

ADVENTURE WOMEN



I HAVEN'T BEEN
EVERYWHERE,
but it's on my list...

—Susan Sontag

celebrating over

30 YEARS
OF AMAZING JOURNEYS



CHOSEN 2013 NATIONAL GEOGRAPHIC TRAVELER'S
50 TOURS OF A LIFETIME



ADVENTUREWOMEN®
INVITES YOU
ON AN EXCITING JOURNEY OF
FUN, FULFILLMENT AND
DISCOVERY. EXPLORE YOUR
ADVENTUROUS SPIRIT
AND JOIN US ON THE TRIP
OF A LIFETIME!



ARE YOU AN
ADVENTURE WOMAN?

Our guests are:

Women who range in age from 30s through 60s and better.
Our only criteria is that you be over 30, and in very good
physical condition.

Flexible and self-sufficient with a good sense of humor,
since adventure vacations necessitate being a good
natured realist.

Traveling solo, often for the first time. She may also share
the fun with friends, mothers, daughters, sisters—an
opportunity for a much deserved “girlfriend getaway.”

Interested in an active vacation, meeting new friends,
challenging herself with a new activity or skill, and
has an adventurous spirit.

From everywhere in the U.S.A. and from all over the
world. 70% of Adventure Women are repeat customers!

(800) 804-8686 • (406) 587-3883

fax: 406 587-9449 trips@adventurewomen.com
300 Running Horse Trail, Bozeman, MT 59715

WWW.ADVENTUREWOMEN.COM

Why do women travel with us?



camaraderie

Actually, you probably won't travel solo on more than one AdventureWomen vacation, because you'll meet new friends for life. There is joy in the camaraderie and spontaneous laughter on a trip, as you learn new things about yourself, your companions, and the world around you.

I haven't laughed that much and been so totally relaxed in ages. It truly was my favorite vacation of all time. I still haven't come down to earth... You run a great operation. I knew the first day, when I found out how many AdventureWomen veterans were on the trip, that AdventureWomen was a class act. Repeat customers is the highest praise there is. —B. Stefani, Michigan

personal moments

In our very busy family and professional lives, we often don't take time for *ourselves*—to reflect, relax, to discover the exhilaration of achievement as we stretch beyond our boundaries, and to rediscover what is important in our lives.

I wanted to let you know how much one little trip can really save a person's soul. I was (and I still am), a very busy mom with three small children. Traveling without them reminded me of who I am when I am not so desperately needed. Oh how liberating that is! This [trip] made him [my husband] quite happy that he had given me a gift that really made a difference—to me and the entire family. Everything just seems to run more smoothly when mommy has her sanity. Thank so much for helping me to get it back! —C. Stageberg, Colorado

cultural interaction

At AdventureWomen, we believe travel is one of the greatest tools we have for promoting world peace and understanding among cultures. We've donated books to schools on our "Humanitarian" trips in Bhutan, danced with an entire village in New Guinea, and were invited to share in a Hill Tribe wedding on our recent trip in Laos. There is a deep spiritual enrichment that occurs when you encounter diverse cultures for the first time, and you will discover that all citizens of the world share one heart and one soul.

experiencing things you thought you'd never get to do

On Good Morning America today I watched Charlie Gibson's account of his summer vacation in Alaska. When the scenes of Talkeetna Airport appeared, along with those of a bush plane flying around Mt. McKinley, I experienced one of those great "I was there!" moments. The same feelings thrill me when I see a windjammer under full sail, or scenes of a cattle drive out west. Thank you for making all those experiences available to me. The memories are alive and well, and thank you again for opening the doors to those adventures. —J. Schreiber, Illinois

Our guests have had some incredible stories to share about their trips with AdventureWomen. We hope you will too!

Personal Journeys of the Heart



*Wherever you go, go with
all your heart.*

—Confucius

When AdventureWomen first opened its doors in 1982, more than a few skeptical eyebrows were raised at the prospect of women taking active vacations by themselves. Fortunately, three plus decades later, times have changed and the demand for women-only travel has helped reshape the landscape of adventure tourism. AdventureWomen was a pioneer of active trips for women over 30 and has been a leader in women-only adventure travel with a strong, loyal following of intrepid adventurers. Today, more than 70 percent of those who travel with our company are repeat customers.

From day one, I wanted to offer women the opportunity to join other like-minded women on small group adventures, catering to all ability levels, for women traveling solo, or with sisters, mothers, daughters, friends and partners. Having spent 3 years in the Peace Corps in West Africa, living in another culture, this experience influenced me greatly, and I wanted these trips to be active and out-of-the-ordinary. Important to me as well was that each itinerary be custom designed and carefully researched based on each specific destination's highlights. I wanted to create unique experiences—from the educational to the culinary, from the athletic to the visual—while also ensuring our travelers safety, comfort, and fun! Promoting a healthy lifestyle was also key—staying active as we age, and creating challenges and goals for ourselves. AdventureWomen became one of the first travel companies to become non-smoking, around the same time airlines adopted these policies. Finally, who needs single supplements? I am proud to say that AdventureWomen was the first women's company to have eliminated that upcharge.

I am often asked “Why do adventure seekers continue to travel with AdventureWomen instead of going elsewhere?” Our guests tell us that it's because AdventureWomen encourages women to follow their passions for exploration, overcome personal challenges, learn a new skill or activity, and rediscover their fun-loving, confident selves.

“From my very first trip with AdventureWomen, I realized that we were not tourists but travelers; women interested in learning about new cultures, local traditions and the people inhabiting the lands in which we found ourselves. We were hungry for awareness and knowledge,” comments **Camilla Nielsen** from Chicago, IL. Camilla notes that her husband “opened pandora's box” when he gave her the gift of her first trip to India in 1988. Since then, she has taken nearly 30 trips with AdventureWomen.



“I have gone places [and done things] I would never do alone; those I could have done alone were much more fun with a group” says

Gayle Hagins, from Seneca,

North Carolina, who will be taking her 24th trip with AdventureWomen in September. “[It's] stress-free travel with the knowledge that everything is done first class.” Gayle has already set her sights on Namibia, Iceland, Brazil and Slovenia for 2015. Some of her favorite trips so far have been seeing the mountain gorillas of Uganda and Rwanda, trekking in Nepal, wildlife viewing in Kenya, and her trip with us to Papua New Guinea, “...a cultural introduction to an unspoiled culture and a fascinating land.”

Sharon Grix, from Thousand Oaks, CA says that AdventureWomen has “...the very best adventure trips for women to very unique places in this world. Places that I would not travel to by myself. The trips are small groups and details are all taken care of...there is almost always a fabulous group of women on each trip...I have made some wonderful friendships.” Sharon, who loves traveling to Africa and Asia, in particular, has been on 17 of our trips, among them to Borneo, Uganda and Rwanda.





Diane Steele from Milwaukee, WI, who has gone on more trips with Adventure Women than anyone, says “I travel with AdventureWomen because I know I’ll have a great trip to somewhere interesting. I can go by myself, but will become part of a group of fun women. We stay in fabulous lodges and hotels...Susan has a way of finding great guides. I’ve been to a lot of amazing places in my 35 trips. I love African safaris, Antarctica was wonderful, and Easter Island was a ‘bucket list’ place.” Diane says that her “...lifelong love of travel and experiencing other cultures...” keeps her coming back on more of our trips.



When women travel with us, they discover the exhilaration of achievement that comes from stretching beyond their everyday boundaries, and the joy of camaraderie and spontaneous laughter as one learns new things about themselves, their companions and the world.

Traveling leaves you speechless, then turns you into a storyteller.

—Ibn Battuta

Beth Watson from Milford, NJ, says that it’s the “Unique destinations, great people, small groups, and well planned trips that are always memorable...” that keeps her returning. Her favorite trip? “All of them—it’s so difficult to pick a favorite as they have all been spectacular and unique in their own way. [One of my favorites]... Botswana and Zambia, my first safari and an amazing experience. I can’t wait to return to Africa. Egypt and Jordan...a long time dream—and it exceeded my expectations.”

Returning travelers not only share their AdventureWomen experiences with family and friends, they also are great sources of recommendations for the women they travel with. “We always talk to women on the trips, asking where they have been; then we recommend [certain] trips if [AdventureWomen is planning them],” says **Cindy Katsapetes** who has traveled the world with AdventureWomen. She says, “...destinations are so intriguing and interesting... guides are so well-informed and passionate about their countries.” Some of her favorites have been Easter Island/Chile, Papua New Guinea, Mongolia, Italy’s Alps/the Dolomites and Cinque Terre, and Uganda/Rwanda.



Linda Bly from Little Rock, AR comments that the “high quality of the trips and the companionship of women with similar interests” has kept her returning to AdventureWomen. She has loved hiking trips in Europe (Walking in Provence), horseback riding in Iceland and Mendocino, CA, and checking Macchu Picchu off her bucket list!

Often, when I read the notes I get from women who have been on our trips, I realize that when I founded AdventureWomen 30+ years ago, I really didn’t know how transformational traveling, exploring and discovering these destinations could be for so many women. It’s not just the experience of going to a different place for the first time, it’s what you do with it when you return. You’re just not the same person. It is inspiring seeing how you can take where you’ve been and what you’ve seen and be changed by the journey, your spirit and confidence expanded, then seeing how you can make the world larger by sharing your knowledge and experiences with others.

I am looking forward to a new frontier of 2015 AdventureWomen trips and sharing them with so many insightful, smart, funny and fun women.

Safe travels and hope to see you on the AdventureWomen trail this year!

Susan L Eckert

Susan L Eckert
President and Founder, AdventureWomen, Inc.

2015 TRIP CALENDAR

1. JANUARY 25-31

The Best Women's Downhill Ski Clinic: Montana, the Last Best Place
Beginner to Advanced

2. FEBRUARY 15-21

Yellowstone Winter Wonderland
Moderate

3. FEBRUARY 28 - MARCH 7

Caribbean Sailing, Snorkeling, and Scuba Diving in the British Virgin Islands
Easy to Moderate

4. APRIL 16-25

The Best of Costa Rica's National Parks
Moderate

5. APRIL 23 - MAY 5

Namibia Safari: Southern Africa Flightseeing, Magnificent Landscapes, and Unique Wildlife
Moderate

6. MAY 23-31

Hiking the Italian Lakes: Classic Landscapes and Timeless Beauty
Moderate

7. JUNE 13-20

Alaska Bear Viewing and Wildlife Safari
Moderate

8. JULY 18-26

Iceland Discovery Adventure: Land of Fire and Ice
Moderate

9. AUGUST 4-16

Brazil: Rio de Janeiro, Cruise the Amazon and Iguazu Falls
Moderate

10. AUGUST 21-30

Kenya: The Ultimate Serengeti Migration Safari
Moderate

11. SEPTEMBER 6-12

Lewis & Clark Canoeing and "Glamping" on Montana's Missouri River
Moderate

12. SEPTEMBER 17-25

Hiking in Slovenia: Intoxicating Alps and Old World Charm
Moderate

13. SEPTEMBER 18-26

Ireland's Emerald Ride: Horseback Riding the Killarney Trail
Moderate

14. SEPTEMBER 25 - OCTOBER 2

A French Toast: Cruise France by Barge in Southern Burgundy
Easy with Moderate Options

15. OCTOBER 3-10

California Gold: The Ultimate Food, Wine and Outdoor Adventure
Moderate

16. OCTOBER 4-10

Hiking and Rafting in Moab, Utah: Arches, Canyonlands and the Colorado River
Moderate

17. OCTOBER 22 - NOVEMBER 6

Nepal Annapurna Lodge Trek in the Himalayas
Moderate

ADVENTURES FOR 2015

JUNE 13-20
ALASKA BEAR VIEWING AND WILDLIFE SAFARI



7

Fly-In Bear Camp, Wildlife Cruise, Raft, Hike, and More in America's Last Frontier

*"Focusing my binoculars as we settled into the blind, I saw over 20 bears in the meadow, mothers and cubs, one or two lone females, and small gangs of rowdy adolescents. We observed the bears' muscular shoulder humps and watched the triplets and 2 1/2 year old siblings who had just been weaned. They jumped and splashed in the river, then sat up and sparred with their forepaws, before piling together on the grass for a nap."—from Bear Bush camp, named "Best Bush Camp in North America" by Outside Magazine. Enjoy the thrill of seeing *Ursus arctos horribilis* up close and personal—an experience you won't get anywhere else!*

COST: \$4,395 from Anchorage, AK (\$600 deposit)
ACTIVITY RATING: Moderate

SEPTEMBER 6-12
LEWIS & CLARK CANOEING AND "GLAMPING" ON MONTANA'S MISSOURI RIVER



11

Grab a paddle and hop aboard replica 34-foot voyageur canoes to follow the historic Lewis and Clark Expedition Trail of 200 years ago. Our guest historian reads from their journals at each historic stop. This is "glamping" (glamorous camping at its BEST), with camps set up along the way, and hors d'oeuvres waiting on arrival. If rivers could only talk...!

COST: \$2,995 from Great Falls, MT (\$600 deposit)
ACTIVITY RATING: Moderate

JANUARY 25-31
THE BEST WOMEN'S DOWNHILL SKI CLINIC: MONTANA, THE LAST BEST PLACE



1

It all begins with sunshine, blue sky, and plenty of Montana's incredible snow, called "the cold smoke" because it is so satiny light and fluffy. This is what downhill skiing was meant to be—a unique ski area described as a *gem in the Northern Rockies*, with amazing terrain, spectacular scenery, no lift lines, and incredible women instructors.

COST: \$2,895 from Bozeman, MT (\$600 deposit)
ACTIVITY RATING: All Ability Levels from True Beginner (never been on skis) to Advanced

OCTOBER 3-10
CALIFORNIA GOLD: THE ULTIMATE FOOD, WINE AND OUTDOOR ADVENTURE



15

This NEW adventure takes us *behind the scenes* on a unique and private journey from San Francisco to Lake Tahoe and to the Napa Wine Country. Private wine tastings and wine immersion experiences, hands-on culinary classes, guided farmer's market visits, hike and kayak in spectacular scenery. This handcrafted "insider's tour" of the *Golden State* is a vacation you won't soon forget!

COST: \$4,395 from San Francisco, CA (\$600 deposit)
ACTIVITY RATING: Moderate

7 ALASKA BEAR VIEWING & WILDLIFE SAFARI

11 LEWIS & CLARK CANOEING AND GLAMPING ON MONTANA'S MISSOURI RIVER

1 THE BEST WOMEN'S DOWNHILL SKI CLINIC

2 YELLOWSTONE WINTER WONDERLAND

15 CALIFORNIA GOLD

16 HIKING AND RAFTING IN MOAB, UTAH



11 LEWIS & CLARK CANOEING AND GLAMPING ON MONTANA'S MISSOURI RIVER

1 THE BEST WOMEN'S DOWNHILL SKI CLINIC

2 YELLOWSTONE WINTER WONDERLAND

15 CALIFORNIA GOLD

16 HIKING AND RAFTING IN MOAB, UTAH

3 CARIBBEAN SAILING, SNORKELING AND SCUBA DIVING IN THE BRITISH VIRGIN ISLANDS

4 THE BEST OF COSTA RICA

9 BRAZIL: RIO DE JANEIRO, THE AMAZON RIVER AND IGUAZU FALLS

South America

3 CARIBBEAN SAILING, SNORKELING AND SCUBA DIVING IN THE BRITISH VIRGIN ISLANDS

4 THE BEST OF COSTA RICA

9 BRAZIL: RIO DE JANEIRO, THE AMAZON RIVER AND IGUAZU FALLS

South America

8 ICELAND DISCOVERY ADVENTURE

13 IRELAND'S EMERALD RIDE: HORSEBACK RIDING THE KILLARNEY TRAIL

12 HIKING INTO TOXIC OLD WORLD

14 A FRENCH TOAST: CRUISE FRANCE BY BARGE IN SOUTHERN BURGUNDY

6 HIKING THE ITALIAN CLASSIC LANDSCAPES TIMELESS BEAUTY

5 NAMIBIA SAFARI: SOUTHERN AFRICA

Europe

Africa

OCTOBER 4-10
HIKING & RAFTING IN MOAB, UT: ARCHES, CANYONLANDS & THE COLORADO RIVER



16

It's the perfect adventure in the immense red rock wilderness born of Southeastern Utah, the heart of the Great American West! Combine sightseeing and hiking in colorful, awe-inspiring Canyonlands and Arches National Parks, with a 2 day/2 night raft trip through the Colorado River's legendary Westwater Canyon. Come be part of a *wilder* America, where Thelma & Louise were made famous!

COST: \$3,195 from Moab, UT (\$600 deposit)
ACTIVITY RATING: Moderate

FEBRUARY 15-21
YELLOWSTONE WINTER WONDERLAND



2

Billowing geysers, frosted landscapes, frozen waterfalls, abundant wildlife and surreal snowscapes are the magical world of Yellowstone in winter. Wolves, bison, elk and coyotes are frequently visible, as we snowshoe, snowcoach, dogsled, and sleighride during the BEST and most dramatic time to be in the world's first national park.

COST: \$3,195 from Bozeman, MT (\$600 deposit)
ACTIVITY RATING: Moderate

FOR MORE INFORMATION AND DETAILED DESCRIPTIONS OF OUR 2015 TRIPS

Please visit our new website at www.adventurewomen.com

To register for a trip(s), please go to our website and click **SIGN UP FOR THIS TRIP**

Or call our office and we would be happy to mail, email or fax a registration form to you.

(800) 804-8686
(406) 587-3883

fax: 406 587-9449

email us at: trips@adventurewomen.com



Adventure Women, Inc.
300 Running Horse Trail
Bozeman, MT 59715

FEB 28 - MARCH 7
CARIBBEAN SAILING, SNORKELING, AND SCUBA DIVING IN THE BRITISH VIRGIN ISLANDS



3

Translucent water glowing over emerald reefs, palm-fringed greenery engulfing white sand beaches below mountain valley shores... To everyone in need of a winter escape to a warm and sunny place, wish you were here to enjoy the warm Caribbean breezes and turquoise waters of the British Virgin Islands! Traveling on the world's largest and most luxurious trimaran sailboat, travel writers call this "one of the top 5 vacations in the world!"

COST: \$4,195 from Tortola, BVI (\$800 deposit)
ACTIVITY RATING: Easy to Moderate

APRIL 16-25
THE BEST OF COSTA RICA'S NATIONAL PARKS



4

From the remote Pacific Coast's Corcovado National Park, to Arenal Volcano, then on to Monteverde Cloud Forest, our exciting multi-activity adventure and wildlife safari takes us to the best of Costa Rica's national parks, from tropical rainforests to volcanoes, whitewater rivers to waterfalls. In the midst of flora and fauna unequalled in so small an area, our time is filled with the perfect combination of adrenaline, adventure, nature, and relaxation.

COST: \$4,695 from San Jose, Costa Rica (\$800 deposit)
ACTIVITY RATING: Moderate

AUGUST 4-16
BRAZIL: RIO DE JANEIRO, THE AMAZON RIVER & IGUAZU FALLS



9

A custom-designed adventure to experience the BEST of Brazil! Three of the most spectacular reasons to explore the largest country in South America: 1) Rio de Janeiro, one of the world's most exciting, vivacious and beautiful cities; 2) the Amazon River, cruise and explore its mysterious rainforests on a deluxe traditional riverboat; 3) Iguazu Falls, a World Heritage Site straddling Argentina and Brazil, comprising over 257 awe-inspiring waterfalls. Don't miss this!

COST: \$6,895 from Manaus, Brazil (\$800 deposit)
ACTIVITY RATING: Moderate

JULY 18-26
ICELAND DISCOVERY ADVENTURE: LAND OF FIRE & ICE



8

From elves to geysers, lush meadows to glaciers on top of volcanoes, Icelandic sagas and Viking horses, this adventure is filled with unique, active, and fun "only in Iceland" activities that showcase this fabulous island. Our 10th adventure to Iceland, it's an exciting cultural and multi-activity discovery of a pure, natural, and unspoiled land. There's no place like it on earth!

COST: \$5,195 from Reykjavik, Iceland (\$800 deposit)
ACTIVITY RATING: Moderate

FOR MORE INFORMATION AND DETAILED DESCRIPTIONS OF ALL OUR TRIPS, PLEASE VISIT OUR

TRIPS FOR 2015

PERSONAL JOURNEYS OF THE HEART

Where does your story begin?

IT IS BETTER TO SEE SOMETHING ONCE THAN TO HEAR ABOUT IT A THOUSAND TIMES.

— ASIAN PROVERB

8 ICELAND DISCOVERY ADVENTURE

13 IRELAND'S EMERALD RIDE: HORSEBACK RIDING THE KILLARNEY TRAIL

Europe

12 HIKING IN SLOVENIA: INTOXICATING ALPS AND OLD WORLD CHARM

14 **6** HIKING THE ITALIAN LAKES: CLASSIC LANDSCAPES AND TIMELESS BEAUTY

14 A FRENCH TOAST: CRUISE FRANCE BY BARGE IN SOUTHERN BURGUNDY

Asia

17 NEPAL ANNAPURNA LODGE TREK IN THE HIMALAYAS

OCT 22 - NOV 6
NEPAL ANNAPURNA LODGE TREK IN THE HIMALAYAS



17

Standing in the foothills of the Himalayas, gazing out across the vast landscape and spectacular snowcapped peaks, you will only ask yourself one question: *Why didn't I come here sooner?* A magical journey of body and spirit, you will leave feeling like a "woman warrior" on the mountaintop, on this world-class, low-altitude Nepal trek. Birthplace of Buddha and kingdom of the fabled Shangri-la, add a raft trip on the Seti River and an exploration by elephant back for tigers and rhino in Chitwan National Park—this trip has it ALL!

COST: \$4,895 from Kathmandu, Nepal (\$800 deposit)
ACTIVITY RATING: Moderate with 2 days of High Energy

A JOURNEY
of a thousand miles
BEGINS WITH A
SINGLE STEP
— Lao Tzu

10 KENYA: THE ULTIMATE SERENGETI MIGRATION SAFARI

9 BRAZIL: RIO DE JANEIRO, THE AMAZON RIVER AND IGUAZU FALLS

5 NAMIBIA SAFARI: SOUTHERN AFRICA

Australia

FEB 28 - MARCH 7

CARIBBEAN SAILING, SNORKELING, AND SCUBA DIVING IN THE BRITISH VIRGIN ISLANDS



3

Translucent water glowing over emerald reefs, palm-fringed greenery engulfing white sand beaches below mountain valley shores. ... To everyone in need of a winter escape to a warm and sunny place, wish you were here to enjoy the warm Caribbean breezes and turquoise waters of the British Virgin Islands! "Traveling on the world's largest and most luxurious trimaran sailboat, travel writers call this "one of the top 5 vacations in the world!"

COST: \$4,195 from Tortola, BVI (\$800 deposit)
ACTIVITY RATING: Easy to Moderate

AUGUST 4-16

BRAZIL: RIO DE JANEIRO, CRUISE THE AMAZON RIVER & IGUAZU FALLS



9

A custom-designed adventure to experience the BEST of Brazil! Three of the most spectacular reasons to explore the largest country in South America: 1) Rio de Janeiro, one of the world's most exciting, vivacious and beautiful cities; 2) The Amazon River, cruise and explore its mysterious rainforests on a deluxe traditional riverboat; 3) Iguazu Falls, a World Heritage Site straddling Argentina and Brazil, comprising over 257 awe-inspiring waterfalls. Don't miss this!

COST: \$6,895 from Manaus, Brazil (\$800 deposit)
ACTIVITY RATING: Moderate

SEPTEMBER 18-26

IRELAND'S EMERALD RIDE: HORSEBACK RIDING THE KILLARNEY TRAIL



13

There's no better way to take in the exhilarating scenery and the eloquence of the Irish than from the back of an Irish horse, known for its wonderful temperament and stamina! An equestrian paradise for those who love to ride—past castles, ancient ruins, and from the mountains to the sea. Gallop on golden sand beaches, post garden trails lined with red fuchsia, and stay in country hotels in the land of "Ryan's Daughter" and the Ring of Kerry.

COST: \$4,295 from Shannon, Ireland (\$800 deposit)
ACTIVITY RATING: Moderate (English riding experience necessary)

MAY 23-31

HIKING THE ITALIAN LAKES: CLASSIC LANDSCAPES AND TIMELESS BEAUTY



6

A feast for the senses, the Italian Lake District showcases cerulean blue waters, lush Mediterranean vegetation, snow-capped alpine peaks, and ancient traditions. From the tranquil shores of Lake Maggiore to the Swiss elegance of Lake Lugano, and finally to the sophistication of Lake Como—all the setting for exhilarating day hikes, beautiful hotels, and superb Italian cuisine.

COST: \$4,395 from Milan, Italy (\$800 deposit)
ACTIVITY RATING: Moderate

SEPT 25 - OCT 2

A FRENCH TOAST: CRUISE FRANCE BY BARGE IN SOUTHERN BURGUNDY



14

Discover our NEW cruise route on the Canal du Centre and the River Saône, from St Leger to Lyon! Everywhere in France there are tranquil and breathtaking landscapes as rivers and canals flow from bustling cities to quaint hamlets, linking towns and villages. Encounter a quieter, more relaxed side of Europe, hike or bike the towpaths, and capture the true essence of the local lifestyle, culture, cuisine and wine from our comfortable floating hotel. *Ooo-la-la!*

COST: \$4,395 from Le Creusot, France (\$800 deposit)
ACTIVITY RATING: Easy, with Moderate Options

APRIL 16-25

THE BEST OF COSTA RICA'S NATIONAL PARKS



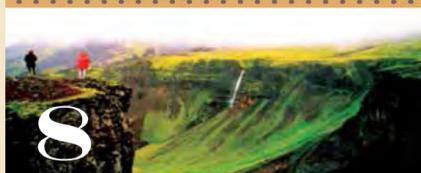
4

From the remote Pacific Coast's Corcovado National Park, to Arenal Volcano, then on to Monteverde Cloud Forest, our exciting multi-activity adventure and wildlife safari takes us to the best of Costa Rica's national parks, from tropical rainforests to volcanoes, whitewater rivers to waterfalls. In the midst of flora and fauna unequalled in so small an area, our time is filled with the perfect combination of adrenaline, adventure, nature, and relaxation.

COST: \$4,695 from San Jose, Costa Rica (\$800 deposit)
ACTIVITY RATING: Moderate

JULY 18-26

ICELAND DISCOVERY ADVENTURE: LAND OF FIRE & ICE



8

From elves to geysers, lush meadows to glaciers on top of volcanoes, Icelandic sagas and Viking horses, this adventure is filled with unique, active, and fun "only in Iceland" activities that showcase this fabulous island. Our 10th adventure to Iceland, it's an exciting cultural and multi-activity discovery of a pure, natural, and unspoiled land. There's no place like it on earth!

COST: \$5,195 from Reykjavik, Iceland (\$800 deposit)
ACTIVITY RATING: Moderate

SEPTEMBER 17-25

HIKING IN SLOVENIA: INTOXICATING ALPS & OLD WORLD CHARM



12

"Europe in miniature," the tiny country of Slovenia is an exciting mix of Alpine splendor and ethnic diversity, at the intersection of the best of Italian, Slavic, and Germanic cultures. World-class hiking abounds in the Julian Alps, the country's top attraction. Delight in this peaceful, charming, and uncrowded corner of Europe, known for its wonderful hospitality, cuisine, and unspoiled Renaissance-era towns.

COST: \$4,295 from Trieste, Italy (\$800 deposit)
ACTIVITY RATING: Moderate

AUGUST 21-30

KENYA: THE ULTIMATE SERENGETI MIGRATION SAFARI!



10

Our "Out of Africa" safari! Across the vast savannas of Africa's Serengeti Plain, the great annual Serengeti wildlife migration unfolds each year, as it has since the dawn of civilization. Undisputedly the most magnificent wildlife spectacle on earth, millions of animals cross the ancient African plains in their perennial, age-old quest for water and food. Comfortable vehicles, remote, tented camps and lodges, make East Africa one of AdventureWomen's favorite destinations.

COST: \$6,995 includes land and air from Dulles to Nairobi, Kenya (\$800 deposit)
ACTIVITY RATING: Moderate

APRIL 23 - MAY 5

NAMIBIA SAFARI: SOUTHERN AFRICA FLIGHTSEEING, MAGNIFICENT LANDSCAPES, AND UNIQUE WILDLIFE



5

Namibia is a starkly beautiful land filled with desert-adapted African wildlife and landscapes of fascinating geology. Trek for black rhino, visit endangered cheetahs, photograph wildlife in Etosha National Park, and stay in remote and intimate safari camps and lodges. Be wowed on 3 flights, traveling over the legendary dunes of Sossusvlei, the infamous Skeleton Coast, and inland to the rugged topography of Damaraland. An optional extension to Capetown and the wine country will leave you dazzled.

COST: \$8,095 from Windhoek, Namibia includes 3 internal flights (\$800 deposit)
ACTIVITY RATING: Moderate

FOR MORE DETAILS AND RESERVATIONS OF ALL OUR TRIPS, PLEASE VISIT OUR WEBSITE AT WWW.ADVENTUREWOMEN.COM