

[Share](#)[Signup](#)[Past Messages](#)[RSS](#)The 10 Rules For Being Human | Problems viewing this email? [Click Here.](#)

2015 is my year to...

- * see a giraffe in the wild...
- * do something I've never done before...
- * finally see San Francisco, Tahoe & Napa...
- * take time for JUST ME...!



AdventureWomen - First and Still the BEST - Since 1982.

January 2015

THE 10 RULES FOR BEING HUMAN

HAPPY NEW YEAR!

In the early days of my business, I used to enclose *The 10 Rules for Being Human* with every registration packet. Not sure why I stopped doing this, because they are fun and insightful! The New Year is a time of reflection, a time to grasp our humanness and take responsibility for our lives and our choices. Let's begin 2015 on this note!

Another appropriate blogpost for the beginning of the year is *The Link Between Gratitude and Happiness*, and how to practice gratitude in 2015. We have so much to be grateful for.

To get you excited about our 17 worldwide adventures offered in 2015, view our short *3D video presentation*. We sure had fun creating this!

An FYI - Our [Nepal Trek](#) and [Hiking the Italian Lakes](#) trips have filled so fast that we've added a second trip for each of these. Check them out on our website! Other trips are also filling fast, so take a look at our 4 featured adventures below.

2015 ADVENTURE VACATIONS

[Read More](#)

Yellowstone Winter Wonderland

What could be more dramatic than a vacation in Yellowstone National Park in the winter! Billowing geysers, frosted landscapes, frozen waterfalls, abundant wildlife, and surreal snowscapes are the magical world of winter in Yellowstone --... [Read more.](#)



A Caribbean Adventure in Paradise

The Caribbean's British Virgin Islands (BVI's) offers one of the finest sailing, snorkeling and scuba diving destinations in the world. For our February 2015 Caribbean sailing vacation and all-inclusive private "cruise" with AdventureWomen, we are returning... [Read more.](#)

Alaska Bear Viewing & Safari

AdventureWomen's Alaska Bear Viewing and Wildlife Safari on the Kenai Peninsula in South Central Alaska, takes you on an Alaska adventure tour deep into grizzly bear territory where most don't have the opportunity to venture.... [Read more.](#)



Iceland Discovery Adventure

Our mid-summer 2015 Iceland Discovery Adventure is an adventure travel trip filled with unique, active, and fun "only in Iceland" activities that showcase this fabulous island as only the Icelandic people know it. As the Iceland... [Read more.](#)

CIAO BELLA BLOG

[Read More](#)



The 10 Rules For Being Human : Cherie Carter-Scott

Best-selling author and life coach Cherie Carter-Scott inspires us at AdventureWomen with her ten rules for living life:
1. YOU WILL RECEIVE A BODY You may like it or hate it, but it will be... [Read more.](#)



Preview Video: AdventureWomen's 17 Adventure Travel Trips for 2015!

To help you get excited about AdventureWomen's 17 worldwide adventure travel trips offered in 2015, we know you'll have fun watching our short 3D video. We sure had so much fun creating this! (And don't... [Read more.](#)



The Link Between Gratitude and Happiness: 2015 Tips for All AdventureWomen

As we move into a new year at AdventureWomen in 2015, we have time to reflect on all the places, people and new experiences which touched our lives in 2014. Every year, we are so... [Read more.](#)

ABOUT THE AUTHOR

[Read More About Susan](#)



Thanks for Reading

I hope you've enjoyed reading our E-Newsletter and exploring our website. The world is waiting for you to create your own personal journeys of the heart!

Susan F. Eckert

[b](#) [f](#) [t](#) | [Browse Our Current Trips](#) | [Trip Previews](#) | [Contact Us](#)

1.800.804.8686 | www.adventurewomen.com

© 2015 AdventureWomen, Inc. All Rights Reserved AdventureWomen® is a Registered Trade Mark of AdventureWomen, Inc.

[Forward to a Friend](#)

To unsubscribe/change profile: [click here](#)

To subscribe: [click here](#)

