



"The Grande Dame" of Women's
Adventure Travel Since 1982

2007 ~ Celebrating 25 Years!

DATES

March 19 - 29, 2007

COST

\$5,195 all-inclusive from JFK, New York on
Emirates Air to Dubai, United Arab Emirates
(\$800 deposit)

RATING

Moderate

ACTIVITIES

Wildlife Viewing, Birding, Walking, 4X4, Canoe
and Dhow Travel, Dune Buggy Ride, Snorkeling
and Swimming, Natural History, Photography,
Sightseeing, Cultural Exploration, Duty Free
Shopping

MAIN ATTRACTIONS

- Stay in 4- and 5-star luxury hotels and resorts and eat sumptuous meals throughout.
- Experience exciting 4X4 desert and mountain safaris and a guided hike in the spectacular Hajar Mountains.
- Travel by canoe, drive your own dune buggy in the Arabian desert, and overnight at a Bedouin-style desert camp.
- See the world's tallest hotel, and shop duty free in traditional souks and the world's largest shopping mall!
- Take a dhow cruise in the dramatic "Fjords of Musandam- the Norway of the Middle East" in Oman.
- Fly round trip from New York on award-winning Emirates Air.

AdventureWomen is the oldest
adventure travel company for
active women over 30.

DUBAI

LAND OF CAPTIVATING CONTRASTS - WHERE THE BEST OF EAST MEETS WEST

The recent film *Syriana*, starring George Clooney and Matt Damon, was filmed in Dubai, United Arab Emirates. The producers of the film expected to spend just a few days filming in the city, but when they discovered the dramatic desert landscape and how posh and friendly were its environs, they ended up spending four weeks in the emirate!

With its rich heritage and modern cosmopolitan culture, Dubai perfectly combines the best of the modern world with the warmth of traditional Arabian hospitality. It is the heart of the United Arab Emirates*, a loose federation of seven emirates located on the Persian Gulf. More than any of its sister emirates, Dubai has leaped into the 21st century and embraced Western ways with startling energy in its amazing architecture, the business services it provides and the comforts and attractions it offers. Home to more expatriates than native Emiratis, along with more than five million tourists, Dubai City is one of the most tolerant cities in world. Street crime is unknown, and the climate is close to perfect. The prestigious Financial Times publication, FDI Magazine has named Dubai the "Middle Eastern City of the Future."

From the timeless tranquility of the desert to the lively bustle of its souks, modern Dubai offers a kaleidoscope of attractions. The emirate embraces a wide variety of scenery in a very small area. In a single day, we will experience everything from rugged mountains and awe-inspiring sand dunes to sandy beaches and lush green parks, from dusty villages to luxurious residential districts and from ancient houses with wind towers to ultra-modern shopping malls. The emirate is both a dynamic international business center and a laid-back tourist escape, a city where the sophistication of the 21st century walks hand in hand with the simplicity of a bygone era.

These contrasts give Dubai its unique flavor and personality - a cosmopolitan society with an international lifestyle, yet with a culture deeply rooted in the Islamic traditions of Arabia. For centuries (Marco Polo described it as a bustling commercial center in the 13th century), Dubai's strategic location at the crossroads of Europe and Asia has made it a meeting place, bringing together the Bedouin of the desert interior with the pearl-diver, the merchant of the city with the sea-going fisherman. Admirably, in its headlong rush into the future, the Emirates have not forgotten their proud heritage. "A country that knows not its past has neither present nor future." These words by the late Sheikh Zayed bin Sultan Al Nahyan, and late president of the United Arab Emirates, are a caution that the United Emirates of today have taken very much to heart. Past traditions and monuments are being revitalized and preserved, and a new and proud nation is being created without the rejection of the past. Dubai, the most evolved of the seven emi-

WHAT'S INCLUDED IN THE PRICE OF THIS TRIP

- Round-trip international air on award-winning Emirates Air from New York to Dubai.
- 4- and 5-star hotels throughout the trip in double occupancy, twin-bedded, non-smoking rooms.
- One overnight at a Bedouin-style desert camp.
- All meals from breakfast on Day 3 to breakfast on Day 10.
- All airport transfers and all transportation throughout the trip in private vehicles and 4 X 4's.
- All activities, tours, and admission fees as listed in the itinerary, with special activities as follows:
 - Dhow dinner cruise in Dubai City.
 - 4 X 4 mountain safari to Jebel Harim.
 - Full day dhow cruise to the "Fjords of Musandam" in Oman.
 - Guided full day hike in the Hajar Mountains.
 - Lagoon canoeing at Khor Khalba.
 - Desert 4 X 4 safari.
 - Overnight at Bedouin-style camp with traditional BBQ.
 - Dune buggy safari.
- Services of professional English-speaking guides.
- One AdventureWomen Associate.
- Baggage handling throughout the trip.

NOT INCLUDED

- All international airline taxes and airport departure taxes.
- Items of a personal nature.
- Combined ("on arrival") Dubai and Oman visas and fees, \$85 U.S.
- Lunch and Dinner on Day 10.
- Tips to professional guides: \$8 - \$10/person/full day; driver-guides: \$3 \$5/person/full day. For the few meals not included in the itinerary: some restaurants include service, otherwise 10 per cent is adequate.

rates, is working to keep the aura of ancient Arabia alive in the midst of the modern world it has created.

At times referred to as the "Oz of the Middle East," Dubai might shock anyone who isn't from Las Vegas! It boasts some of the finest luxury hotels and golf courses in the world, miles of golden sandy beaches, warm seas, magnificent marine life, state of the art shopping malls with low duty free prices, exotic souks, exciting nightlife, superb restaurants offering a range of cuisine from around the world, and timeless and stunning desert landscapes. It is the home of the world's tallest hotel, the largest shopping center, the first underwater luxury hotel, and it hosts the world's richest horse race. You can even ski in Dubai (YES, on SNOW!) in the world's third largest indoor ski slope, measuring over 1,200 feet long and using 6,000 tons of snow.

The rest of the world has been experiencing Dubai for years. Now it's time for Americans to discover it! Join AdventureWomen on this unique and exotic journey, for the best of East meets West. From the luxury of Dubai City to an overnight in a Bedouin-style desert camp, 5-star hotels, 4 X 4 desert safaris, driving your own dune buggy through the Arabian desert, hiking, canoeing, dhow cruises and magnificent duty free shopping, we're doing it all. We'll also travel to the northern province of Oman, separated from the rest of Oman by the United Arab Emirates, to spend two days exploring the spectacular "Fjords of Musandam," also called the "Norway of the Middle East." Be the first on your block to discover this fascinating part of the world!

**United Arab Emirates - the UAE or the Emirates - is a Middle Eastern country situated in the southeast of the Arabian Peninsula in Southwest Asia on the Persian Gulf. The seven emirates are: Abu Dhabi, Ajman, Dubai, Fujairah, Ras al-Khaimah, Sharjah, and Umm al-Quwain.*

HOW TO REGISTER

First, call (800-804-8686) or email (advwomen@aol.com) the AdventureWomen office to determine space availability. We will hold a space for you for 5 days while you are completing the application process and making personal travel arrangements.

Next, complete and sign the Trip Application form included in all of our brochures. We can also fax or mail one to you, or you can get the Trip Application form on our Web site by clicking "Book Now" on our home page. Include with the application the required deposit that can be made by credit card (Visa or MasterCard), personal check, money order or cashier's check. You can also register over the phone with a credit card. Once we have received your deposit and trip application, we will mail you a package of information verifying your registration.

Note: We will only hold your space for 5 days without a trip application and deposit payment!

PASSPORT, VISAS, AND HEALTH REQUIREMENTS

Citizens of the United States must possess a valid U.S. passport for travel to Dubai and Oman. Your passport must be valid 6 months beyond your intended stay.

A Visa will be issued on arrival in Dubai for U.S. passport holders, for stays not exceeding 30 days.

LIABILITY FORM AND FINAL PAYMENT

Part of what AdventureWomen hopes to foster is the taking of more self-responsibility for our own lives, health, and safety. Please read the LIABILITY FORM carefully, sign it, and **return it with your final payment by DECEMBER 19, 2006.**

CANCELLATIONS AND REFUNDS

Full payment is due 90 days prior to departure, and \$300 of your deposit is non-refundable. If you cancel less than 90 days before your trip, the following penalties will apply:

- 60-89 days prior: 50% of total trip cost non-refundable
- 1-59 days prior: 100% of total trip cost non-refundable

You are highly encouraged to purchase trip cancellation insurance to cover emergency situations. Information will be sent to you in your registration packet.

SWITCHING TRIPS

Before your final balance due date, you may change your deposit to another trip within the same calendar year by paying a **\$75 fee to switch**. You may not switch your deposit to a trip in another calendar year.

NO SMOKING POLICY

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen vacations.

Please Note: Anyone with an Israeli stamp in their passport or citizens of other countries should inquire about requirements for entry at <http://guide.theemiratesnetwork.com/living/visa.php>

If you do not have a passport, please APPLY NOW! Due to increased security restrictions around the world, you will need to apply for a passport several months before our departure date. If you wait until the last minute, you may not receive it in time to go on the trip, or may have to expedite your order at a much higher expense. You should always carry 2 extra passport photographs with you, in case of emergency (if your passport/visa is lost or stolen).

Health Requirements: No vaccinations are required when you travel directly from North America.

Please consult your personal physician, local health department, travel clinic, or immunization center about any vaccinations you may need to update, or others that may be personally recommended for you based on your age, health, and past vaccination history.

You MUST have your own health insurance, and have no physical problems or conditions that would be adversely affected by riding in 4 X 4 vehicles on rough, bumpy roads and hiking or walking 3-4 miles per day (on level ground.) You must be in very good physical condition to participate in this trip.

TIME, ELECTRICITY, WEATHER

Time Difference: Eastern Standard Time plus 8 hours.

Electricity: 220V, 50Hz

Weather: Dubai has a sub-tropical, arid climate. Sunny, blue skies can be expected most of the year. We will be traveling in Dubai in "winter", which is December through March. The weather is MUCH more agreeable than going there in "summer" (June through September, when the temperatures can reach way above 100 degrees). Winter temperatures range between 77 and 95, and in some areas it can get as low as 48 at night.

There is no particular rainy season in Dubai, as might be expected, but there can be rainfall at any time, even in the summer.

MONEY

U.S. Dollars and credit cards can be used almost everywhere. ATMs are fairly well distributed around Dubai. Shopping malls are fairly well supplied with machines. Cirrus and Visa cards will work in most Dubai ATMs.

The currency of the country is the Dirham with the abbreviation of AED. Dirhams are divided into subunits called fils; one Dirham (AED) = 100 fils. The Dirham is fixed against the U.S. Dollar.

**IMPORTANT INFORMATION
ABOUT TRAVEL ARRANGEMENTS**

Round-trip airfare from JFK Airport, New York to Dubai is included in the cost of your trip package. Our outfitter, not Montana Travel, is handling our international round trip air on Emirates Air, and any add-on airfare to JFK, New York.

Not included in the cost of your trip is extra add-on airfare from your hometown to JFK, New York. These add-on fares are often much less expensive than if you were to ticket them separately. In addition, by getting an add-on fare with an airline that cooperates with Emirates Air means that you will have a continuous ticket on Emirates Air, and if for any reason the international flight times change, or if you miss this flight, Emirates Air will be responsible for getting you to Dubai.

If you are interested in finding out if your gateway city (the airport out of which you will be flying to New York) is available for an add-on airfare, please tell us out of which city you will be flying, and we will find out from our outfitter the cost and availability of an add-on fare for you.

If you cannot get an add-on airfare from your hometown to New York, Ciretta Green at Montana Travel (800-247-3538) will be available to help you with your round trip flight to New York. Or, you can make your own arrangements or use frequent flyer miles. Just be aware that you will need to arrive in New York with plenty of time between your flights (4 hours minimum).

NOTE: The recent trend in travel is for travelers to finalize their plans much closer to departure time than was customary in the past. While we try to be as flexible as possible booking last minute registrants, we must often relinquish land space and air reservations up to 2 months prior to departure! Please keep this in mind when making your travel plans.

OUR EXCITING ITINERARY FOR DUBAI - LAND OF CAPTIVATING CONTRASTS:

Day 1, Monday, March 19, 2007 *Depart the U.S.A. for Dubai on Emirates Air*

Our overnight flight on award-winning Emirates Air departs from JFK Airport, New York at 11 P.M. for Dubai, the United Arab Emirates. All meals enroute.

Day 2, Tuesday, March 20 *Welcome to Dubai, the Heart of the United Arab Emirates*

We arrive at Dubai International airport at 8:40 P.M. and after obtaining our visas on arrival, are met by our English-speaking representatives and transferred by private coach to our hotel. Time to sleep and rest up before our adventure begins tomorrow!

Overnight at Hilton Dubai Creek Hotel

Located on the Dubai Creek, Hilton Dubai Creek Hotel is a stylish boutique hotel with fabulous panoramic views over the traditional Arabian dhow trading posts. All 154 guest rooms combine tranquility with a breathtaking view of the creek and city. The stunning steel and glass contemporary interiors and exteriors were designed by the celebrated Carlos Ott. For relaxation there is the rooftop pool, the fitness room and a wide range of aromatherapy treatments. The Hilton Dubai Creek Hotel offers unique and unrivalled dining concepts with the Glasshouse, a contemporary dining room, and Verre, the hotel's signature fine dining restaurant. The famous Michelin star chef Gordon Ramsay and his team oversee all catering in the hotel.

Hilton Dubai Creek Beniyas Road, PO BOX 33398, Dubai, U.A.E
Tel: +971-4-2271111 Fax: +971-4-2271131

Day 3, Wednesday, March 21 *Dubai City Tour, Shopping, and Dhow Dinner Cruise*

Our adventure begins this morning after breakfast with a half-day orientation to Dubai City. First stop is a chance to photograph the world's tallest hotel, the Burj Al Arab. Designed to resemble a billowing sail, the hotel soars to a height of 1,053 feet, dominating the Dubai coastline. At night, it offers an unforgettable sight, surrounded by choreographed color sculptures of water and fire.

Next is a visit to Jumeirah, the picturesque palace and residential district, home to the famous Jumeirah Mosque and Al Bastakiya, the city's Old Quarter. We then view the impressive Emirates Towers, the tallest building in the Middle East and Europe, and continue on to historic and romantic Dubai Creek, where we board an abra (water taxi) for a short ride past the exotic aromas of the spice souk, textile souk and last, the million-dollar glitter of the biggest gold souk in the world- a landmark of Dubai.

Lunch today is an international buffet at the Taj Palace Hotel, and after lunch we are picked up to go SHOPPING, one of the all-time best pastimes in Dubai City, and what most tourists come here for! We will visit and shop in some of Dubai's most famous shopping malls (i.e., Bur Juman, Al Ghurair and the Deira City Center that contains all items under one roof); Al Fahidi Street, also called the Electronics Street; and the Naif souk, a textile market that tests your bargaining skills. We'll

(ITINERARY—continued on page 5)

end at the Dubai gold souk, where you can buy some of the finest and purest gold at extremely competitive prices.

Dhow Dinner Cruise on Dubai Creek

A sunset cruise on board a traditional wooden dhow (a traditional long, flat sailing vessel that is lateen-rigged and found in the Indian Ocean along the east coast of Africa, the Arabian peninsula, Pakistan, and India) includes a sumptuous dinner feast with Arabian and Western dishes to be enjoyed as we glide along Dubai Creek. Discover the true beauty of Dubai as our dhow slips silently along the Creek and we view illuminated architecture on shore, while Arabian music onboard reminds us of where we are.

Dubai Creek, one of the city's most famous landmarks, is a meandering 8.7 mile historic waterway. Providing the lifeblood of Dubai's vibrant city, it divides the city into Bur Dubai, the old section, and Deira, the so-called new district. Lately, the lure of the Creek has been greatly enhanced by the renovated "Heritage District" that is located in the Shindagha area of Bur Dubai at the mouth of the Creek. We will cruise by much of Dubai's history, as it is preserved in its collection of forts, mosques, palaces and other historic monuments along the creek. On the Bur Dubai side the skyline is spiked by minarets and wind-towers - an ancient method of natural air conditioning; while on the Deira shore, the towering modern 20th century edifices look down on the busy waters.

Breakfast, Lunch, Dinner

Overnight at Hilton Dubai Creek Hotel

Day 4, Thursday, March 22 *Travel to Oman's Musandam Peninsula and Mountain Safari to Jebel Harim*

After a sumptuous breakfast we say good-bye to the Hilton Dubai Creek Hotel and drive to Khasab, the capital of Musandam, Oman. Our travels this morning take us along a panoramic coastal road that overlooks the Gulf of Arabia and the Straits of Hormuz. Arriving at our hotel, the Golden Tulip Resort, we have lunch in the dining room and then depart for an afternoon mountain safari to Jebel Harim. In 4 X 4 vehicles, we drive on a panoramic journey into the barren interior and Jebel Harim, translated as the "Mountain of Women," the highest mountain in Musandam. This tour gives us an opportunity to enjoy the dramatic scenery of Musandam's mountains, speckled with fossils dating back several million years. On the way we pass the Bedouin village of Sayh situated at 3,609 feet above sea level. This is a calm and peaceful village where one can cherish the beauty of Musandam in the plateau of the village. Drive to Rowdah village where one can see the pre-Islamic graveyard. Drive to Khawr Najid with stunning

views overlooking the Indian Ocean side. Then we will drive to see the natural park of Acacia trees at Khalidiya and return back to Khasab.

Breakfast, Lunch and Dinner at the hotel's pool side

Overnight at the Golden Tulip Resort

The Golden Tulip hotel occupies a superb location with breathtaking views of the surrounding mountains and the sea. This sophisticated hotel is the finest accommodation option in Khasab with a good range of facilities for such a remote location.

Golden Tulip Khasab Hotel Resort PO Box 434, Khasab 811, Oman

Day 5, Friday, March 23 *Dhow Cruise to the Spectacular "Fjords of Musandam"*

This morning we check out from the Golden Tulip Resort and transfer to Khasab Harbor in Oman for a full-day dhow cruise to the spectacular "Fjords of Musandam."

Oman's northern province is separated from the rest of Oman by the United Arab Emirates. Called the 'Norway' of the Middle East, its barren mountains rise up to 6,500 feet above sea level and jut out like fingers into the sea, creating countless inlets and coves. The patterns and textures of the mountains are altogether striking. On board our traditionally decorated Omani dhow, we sit comfortably on cushions and carpets while feasting our eyes on the striking scenery. A dhow trip to the fjords offers an insight into the fantastic landscape of this area, as we cruise to discover different villages and into the Straits of Hormuz. Here we find placid waters, marine life, secluded beaches and isolated outposts.

Midway during the cruise we anchor at the famous Telegraph Island, where we are able to swim and snorkel in the rich underwater life of its pleasant clear waters. There is also a possibility of seeing dolphins along the cruise. Lunch, refreshments and fruits are served on board.

In 1864 Telegraph Island was a British station along a telegraph cable that was connected to speed up communications between England and India, linking London to Iraq's southern city of Basra and onwards to Bombay, India. The station was later moved from Musandam to Heshgam in Iran (Persia).

At the conclusion of our dhow cruise we check into the Al Hamra Fort Hotel and Beach Resort for the next two nights.

Breakfast, Lunch and Dinner

(continued from page 5)

Overnight at the Hamra Fort Hotel

The beautiful 5-star Al Hamra Fort Hotel and Beach Resort, Ras Al Khaimah, is located on one of United Arab Emirates most stunning beaches. Crowned by a natural lagoon, the property was designed as a victorious Arabian Fort reviving the 1001 Arabian Nights Theme. It consists of 83 guest rooms with spacious balconies in the main palace and 182 villa rooms built in the style of a traditional village. It is quiet, elegant, and provides a complete range of leisure activities including a host of different watersports for us to enjoy.

Al Hamra Fort has 3 restaurants- an international coffee shop, an Arabic restaurant and a tempting Italian restaurant. The lounge bar serves cocktails and has live music performance every night.

Al Hamra Fort Hotel and Beach Resort
P.O.Box 1468, Ras Al Khaimah, United Arab Emirates
telephone +971 7 244 6666 facsimile +971 7 244 6667

Day 6, Saturday, March 24 *Free Day to Enjoy the 5-Star Hamra Fort Hotel and Activities*

Today we have a choice of many activities, or total relaxation. There are tennis courts, a mini golf course, volleyball, boat trips, a beautiful swimming pool, scuba diving excursions, windsurfing, fishing, parasailing, and a fitness center with all the amenities. In between what you are doing, all you have to do is show up for meals!

Breakfast, Lunch and Dinner at the hotel

Overnight at the Hamra Fort Hotel

Day 7, Sunday, March 25 *Hiking in the Hajar Mountains*

After breakfast at the hotel we head into the Hajar mountains for a full day's walk. Our guide will select a route based on the group's overall physical fitness level. These mountains have so much beautiful scenery that the best way to explore them is on foot. During our hike, we'll stop for a short lunch break, where lunch boxes and water are supplied. Before sunset we'll drive through the mountains to Fujairah (the East Coast), where we'll stay tonight at the Hilton Fujairah Seaside Resort.

Breakfast, Box Lunch, Dinner

Overnight Hilton Fujairah Seaside Resort

Nestled between the majestic Hajar mountains and the sun-kissed shores of the Arabian Sea, the charming coastal town of Fujairah is both peaceful and

packed with exciting things to do. Here the Hilton Fujairah is set on a beautiful private beach and surrounded by colorful landscaped gardens.

Hilton Fujairah Resort Hotel, Dubai
P.O.Box 231, Al Ghourfa Road, Fujairah, U.A.E
Tel: +971-9-2222411 Fax: +971-9-2226541

Day 8, Monday, March 26 *Lagoon Canoeing, Desert 4 X 4 Safari, and Overnight at a Bedouin-Style Camp*

After breakfast we'll relax at the hotel. Our canoeing adventure this morning depends on the tidal time of the lagoon, and when the time is right, we'll be transferred to Khor Khalba for our canoe trip in a mangrove lagoon. If you've never canoed, our experienced guides will provide basic skills instruction, and then we're off on a morning canoe tour through the lagoon's clear waters.

The mangrove lagoon has an abundance of birds and sea life. The tranquility and beauty of this canoe safari makes it a refreshing and relaxing morning—to be on the water in a country that is almost all desert! Lunch and refreshments are provided.

After lunch our 4 X 4 vehicles take us on a personal encounter with a different world, as we thrill to the excitement of driving over sand dunes of varying colors and heights. Our route passes a natural oasis, camel farms and spectacular scenery, all providing great photo opportunities. We'll stop to enjoy the magic and full glory of an Arabian desert sunset, and experience the serenity and eternal beauty of the desert at dusk.

Reaching our destination for the night—a Bedouin-style camp with traditional Arabian ambience—we'll have options to ride a camel, experience the thrill of sand boarding, or have your hands or feet painted in a traditional henna design.

After all our activities today, we'll have worked up an appetite! Awaiting us is a moonlit feast of a traditional BBQ dinner accompanied by a roaring campfire. We might even get to see a belly dancer or two!

Breakfast, Lunch and Dinner

Overnight at the Desert Camp

Day 9, Tuesday, March 27 *Dune Buggy Safari and Return to Dubai City*

After a hot breakfast in camp we'll have a chance to experience the thrill of driving your own dune buggy that has been designed especially for the desert!

After some basic instruction, we'll be led "by convoy"

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**ABOUT ADVENTURE
TRAVEL TODAY
Please Read Carefully!**

At AdventureWomen, we would like to ensure that all participants understand that our excursions are *adventure travel vacations*, and not "tours." We define "adventure travel" as travel in which one *actively participates*, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes vacations all over the world for women who want to experience an *active, out of the ordinary vacation, and meet new friends*. Most of all, we want our trips to be fun!

In this spirit, the successful adventure traveler should be a *good-natured realist* and have a sense of humor! *Adventure vacations, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist, and not just as they would have preferred or expected them to exist.* The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. *Being on time is important, and contributes to the congeniality, success and well being of both individuals and the group!*

on an exhilarating roller coaster ride through the dunes. What fun and excitement!

Early this afternoon we return to Dubai City where we check in for the next two nights to the 5-star, spectacular beachfront Hilton Dubai Jumeirah Hotel. Lunch is served at the hotel, and the rest of the afternoon is free until dinner.

Breakfast, Lunch and Dinner

Overnight at the Hilton Dubai Jumeirah Hotel

The Hilton Dubai Jumeirah offers 389 rooms and suites of luxurious and spacious accommodation. Enjoy a stroll in exotic gardens or relax beside the outdoor pool. Revitalise in the luxurious health club or try the full range of water-sports facilities. Five restaurants and six bars offer a range of contemporary dining. One of Dubai's many landmark projects, the Jumeirah Beach Residence is essentially a new "city" that is making its mark on Dubai's Jumeirah coastline. Facing the sea, the resort is designed to ensure that guests enjoy the maximum benefit of the coastline and its gorgeous landscaped gardens.

Hilton Dubai Jumeirah P. O. Box. 2431, Dubai, U.A.E
Tel: +971-4-3991111 Fax: +971-4-3991112

Day 10, Wednesday, March 28 *A Day at Leisure to Explore the Wonders of Dubai City*

Today is free to enjoy the beach, more "shop till you drop", a total day of relaxation at the hotel, or the following available activities:

For those who play golf, you might want to tee off on one of the best golf courses in the world. The Nad Al Sheba Club's 18 hole, par 71 golf course is over 6,500 yards long, lakes coming in to play on 13 of the 18 holes. The golf is both challenging and enjoyable.

Or, Dubai offers world class horse racing, and a visit to the world famous stables is a must. Stable visits are available at Nad Al Sheba Club, one of the world's best thoroughbred training facilities. A breakfast at the clubhouse will be served during the visit.

Believe it or not, a new activity has been added to create one of the most captivating contrasts in a desert environment: SKIING! YES SKIING ON SNOW!

Ski Dubai in the Mall of the Emirates (opened in December 2005) is the world's third largest indoor ski slope, measuring over 1,200 feet long and using 6,000 tons of snow. Ski Dubai has full capacity to accommodate 1500 guests.

Dubai Sunny Mountain Ski Dome (opening in 2006) will be a gigantic indoor ski dome project that is part of the Attraction and Experience World of the mega tourism project, Dubailand. It will feature a revolving ski shop, an artificial mountain range, an ice bridge, a cable lift, a snow maze, an ice slide, a polar bear cold water aquarium, and special sound and light effects.

For an optional dinner suggestion, there is the lavish international buffet dinner at Al Dawaar revolving restaurant (the only revolving restaurant in Dubai, located on the rooftop of Hyatt Regency Hotel 5****). Cost is US\$ 67.00 per person including return transfers to our hotel.

Breakfast

Overnight at the Hilton Dubai Jumeirah Hotel

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(continued from page 7)

Day 11, Thursday, March 29 Depart from Dubai and Return to the U.S.A. This morning we have an early morning departure at 5:30 AM for our 8 AM flight on Emirates Air to New York. After so much luxury and exotic activities, it is with hesitation that we say good-bye to Dubai!

WHAT TO BRING

Clothing and Customs

Compared with certain parts of the Middle East, Dubai has a very relaxed dress code. HOWEVER, care should be taken not to give offense by wearing clothing which may be considered revealing. For example, don't bring low cut dresses, sleeveless tops, or very short or tight skirts, jeans, or pants.

Travel Lightly! Please limit your baggage to **one medium-size checked bag, and one carry-on bag no heavier than 11 pounds**. Soft-sided luggage such as a duffel bag with wheels is ideal.

It is highly recommended that you hand carry (in your carry-on bag) all your important documents and schedules, all of your money, cameras, binoculars, medicines, and other irreplaceable items. Bring prescription medications in their original bottles. Also include a change of clothes and your toothbrush in your carry-on. We will send you special yellow AdventureWomen luggage tags to identify your carry-on and your luggage.

The climate during our trip ranges from pleasantly warm and sunny to hot and dry. Choose casual, comfortable, and breathable clothing. Lightweight cottons and washable linens are especially comfortable and the new travel fabrics such Coolmax, supplex, and polypropylene are excellent and can be found in the TravelSmith catalog we send to you. Lightweight pants, skirts and shorts (not short shorts) are fine for daytime wear, but for dinners in nice hotels and dining rooms it would be best to wear a "smart" casual outfit of a skirt, dress, or long pants.

Most rainwear is too hot to be comfortable in the tropics, and it rains infrequently in Dubai. A lightweight, inexpensive poncho would work, or even a small travel umbrella.

If you like to watch birds or view desert wildlife, bring a pair of lightweight binoculars. If you are a first-time binocular buyer, select a brand such as Nikon or Minolta at a power of 7 X 30, 7 X 35, or 7 X 40. Small, compact binoculars are available at good camera stores, as well as many discount stores.

Clothing

- Fast drying short-sleeved shirts (not sleeveless) and a few t-shirts.
- Lightweight long-sleeved shirts for sun protection.
- 2 pair regular shorts (not short-shorts).
- Lightweight and fast-drying pants (zip off ones are great - no jeans).
- Sweatshirt, sweater, or lightweight fleece jacket (for a possible cool evening in the desert).
- Lightweight waterproof rain poncho or small umbrella.
- Sun hat with a brim.
- Sleepwear and underwear.
- Cotton athletic socks.
- Comfortable walking shoes OR lightweight hiking boots for hiking.
- Pair of Tevas or sport sandals.
- Bathing suit(s).
- Smart but casual outfits: pants, dress or skirt to wear at nice restaurants in our hotels and in the city.

Miscellaneous

- Day pack for carrying camera, water bottle, etc., on day trips (you can use this for your carry-on bag).
- Money belt or fanny pack.
- Flashlight (small but has a good beam for spot-lighting) with extra batteries and bulb and / or small headlamp for reading in bed.
- Pre-moistened towelettes or baby wipes.
- Tissue packs.
- Hand sanitizer (alcohol based).
- Sunglasses with securing strap.
- Sunscreen, sunburn relief products and lip balm with SPF - all fragrance free.
- Plastic water bottle and securing strap - we recommend the colorful Nalgene bottles that don't break or have a plastic taste in warm weather.
- Toiletries (Note: feminine hygiene items are not always easily accessible).
- Small vial of Woolite to wash clothes at night if needed.
- Prescription medications in their original container and vitamins you might need.
- Medications for diarrhea, colds, upset stomach, motion sickness.
- Basic first-aid kit (band-aids, antiseptic ointment, aspirin, antacids, decongestants, Pepto Bismal, etc.).
- Sewing kit, rubber bands, Ziploc bags and garbage bags (protection for camera gear while on water or in sand).

(WHAT TO BRING—continued on page 9)

(continued from page 8)

- Small travel alarm clock.
- Travel guide for Dubai.
- Notebook, journal, pens, and a lightweight book you've been dying to read.
- Earplugs for snoring roommates or noisy traffic!
- Extra collapsible tote for packing purchases on the return trip.
- Lock for the suitcase you leave in your room.
- 3 - 4 cotton bandannas for uses too numerous to mention!

Carry-on Baggage

- Use your day pack for your carry-on bag.
- Passport, airline tickets, frequent flyer card.
- 2 copies of "photo page" of passport and photocopies of your domestic and international air tickets. Put copies in different locations, i.e. carry-on bag and checked-in bag and also leave a set at home.
- Money: cash, credit cards, travelers checks.
- Medications: please have all pertinent medications with you in your carry on.
- Spare pair of prescription glasses or contact lenses. If you wear contacts, be sure to bring along a pair of glasses. Bring plenty of re-wetting and saline solution.
- Cameras, film, memory cards, extra batteries. If using film, bring a lead bag or container to protect film from airport x-ray machines.



*Thank you for choosing to travel with AdventureWomen!
If you have any questions or concerns, please don't hesitate to call, write or email us.*

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