth

is this trip right
for me?

the important
stuff

how do I get
there?

pack your
bags!

the fine print

The deposit for this trip is \$800, and is nonrefundable and nontransferable. Once you book, you will need to fill out and return to AdventureWomen:

- Information Form
- Booking Conditions Form
- Copy of Flight Information

Final payment is due to AdventureWomen in a cash form (check, money order, or wire transfer) on or before November 11, 2019. A maximum of \$1,500 per person can be put on a credit card, which includes your deposit.

Identification:

You may need to ensure that your driver's license is REAL ID compliant in order to fly domestically. Please check your home state's guidelines on whether you should upgrade your ID or plan to travel with a passport instead of a driver's license.

Health Considerations:

You should not have any health conditions that would be adversely affected by cold weather, or altitudes of approximately 7,000 feet.

Money:

Suggested Gratuities:

- ▶ Head Guide: \$100
- ▶ Dogsled Guides: \$15
- ▶ Snowcoah Driver/Guide: \$10

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

your adventure
in depth

is this trip right
for me?

the important
stuff

how do I get
there?

pack your
bags!

the fine print

Arrive: Arrive at the Best Western Plus GranTree Inn in Bozeman on February 9, 2020 by 1:00pm.

Depart: Depart Bozeman, Montana (BZN) any time on February 15, 2020.

We are happy to help you make your flight and travel arrangements. Please contact us at:

(800) 804-8686 or (617) 544-9393
email: info@adventurewomen.com

If you'd like to do anything prior to or following the AdventureWomen trip, we'd be delighted to help you arrange any trip extensions you're interested in.

Note: The recent trend in travel is for travelers to finalize their plans much closer to departure time than was customary in the past. While we try to be as flexible as possible booking last-minute registrants, we must release hotel rooms two to three months prior to departure! Please keep this in mind when making your travel plans.

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

your adventure
in depth

is this trip right
for me?

the important
stuff

how do I get
there?

pack your
bags!

the fine print

As you get ready to pack for your adventure, have a look at The AdventureWomen Store at www.theadventurewomenstore.com - we have picked out our favorite travel clothes and outdoor gear to help make packing easy for you. You can also see our recommendations for this trip on the [AdventureWomen Pinterest](#) page.

IMPORTANT: You will be traveling in a 12-15 passenger van, and there is not a lot of room for luggage! **It is imperative that you do not bring a large suitcase or duffel bag.**

Your duffel bag should be no larger than 30" x 14" x 14". It can have wheels. Your carry-on bag should be your daypack, which you will need to carry for most of your activities during the day time. It should be able to fit under the seats in the van (the size that would fit under an airline seat).

note: Winter weather in Montana can be variable and extreme; one day it may be above 50 degrees, and the next day may be below zero! We recommend layering as it allows you to add or shed clothing according to the weather, snow conditions, and your level of exertion. It is strongly recommended that you do not wear cotton clothing outdoors in the winter, especially next to your skin. Cotton absorbs your body moisture and remains cold and wet, whereas the proper synthetics or merino wool allow moisture to wick and will keep you dry and warm.

Clothing and Gear:

- Daypack
- Duffel bag
- 2 light or medium weight top and bottom long underwear
- 1 lightweight fleece shirt/sweater
- 1 mid-weight fleece sweater/jacket
- 1 down vest
- 1 wind shell with hood (should stop wind but remain breathable)
- 2 pairs wool or fleece liner gloves
- 1 pair insulated mittens
- 1 pair shell mitten (waterproof to cover the insulated mittens)
- 1 hat that covers your ears
- 1 synthetic neck warmer/gaiter
- 4 pairs light sock liners
- 4 pairs wool socks
- 1 pair fleece pants
- 1 pair nylon wind pants or Goretex pants
- 1 pair knee-high gaiters
- 1 pair waterproof hiking boots
- Casual clothing for evenings
- Casual shoes for inside

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

your adventure
in depth

is this trip right
for me?

the important
stuff

how do I get
there?

**pack your
bags!**

the fine print

Clothing & Gear Continued:

- Bathing suit
- Pajamas/robe
- Water bottle (minimum 1 quart)
- YakTrax Pro for added traction on walks that do not require snowshoes
- Your favorite snacks
- Hand and foot warmers
- National Park Pass - if you have a senior pass or any National Park pass, please bring it with you

AdventureWomen Essentials:

- Travel documents (identification documents, airline tickets, money)
- Write down/print out travel insurance number
- Locks for your suitcase/duffel bag
- Travel alarm clock with spare batteries
- Headlamp or small flashlight with spare batteries
- Binoculars (8x40/42 models are excellent choices; center focus models are easiest)
- Digital camera, memory cards, battery charger
- Sunglasses, case, and strap
- Spare glasses, contact lenses, cleaner, saline, etc.
- Money belt or neck pouch
- Your AdventureWomen insulated bottle (good for hot or cold drinks!)
- Sunscreen and lip balm with SPF
- Hand wipes/hand sanitizer
- Toothbrush/toothpaste

- Soap, shampoo, and conditioner
- Small packet of tissues
- Tampons and panty liners (avoid plastic applicators)
- Earplugs: We recommend Mack's Pillow Soft White Moldable Silicone Snore Proof Earplugs. Available at most drugstores or at www.earplugstore.com
- Assortment of stuff sacks and Ziploc bags
- 1-2 bandanas/Buff
- Reading material/journal and pens

Personal First Aid Kit:

- Prescription medicine you usually take (in original containers)
- Personal epi pen (if you need one, don't forget to pack it!)
- Bandages, Gauze, Ace bandage, blister prevention
- Antiseptic wipes/spray
- Antibiotic ointment
- Cotton-tipped applicators
- Oral rehydration tablets/packets
- Antidiarrheal medication
- Mild laxative
- Antacid
- Cold remedies
- Ibuprofen/acetaminophen
- Eye drops
- Tweezers, scissors (travel size), safety pins

If you prefer to buy a complete kit, we recommend the Smart Travel first aid kit.

YELLOWSTONE

A Dramatic Winter Wonderland

February 9 - 15, 2020

.....

your adventure
in depth

is this trip right
for me?

the important
stuff

how do I get
there?

pack your
bags!

the fine print

Cancellations and Refunds

Notification of cancellations must be received in writing. Full payment is due 90 days prior to departure date, and the registration deposit is non-refundable.

For cancellations received 61-90 days prior to the trip departure date: 50% of the total trip cost is non-refundable. For cancellations received 1-60 days prior to the trip departure date: 100% of the total trip cost is non-refundable.

You are highly encouraged to purchase trip cancellation insurance to cover emergency situations. Travel insurance information will be sent to you once you have registered for your trip.

Switching Trips

Our deposits are nonrefundable and nontransferable. If for some reason you need to switch to a different trip, please call us and we will do our best to accommodate you, but switching is not guaranteed.

No Smoking Policy

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen vacations.

Health Insurance

You must have your own health insurance to participate in an AdventureWomen trip.

Adventure Travel Today

At AdventureWomen, we want everyone to understand that our excursions are adventure travel vacations and not "tours." We define "adventure travel" as travel in which one **actively participates**, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes vacations all over the world for women who want to **experience an active, out of the ordinary vacation, and meet new friends**. Most of all, we want our trips to be **fun!**

good-natured realist and have a sense of humor! Adventure vacations, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist, and not just as they would have preferred or expected them to exist. The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. **Being on time** is important, and contributes to the congeniality, success and well-being of both individuals and the group!

In this spirit, the successful adventure traveler should be a