



ADVENTUREWOMEN®, INC.

FIRST AND STILL THE BEST! SINCE 1982

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The BEST Women's Downhill Ski Clinic– 2016 revised 9/23/15

An All-Inclusive Ski Adventure for Women of Any Ability Level at Bridger Bowl, Bozeman, Montana

Trip Summary

Dates

January 24 -30, 2016

Cost

\$2,995 from Bozeman, MT (\$600 deposit)
Special winter ski fares are available that do not require a Saturday night stay. Spaces fill fast, so call CIRETTA at Travel Café, in Bozeman, Montana at 800-247-3538. Everyone gets their own private hotel room, with no single supplement charge!

Rating

True Beginner (never been on skis),
Beginner, Intermediate or Advanced (based on your own ability level.)

Activities

- Downhill Skiing

AdventureWomen invites you to join us for a week-long skiing vacation for women in Montana with top downhill ski instruction to discover, OR rediscover, the pure joy of a ski trip just for women. Ski the powder and shush downhill – Montana style – at the BEST all-inclusive women's ski school in the country at Bridger Bowl near Bozeman, MT. Dubbed "the adventure capital of the Northern Rockies" and one of the world's best ski towns by National Geographic Adventure, Bozeman, MT, and Bridger Bowl are home for our spectacular week of downhill skiing.

Our Montana ski trip begins with sunshine, blue sky, and plenty of incredible snow, called Montana's "cold smoke" because the snow in Montana is so light and fluffy. This is what a women's only ski vacation and downhill ski school was meant to be!

Bridger Bowl is a Montana ski resort just made for us! With expert women ski instructors and a small group allowing for individual attention, women skiers at all ability levels (from those who have never skied before, to beginners, intermediates and advanced), can improve not only their alpine skiing skills, but their confidence and comfort zones. The camaraderie of skiing together with other women and your Bridger Bowl ski instructors is what skiers from our past ski clinics have valued as the most important aspect of the week – a stress-free environment which provides an emotionally safe space where each participant can learn to develop their snow skiing abilities and develop at her own level and her own pace. And our "après ski" fun allows us to swap skiing mishaps and stories as we relax over a fine glass of wine in true AdventureWomen style!

Join us in Montana for a women-only ski trip combining fabulous downhill skiing, great camaraderie, outstanding scenery and plenty of fun Montana ski trip memories to take home with you.

Main Attractions

- The BEST all-inclusive women's downhill ski package offered in the U.S.!
- Wonderful SINGLE accommodations in your own private hotel room (no single supplements charged), including full breakfasts each morning in the hotel's dining room.
- World-class alpine skiing in incredible snow at beautiful Bridger Bowl outside Bozeman, Montana with over 1,200 acres of snow skiing for all levels and no crowds or lift lines.
- Expert women ski instructors, small group lessons and guided afternoon skiing for all ability levels in our ski school and women's ski clinic.
- Helpful video critiques from your instructor that constructively helps you improve your downhill skiing skills and confidence.

What's Included:

- 6 nights' accommodations in your own private luxury room at the Best Western Plus GranTree Inn of Bozeman, with no single supplement charge.
- Full breakfasts daily in the hotel's dining room/restaurant.
- 2 dinners, beginning with a Welcome Dinner at AdventureWomen's headquarters on your arrival day and final Celebration Dinner on day 6.
- 5 days of ski shuttle transportation from the hotel, to and from the ski area each day.
- 4 days of morning instruction with women ski instructors (based on your ability) and 4 days of guided skiing in the afternoons with your instructors.
- 1 free day to practice skiing on your own or with others in your group.
- 5 days of lift tickets serving all lifts.
- 5 days of bag checks for all ski equipment to be left at the ski area.
- Before and After videos (IF you dare to watch!)
- All equipment (helmets, skis, boots and poles). You are welcome to bring your own ski equipment. However, the trip package price will remain the same.
- One AdventureWomen Associate trip escort.

What's Not Included:

- Round trip airfare to Bozeman, Montana.
- Any drinks and alcoholic beverages with included meals.
- Tips to your breakfast server each morning at the Best Western Plus GranTree (approximately \$2-3 per day).
- Tips to your:
 - ski instructors (we suggest a minimum of \$80 per person for the week);
 - bus driver (for morning and afternoon transport) - \$10 per person for the week;
 - ski and bag check attendant (for morning check-out and afternoon check-in) - \$10 per person for the week.
- If you utilize the free Best Western Plus GranTree Inn van for shuttles into town for dinners and/or shopping, it's always a nice gesture to give the driver a small tip per trip. A taxi would be MUCH more expensive!

Health Requirements and Health Insurance

You must have your own health insurance, and not have any physical problems or condition that would be adversely affected by skiing and residing at altitudes of 6-8,000 feet.

Experience and Conditioning

This downhill ski week is designed for participants of all abilities, from beginner to advanced. You will have a ski instructor based on your skiing ability, and classes will vary in numbers, but will remain small.

Beginning skiers will learn skiing fundamentals at a relaxed pace. Intermediate groups will develop parallel turns, and increase confidence on a wider variety of terrain. Advanced skiers can look forward to refining parallel turns plus coaching on bump and powder techniques.

The better physical condition you are in, the more you will enjoy your week. Working out before this trip (walking, treadmill, aerobics, whatever you find most comfortable), so that you are in the best condition possible, is important. We also assume that you will come with a flexible, adventurous, and enthusiastic spirit, and a wonderful sense of humor that winter fun in Montana requires!

About The Best Western Plus GranTree Inn, Bozeman, MT

Cradled between the Bridger, Gallatin, and Spanish Peaks mountain ranges, the Best Western Plus GranTree Inn offers perfect lodging that is conveniently located near restaurants, shops, and Historic Downtown Bozeman. Each large, non-smoking room is attractively decorated and has one king-size or two queen-size beds, cable TV and pay movies, dataports, voicemail, high-speed Internet access, clock radios, hairdryers, coffee/tea makers, irons and ironing boards and two phones with dual lines. Excellent amenities include a heated indoor pool, hot tub, exercise room, convenience store, gift shop, a business center and the newly renovated restaurant, the GranTree Bar & Grill. The hotel also offers room service, 24-hour airport shuttle, 24-hour front desk service, valet laundry service and 24-hour laundry facilities.

Our Ski Instructors at Bridger Bowl

Our women ski instructors are part of the Bridger Bowl Ski School. They provide us with expert quality instruction in a supportive environment that is fun and rewarding.

How To Register

First, call (800-804-8686) or email (trips@adventurewomen.com) the AdventureWomen office to determine space availability. As a courtesy, we will hold your space for 5 days while you are completing the registration process, and making personal and travel arrangements.

Next, complete and sign the Trip Registration and Domestic Passenger Information forms on our Web site by clicking "Sign Up for this Trip" on the trip page. We can also fax or email them to you. Include, with your forms, the required deposit that can be made by credit card (Visa, MasterCard, or

Discover), personal check, money order, or cashier's check. You can also give us your credit card number over the phone. Once we receive **your deposit and BOTH forms**, we will mail you a trip confirmation/information packet verifying your registration.

Traveling to Bozeman, MT

Plan to arrive in Bozeman, Montana and be at the Best Western Plus GranTree Inn of Bozeman on January 24, 2016 by 5:00 p.m. Bozeman-Yellowstone Airport at Gallatin Field is served by Delta, United, Horizon, Frontier and Allegiant Airlines. There will be a welcome dinner and orientation at AdventureWomen headquarters at **6:30 p.m. that evening**.

You are free to make your departure any time of the day on **January 30**.

We are staying at the **Best Western Plus GranTree Inn, 1325 N 7th Avenue, Bozeman, Montana 59715**, the nights of January 24 - January 29, 2016. For this ski trip everyone has their own, private, single room, with no single supplement charge! Each room has a 42 inch flat-screen TV, beds with pillowtop mattresses and linens with duvet covers, plus an upgraded business center.

If you choose to come early or stay longer, please make your own reservations for extra nights directly with the Best Western. **Call Christie Ratz at 406-556-6205 or email her at grantreesales@montana.com** and tell her you are coming on the AdventureWomen ski trip. Or, if you make your plane reservations with our air agent, **Ciretta Green at Travel Café**, she can also make hotel reservations for you.

The hotel provides free shuttle service to and from the airport. You can call the hotel (406-587-5261) a day or two ahead of your arrival to request shuttle service and they will be waiting when you arrive. Or you can call when you arrive and they will come pick you up.

Making Travel Arrangements to Bozeman

We suggest you book your air reservations with our travel consultant soon after registering for this trip! We also suggest that you might consider coming in a day early (on Saturday). In addition to winter weather issues, airlines these days cancel flights often, so arriving a day early assures that you will be here on Sunday, the day the trip begins.

There is PLENTY to do in Bozeman if you arrive early. Plan to explore the fun town of Bozeman and its historic downtown area. The movies *"A River Runs Through It"* and *"The Horse Whisperer"* were filmed in the area! Coming a day early will also allow you to acclimate to an altitude of approximately 5,000 feet, as you will be at almost 7,000 feet at Bridger Bowl ski area. The upbeat atmosphere is that of "a small town in big britches." While images of cowboys, pioneer women and rowdy miners are still reflected by the locals' faces, the city's historic downtown has everything from gourmet restaurants to art galleries. The famous Museum of the Rockies, located on the Montana State University campus not far from downtown, was the permanent home to one of the largest and most complete Tyrannosaurus rex skeletons on exhibit anywhere in the world. It was recently sent to the Smithsonian to be on exhibit. In your final trip information, sent about a month prior to the trip, we will enclose a list of restaurants in downtown historic Bozeman, wonderful places to shop, and some fun things to do if you come early, or stay later.

In order to facilitate group arrivals and departures, we ask that you work directly with our travel consultants at **Travel Café** to make your travel arrangements. Either before or after booking your trip, please contact **Ciretta Green** at:

1-800-247-3538 OR FAX 1-406-586-1959
email: ciretta@travelcafeonline.com
CANADIAN RESIDENTS, please call 406-587-1188

When calling, please identify yourself as an AdventureWomen Traveler. If you leave a message on Ciretta's voice mail, she will return your call promptly. She will be happy to discuss your travel plans and help you decide when to purchase your ticket for the best rate. If you purchase your ticket through her, she can also help you with hotels and rental cars, should you want to come early, stay longer, or share a rental car or hotel room with another participant. If you do not purchase your air ticket through Travel Café, you are responsible for making your own arrangements for hotels, rental cars, trip extensions, transfers, etc.

NOTE: The recent trend in travel is for travelers to finalize their plans much closer to departure time than was customary in the past. While we try to be as flexible as possible booking last minute registrants, we must often relinquish hotel space and air reservations up to 6 – 12 weeks prior to departure!

Please keep this in mind when making your travel plans.

Liability Form and Final Payment

Part of what ADVENTUREWOMEN, INC. hopes to foster is the taking of more self-responsibility for our own lives, health, and safety. Please read the LIABILITY FORM carefully, return it with the remainder of your balance due by **OCTOBER 27, 2015.**

Cancellations and Refunds

Notification of cancellations must be received in writing. Full payment is due 90 days prior to departure date, and 50% of the registration deposit is non-refundable.

For cancellations received 60-89 days prior to the trip departure date: 50% of the total trip cost is non-refundable. For cancellations received 1-59 days prior to the trip departure date: 100% of the total trip cost is non-refundable.

You are highly encouraged to purchase trip cancellation insurance to cover emergency situations. A brochure will be sent to you in your registration packet.

Switching Trips

Before your final balance due date, you may change your deposit to another trip within the same calendar year by paying a \$75 fee to switch. You may not switch your deposit to a trip in another calendar year.

No Smoking Policy

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen vacations.

A Typical Day on the Slopes in Bozeman, MT at Bridger Bowl

Begin your women's skiing trip at Bridger Bowl, one of Montana's top ski resorts near Bozeman, MT. Wake up to blue skies and fresh snow on Montana's Bridger Mountains, a spectacular view in "Big Sky" country that can be easily seen from the window of your Bozeman hotel room. Walk to the hotel's dining room and enjoy full breakfasts in the restaurant each morning.

Hop on the ski shuttle that stops right at the hotel's front door for a quick and scenic ride up the canyon to Bridger Bowl, the home base for our women's ski vacation and all inclusive package and home of Bozeman's famous "ski the cold smoke" snow.

Whatever your ability level, enjoy learning all the best tips for better snow skiing with your expert women ski instructors and a small group of fellow AdventureWomen skiers matched to your level. As the week progresses, see your confidence and downhill skiing skills dramatically improve, as the camaraderie of skiing together with other women helps you learn and progress at your own pace, with personalized skiing instruction and helpful ski video critiques along the way.

Time for a break and hot lunch at the beautiful mid-mountain Deer Park Chalet or Jimmy B's Bar and Grill at the base lodge at Bridger Bowl.

After lunch and a short rest, enjoy guided snow skiing on Bridger Mountain's world-class slopes with your group and instructor, for a chance to explore the variety of terrain that Montana's Bridger Bowl ski area offers.

Your Montana ski package wouldn't be complete without some après ski fun! Catch the ski shuttle back to the hotel in late afternoon, and sooth your muscles with a hot bath, in your own private room, or sit in the hotel's hot tub. Meet in the newly renovated Best Western GranTree Bar & Grill to get together for a drink before dinner with your new AdventureWomen ski friends. You can stay at the hotel for dinner, or choose to go to one of Bozeman's other wonderful restaurants, which we will tell you all about. Most restaurants are within walking distance or shuttle of the GranTree Inn. Your first night's dinner and trip orientation, with your ski instructors, is hosted at the home of AdventureWomen's founder, Susan Eckert.

If you take an afternoon off from skiing, or if you still have energy after you return from the slopes in the afternoon, you can explore the local color and culture of Historic Downtown Bozeman, a "mecca" in the western U.S. boasting small-town culture and friendliness with cosmopolitan amenities amidst a spectacular mountain setting. Join us at Bridger Bowl for the best in Montana skiing fun!

What to Bring

Winter weather in Montana can be variable and extreme; one day it may be above 50 degrees, and the next day may be below zero! During previous AdventureWomen ski vacations at Bridger Bowl

near Bozeman, MT it has often been anywhere from minus 10 degrees F to above freezing. Generally, however, this time of the year (late January/early February) has excellent winter weather. But please come prepared with the right ski clothing for winter conditions! We recommend layering as it allows you to add or shed clothing according to the weather, snow conditions and your level of exertion on the ski slopes.

NOTE: We are happy to report that Montana's Bridger Bowl is not a mecca of high ski fashion! Comfortable and practical ski clothes are the accepted norm!

- Ski outerwear – a wind-proof ski jacket and ski pants, your personal preference – be prepared for a wide range in temperature variation.
- Under your ski jacket: a down sweater, or fleece.
- Under your down sweater or fleece: a turtleneck (wicking layer/polypropylene) and wicking/polypropylene long underwear under your ski pants.
- Face mask and/or neck gaiter and/or buff.
- Gloves for warmer days, mitts with liners for colder days.
- Ski socks- when renting boots it is good to have socks in varying thickness to ensure the best fit.
- Ski hats, head bands, scarves.
- Extra clothes for après ski, very casual sweaters and pants.
- Après ski boots or shoes.
- Bathing suit for sauna and hot tub.
- Toiletries and personal items.
- Sunscreen and lip balm with sunscreen.
- Sunglasses and ski goggles.
- Underwear, sleep wear, robe, and slippers.
- Bandanas (better than Kleenex for blowing your nose.)
- Small digital camera for great photographs of your ski buddies and fabulous views from the top!

If you have your own ski boots and helmet that fit you well, we encourage you to bring these. Otherwise, these items are part of your rental ski package that is included in the trip price.

About Adventure Travel Today - Please Read Carefully!

At AdventureWomen, we would like to ensure that all participants understand that our excursions are *adventure travel vacations*, and not "tours." We define "adventure travel" as travel in which one *actively participates*, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes vacations all over the world for women who want to experience an *active, out of the ordinary vacation, and meet new friends*. Most of all, we want our trips to be fun!

In this spirit, the successful adventure traveler should be a *good-natured realist* and have a *sense of humor!* *Adventure vacations, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist*, and not just as they would have preferred or expected them to exist. The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. *Being on time is important*, and contributes to the congeniality, success and well being of both individuals and the group!

Thank you for choosing to travel with AdventureWomen! If you have any questions or concerns, please don't hesitate to call, write or email us.

AdventureWomen, Inc.
300 Running Horse Trail
Bozeman, MT 59715
800-804-8686
406-587-3883 (outside the U.S.)
trips@adventurewomen.com

Mountain Facts

- 20% Easy
- 30% Intermediate
- ◆20% Advanced
- ◆◆30% Expert

Base Elevation: 6,100 ft
Vertical Feet: 2,700 ft
Longest Run: 3 miles
Annual Snowfall Average: 350 inches

Lifts: 1 Quad - 5 Triples-
2 Doubles

Trails: 71