



adventure women

THE DESTINATION IS JUST THE BEGINNING



CELEBRATING OVER
35 YEARS
OF AMAZING JOURNEYS



New for 2018!

Private journeys just for you and your friends.

Create your own AdventureWomen adventure! Call us: Let us know where you want to go, how adventurous you want to be, what you love to do, and we'll craft a special adventure just for you.

We're ready when you're ready!

OUR GUESTS TELL US THEY VALUE...

- Traveling with other like-minded women over the age of 30 who love active adventures, are flexible, and have a good sense of humor
- Making friends and being challenged with new activities or skills
- Feeling safe and in experienced hands
- Joining other solo travelers or friends from the US and all over the world — single rooms available!
- Visiting new destinations they wouldn't go to on their own
- Exploring with expert guides on hand-crafted, seamless itineraries
- Sharing experiences with local women
- AdventureWomen Ambassadors — they make all the difference!

JOIN US ON



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What's Happening in 2018

- Travel to 26 unique destinations
- “Women-to-women” cross-cultural experiences, from chefs to artisans to community leaders
- Exclusive access to “behind the scenes” events and luminaries
- New culinary opportunities — from tastings to cooking classes to “lunch with locals”
- **NEW OPTION:** We'll create private journeys for small groups of friends with customized itineraries
- Small, intimate groups with a maximum of 14 women per trip
- Single room options on most departures



Dear Friends and Family of AdventureWomen,

We began our new journey at AdventureWomen a year ago, and what a year it's been!

Over the past 35 years, AdventureWomen trips have inspired thousands of women to experience different cultures, explore new destinations, test their limits, and realize their dreams. This mission was core to AdventureWomen founder, Susan Eckert. Her legacy is one which we honor and aspire to, everyday.

Finally, we want to take a moment to thank you. Thank you for joining us on trips. For offering your ideas for new trips. For the feedback you give us after your trips. For being so interested and so curious about the world we live in. For being so welcoming to the other women on our trips. And for your enthusiasm, warmth, and camaraderie when you travel with us. We are so grateful to have you in the AdventureWomen family.

We hope you'll join us on an AdventureWomen trip in 2018 as we celebrate over 35 years of traveling the world, learning, laughing, and sharing adventures together!

Judi, Nicole, Erica, and Eliza

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What We're Dreaming About at AdventureWomen



"I knew that representing Adventure Women as an Ambassador would afford me the opportunity to share my love of travel with like-minded adventurers, but I never knew that I could laugh so hard with women I had just met! The Northern Lights of the Finnish winter, the Bay of Fundy tides, the mysteries of Easter Island, the Carpathian Mountains, the Milford Track...I cannot wait to see where the next AW trip takes my new friends, soon to be laughing and chatting, and me!"

—Annie (Ambassador)



"I first discovered AW in 2000 with a trip to Kenya and Tanzania — my first safari! That was the beginning of over 20 plus amazing adventures with AdventureWomen (AW). The experience of seeing the mountain gorillas in Uganda and Rwanda was a once in a lifetime experience. Without AW, I would not have had the opportunity to travel several times to Africa, Asia, South America, and Central America. And now I'm looking forward to viewing Myanmar temples from a hot air balloon ride in January with AdventureWomen!"

—Sharon (Advisory Board Member)



"Experiencing exotic cultures and ethnicities allows you to see the beauty in our differences and the global universal oneness we all have in love of family and friendship. The world actually becomes 'smaller' when you travel. We are one on this incredibly diverse planet."

—Tanya (Past Guest)



"Meeting and talking intimately with women from Sukenya, learning of their hopes and dreams, and sharing some of ours, was a highlight of my Tanzania adventure. The walls came down instantly, and we were talking and laughing like old friends! Investing in their beaded jewelry was a highlight. And, of course, there were the zebra and wildebeest on migration. Amazing trip of a lifetime! Can't wait for my next AdventureWomen trip to...hmmmm, so many choices! So little time!"

—Lisa (Past Guest)



"I would love to return to Bhutan. 1987 was a magical time for me in Bhutan when I was five months pregnant with my oldest daughter, Nicole. We trekked up to 15,000 feet, hiked through forests, sat in monasteries with monks, drank tea with the local farmers, and watched the magnificent archers. Ah, to be back in the Himalayas."

—Judi (Owner)

2018 ADVENTURE CALENDAR

January 13-January 23

Mt. Kilimanjaro: Trek to the Roof of Africa

Optional Extension: 5-day Safari

Challenging

January 21-February 1

Myanmar (Burma): Pagodas, Boats, Bikes, and Hikes

Active

January 28-February 3

Montana: The BEST Women's Downhill Ski Clinic

High Energy

February 4-February 10

Yellowstone: A Dramatic Winter Wonderland

Active (with High Energy options)

February 18-February 24

Finland: Northern Lights and Life in Lapland

Moderate

February 26-March 9

New Zealand: From An Insider's Perspective

Active (with High Energy options)

March 18-March 30

Morocco: Sahara Sands, Markets, and a Feast for the Senses

Moderate

March 31-April 10

Japan: Shrines, Temples, and Hiking

Active

May 20-May 28

Switzerland: Hiking, Fondue, and Alpen Peaks

High Energy

May 27-June 5

Romania: Enchanted Villages, Culinary Traditions, and Hiking Transylvania

Active

June 10-June 21

Mongolia: Nomads, Eagle Hunters, and the Land of Genghis Khan

Moderate

June 17-June 24

Scotland: Hiking the Highlands and the Coast

High Energy

June 23-June 30

Iceland: The Land of Fire and Ice on Horseback

Strong Intermediate-Advanced Riders

June 24-July 6

Indonesia: Culture, Beaches, Orangutans, and Culture

Active

June 30-July 7

Pacific Northwest: Redwoods, River Rafting, and Crater Lake

High Energy

August 5-August 16

Madagascar: Artisans, Baobabs, and Lemurs

Moderate

August 15-August 21

Bay of Fundy: Whales, Tides, and the "Greatest First Lady"

Active

August 19-August 27

Italy: Venice, Verona, and La Dolce Vita

Moderate

September 8-September 16

Croatia: Cruising the Islands of the Adriatic

Moderate

September 8-September 18

Mt. Kilimanjaro: Trek to the Roof of Africa

Optional Extension: 5-day Safari

Challenging

September 30-October 10

Peru: A Lodge-to-Lodge Trek to Machu Picchu

Challenging

October 12-October 22

Colombia: Whitewater, Fine Foods, and Antiquities

High Energy

October 28-November 3

Baja: Surfing, Swimming, Snorkeling, and Sea Lions

Active

November 1-November 11

Peru: A Lodge-to-Lodge Trek to Machu Picchu

Challenging

November 3-November 16

Nepal: Trekking in the Himalayas

High Energy (with 2 Challenging days)

November 5-November 15

Chile: Biking, Fine Wines, and Easter Island

High Energy

December 7-December 18

Bhutan: A Secret Kingdom, Real-Life Xanadu

High Energy

December 9-December 20

Ecuador: Volcanoes, Amazonia, and Self-Discovery

Active (with High Energy options)

WHY DO WOMEN TRAVEL WITH US?

Insights & Inspiration

Travel teaches us we are all one. Rediscover what is truly important. Refresh, revive & relax.

"We flew over the meadow headed into bear camp. There were bears everywhere: mothers with cubs; weaned siblings tumbling around near the stream... the pilot turned off the engine and we drifted down to the beach. That was the moment I unplugged."

—Renae C.

Unique & Unexpected

Be a traveler not a tourist. Venture out and explore. Meaningful adventures that become personal stories. No planning required.

"Everything made me feel triumphant or empowered on this trip. I saw a sign: Life begins after your comfort zone." —Jeanne D.

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Mind & Body

Take a risk. Challenge yourself. Learn a new sport or about a new culture. Build confidence. Discover you are capable of more.

"Since I am 72, I wondered about my stamina. But, I think I was able to keep up nicely with everyone. It encourages me to keep going...until I 'fall on my face'" —Diane J.

Friendship & Fun

Camaraderie. Laughter. Nonjudgmental freedom to just be yourself. Launch lifelong friendships.

"There's nothing better than being with friends who share the same sense of adventure and positive spirit and energy!" —Judy M.

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1 | MONTANA

THE BEST WOMEN'S DOWNHILL SKI CLINIC
JANUARY 28 - FEBRUARY 3



- The BEST all-inclusive women's downhill ski package offered in the US!
- Wonderful single accommodations in your own private hotel room
- World-class alpine skiing in incredible snow at beautiful Bridger Bowl outside Bozeman, Montana
- Expert women ski instructors, small group lessons, and guided afternoon skiing for all ability levels
- Helpful video critiques from your instructor that constructively helps you improve your downhill skiing skills and confidence

PRICE: \$2,995 (Land Only) | High Energy

2 | YELLOWSTONE

A DRAMATIC WINTER WONDERLAND
FEBRUARY 4 - FEBRUARY 10



- Experience winter wonders that exist in no other place on earth
- Discover wildlife and snow-covered landscapes on snowshoes
- Experience the thrill of driving a dogsled team
- Glide beneath a star-dotted Montana sky on a sleigh ride
- Snowcoach into the Park to observe wolves, bison, elk, coyotes, and more!

PRICE: \$3,395 (Land Only) | Active (with High Energy options)

3 | PACIFIC NORTHWEST

REDWOODS, RIVER RAFTING, AND
CRATER LAKE
JUNE 30 - JULY 7



- Celebrate the 50th anniversary of the Wild & Scenic Rivers Act with a three-day rafting trip on the Rogue River
- Watch 4th of July fireworks
- Walk among the tallest trees in the world in Redwood National Park
- Experience the deep blue and volcanic past of Crater Lake National Park
- Meet Ginger Johnson, a national expert about the relationship between women and beer

PRICE: \$4,790 (Land Only) | High Energy

4 | BAJA

SURFING, SWIMMING, SNORKELING,
AND SEA LIONS
OCTOBER 28 - NOVEMBER 3



- Enjoy morning surfing lessons and yoga
- Ride along the pristine beaches on horseback
- Swim alongside sea lions at a permanent sea lion colony
- Spend three nights glamping on a secluded beach
- Learn how to make the perfect margarita

PRICE: \$3,290 (Land Only) | Active

5 | BAY OF FUNDY

WHALES, TIDES, AND THE "GREATEST FIRST LADY"
AUGUST 15 - AUGUST 21



- Explore the most historic neighborhoods of Santiago
- Enjoy dinner with a founder of the independent wine movement
- Get up close and personal with the mystical Moai statues of Rapa Nui on Easter Island
- Visit the Casablanca, Colchagua, and Maule wine valleys of Chile
- Navigate vineyards by bike, allowing you to connect to the landscape

PRICE: \$5,990 (Land Only) | High Energy

BAY OF FUNDY (CONTINUED)

- Experience the highest and lowest tides in the world
- Hike in the UNESCO Fundy Biosphere Reserve
- Explore the Fundy Isles by sea kayak
- Go on a whale watching excursion around Campobello Island
- Explore the historic town of Saint Andrews by-the-Sea

PRICE: \$4,990 (Land Only) | Active

6 | COLOMBIA

WHITE WATER, FINE FOODS, AND ANTIQUITIES
OCTOBER 12 - OCTOBER 22



- Photograph monkeys, butterflies, orchids, cloud forests, and birds
- View almost 34,000 gold artifacts preserved from the past
- Get outdoors and get active - mountain bike, hike, and white-water river raft
- Tour a family-owned coffee plantation and taste fresh Colombian coffee
- Enjoy feasting on sumptuous Latin American specialties and local cuisine

PRICE: \$4,590 (Land Only) | High Energy

7 | ECUADOR

VOLCANOES, AMAZONIA, AND
SELF-DISCOVERY
DECEMBER 9 - DECEMBER 20



- Explore Quito, one of the best-preserved colonial cities in Latin America
- Ride on horseback and learn about the culture of Andean cowboys
- Disconnect from the world and reconnect with yourself on a solo overnight in the highlands of the Andes
- Search for wildlife and learn about the rainforest ecosystem in the Amazon basin
- Sleep in traditional Andean haciendas
- Galapagos Islands extension available

PRICE: \$5,990 (Land Only) | Active (with High Energy options)

8 | PERU

A LODGE-TO-LODGE TREK TO MACHU PICCHU
SEPTEMBER 30 - OCTOBER 10
AND NOVEMBER 1 - NOVEMBER 11



- Challenge yourself on the Salkantay hiking route in the high Andes
- Learn the history of the Incas and the cultural importance of Machu Picchu
- Photograph Peruvian mountain landscapes with glistening glaciers and turquoise, glacial lakes
- Relax in luxurious lodges with gourmet meals

PRICE: \$5,990 (Land Only) | Challenging

9 | CHILE

BIKING, FINE WINES, AND EASTER ISLAND
NOVEMBER 5 - NOVEMBER 15



- Explore the most historic neighborhoods of Santiago
- Enjoy dinner with a founder of the independent wine movement
- Experience Finnish cuisine: cook a traditional lunch and enjoy dinner with a Sami family in their Lavvu
- Ride a snowmobile to the majestic Sampo Icebreaker

PRICE: \$6,490 (Land Only) | Moderate

PRICE: \$5,990 (Land Only) | High Energy

2018 ADVENTURES



10 | ICELAND

THE LAND OF FIRE AND ICE ON HORSEBACK
JUNE 23 - JUNE 30



- Explore rural Icelandic landscapes on horseback, riding 18-20 miles per day
- Ride alongside a herd of free-running Icelandic horses
- Enjoy a ride under the midnight sun on one of the longest days of the year
- Experience Gullfoss Waterfall
- Bathe in natural Icelandic hot springs

PRICE: \$5,990 (Land Only) | Strong Intermediate-Advanced Riders

11 | FINLAND

NORTHERN LIGHTS AND LIFE IN LAPLAND
FEBRUARY 18 - FEBRUARY 24



- Search for the Aurora Borealis by reindeer sleigh
- Enjoy dinner with leading Finnish women
- Revel in a private concert performance
- Experience Finnish cuisine: cook a traditional lunch and enjoy dinner with a Sami family in their Lavvu
- Ride a snowmobile to the majestic Sampo Icebreaker

PRICE: \$6,490 (Land Only) | Moderate

PRICE: \$5,990 (Land Only) | High Energy

12 | SCOTLAND

HIKING THE HIGHLANDS AND THE COAST
JUNE 17 - JUNE 24



- Stroll through Birnam Woods
- Walk and learn to forage for food around Loch Tay
- Hike along the old military road constructed to suppress the Highlander's rebellion
- Walk on the West Highland Way
- Explore the Isle of Eigg on foot

PRICE: \$5,290 (Land Only) | High Energy

13 | SWITZERLAND

HIKING, FONDUE, AND ALPEN PEAKS
MAY 20 - MAY 28



- Prepare cheese fondue and have tea with a local woman in Engelberg
- Enjoy traditional Swiss music and dance in Appenzell
- Hike in the Swiss Alps
- Visit a local textile museum
- Explore the Titlis Glacier and a glacier cave

PRICE: \$5,990 (Land Only) | High Energy

14 | ITALY

VENICE, VERONA, AND LA DOLCE VITA
AUGUST 19 - AUGUST 27



- Learn how traditional Venetian masks are made-then make one!
- Enjoy an Italian cooking class
- Enjoy a private after-hours visit to St. Mark's Basilica to see the glittering mosaics at night
- Visit a small woman-owned winery
- Learn how Giuliana Longo makes the typical gondolier's cap

PRICE: \$5,990 (Land Only) | Moderate

15 | MOROCCO

SAHARA SANDS, MARKETS, AND A FEAST
FOR THE SENSES
MARCH 18 - MARCH 30



- Spend time with artists at a women's textile cooperative in Sefrou
- Ride a camel in the Sahara Desert to a luxurious tented camp
- Learn the village social structure and local agriculture of the Berbers while making traditional tea
- Explore the labyrinth of the Fes Medina, meeting local craftspeople and enjoying local cuisine
- Visit Kasbah Ait Ben Haddou, a UNESCO World Heritage Site

PRICE: \$5,990 (Land Only) | Moderate

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16 | CROATIA

CRUISING THE ISLANDS OF THE ADRIATIC
SEPTEMBER 8 - SEPTEMBER 16



- Explore the beautiful islands of Croatia on an exclusive, chartered motorsailer yacht
- Visit a local market with a chef to shop for fresh ingredients, and enjoy a cooking class
- Enjoy a private wine tasting at a local vineyard
- Hike the thick pine forests, karstic caves, and sandy beaches of Mljet Island
- Snorkel and swim in the turquoise glow of the Blue Cave

PRICE: \$5,990 (Land Only) | Moderate

17 | ROMANIA

ROMANIA: ENCHANTED VILLAGES, CULINARY
TRADITIONS, AND HIKING TRANSYLVANIA
MAY 27 - JUNE 5



- Explore Transylvania on hikes, by bicycle, and on horseback
- Discover the rich tradition of handicrafts: weaving, embroidery, woodcarving, and pottery
- Experience life at an old-world mountain estate, from bear watching in a pine-log hut to a fireside dinner
- Enjoy preparing a garden-to-table lunch; a workshop on medicinal plants; and a unique honey-tasting adventure
- Join a renowned Romanian photographer in his studio and learn his special techniques and tips.

PRICE: \$6,790 (Land Only) | Active

18 | MT. KILIMANJARO

TREK TO THE ROOF OF AFRICA
JANUARY 13 - JANUARY 23 and
SEPTEMBER 8 - SEPTEMBER 18



- 98% chance of reaching the summit
- Enjoy trekking on a less crowded route than most Kilimanjaro trekkers
- Trek through five remarkable climate zones
- Try for the summit during the daytime - no need to wake up at 100am!
- Optional five-day safari extension

PRICE: \$6,065 (Land Only) | Challenging

19 | MADAGASCAR

ARTISANS, BAOBABS, AND LEMURS
AUGUST 5 - AUGUST 16



- Explore a forest of stone
- Three-day river cruise on the Tsimihina River meeting the local culture
- Search for lemurs, birds, chameleons, and rare flora on the riverbanks
- Explore Tsingy de Bemaraha National Park
- Marvel at the fauna and baobab trees found in Menabe Antimena
- Learn silk weaving and embroidery from local women

PRICE: \$4,590 (Land Only) | Moderate

20 | NEPAL

TREKKING IN THE HIMALAYAS
NOVEMBER 3 - NOVEMBER 16



- Experience towering mountains, verdant valleys, and ancient cities of Nepal
- Enjoy a low-altitude trek in the spectacular Annapurna region of the Himalayas
- Head out on safari to observe the Bengal Tiger
- Explore Kathmandu's ancient city and Buddhist temples
- Observe leopard, rhinoceros, monkey, crocodile, and more in Royal Chitwan National Park

PRICE: \$4,995 (Land Only) | High Energy (with 2 Challenging days)

21 | MONGOLIA

NOMADS, EAGLE HUNTERS, AND THE LAND
OF GENGHIS KHAN
JUNE 10 - JUNE 21



- Meet Kazakh eagle hunters
- Witness the local Naadam festival in the Gobi Desert
- Spend an entire day with a local nomadic family
- Look for dinosaur fossils at the Flaming Cliffs
- Explore Hustain Nuruu National Park for a chance to spot Takhi horses

PRICE: \$6,990 (Land Only) | Moderate

22 | BHUTAN

A SECRET KINGDOM, REAL-LIFE XANADU
DECEMBER 7 - DECEMBER 18



- Explore the Great Barrier Island, rarely even visited by New Zealanders
- Enjoy a lunch with local New Zealand women at Judi WineLand's home
- Swim, kayak, paddleboard, surf, and explore on foot
- Walk segments of the dense forests of the Routeburn, Kepler, and Milford Tracks
- Sip exceptional New Zealand wines with your new AdventureWomen friends

PRICE: \$6,990 (Land Only) | Active (with High Energy options)

BHUTAN (CONTINUED)

- Visit the Pema Choeling Nunnery and engage in a drum ceremony with the nuns
- Walk through Phobjikha Valley to see the rare black-necked cranes
- Explore the magnificent fortress of Punakha Dzong
- Spend two nights camping in an exclusive campsite in Punakha
- Hike to see the breathtaking views of Taksang "the Tiger's Nest" monastery

PRICE: \$5,990 (Land Only) | High Energy

23 | MYANMAR (BURMA)

PAGODAS, BOATS, BIKES, AND HIKES
JANUARY 21 - FEBRUARY 1



- Explore golden pagodas and ancient Buddhist temples
- Climb Nat Ma Taung, one of the most prominent and sacred peaks in Southeast Asia
- Take a cooking class from a local chef
- Bike along scenic paths through rural villages and expansive rice fields
- Meet women weavers and learn about their unique artistry

PRICE: \$5,690 (Land Only) | Active

24 | JAPAN

SHRINES, TEMPLES, AND HIKING
MARCH 31 - APRIL 10



- Get to know one of the few female "yamabushi", or mountain ascetic priests
- Meet the Ama divers, Japanese women who free-dive for pearl oysters
- Hike from village-to-village along ancient pilgrimage routes
- Experience the etiquette and tradition of a formal Japanese tea ceremony
- Relax in the evening in natural hot spring baths with a glass of wine

PRICE: \$7,590 (Land Only) | Active

25 | INDONESIA

CULTURE, BEACHES, ORANGUTANS,
AND DRAGONS
JUNE 24 - JULY 6



- View endangered orangutans ("the man of the forest") at the famous Camp Leakey
- Experience sunrise at the majestic Borobudur Temple on Java
- Sail for 2 nights to Komodo National Park to track the Komodo dragon
- Explore Ubud; experience a Balinese cooking class and an exciting whitewater raft trip
- Swim and snorkel from beautiful beaches

PRICE: \$4,995 (Land Only) | Active

26 | NEW ZEALAND

FROM AN INSIDER'S PERSPECTIVE
FEBRUARY 26 - MARCH 9



- Explore the Great Barrier Island, rarely even visited by New Zealanders
- Enjoy a lunch with local New Zealand women at Judi WineLand's home
- Swim, kayak, paddleboard, surf, and explore on foot
- Walk segments of the dense forests of the Routeburn, Kepler, and Milford Tracks
- Sip exceptional New Zealand wines with your new AdventureWomen friends

PRICE: \$6,990 (Land Only) | Active (with High Energy options)

For more information on trips and registration, visit us at www.adventurewomen.com or call (800) 804-8686